

### **7.3.1 - Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words**

The priority of Carmel College is to uplift, empower and educate any young woman who seeks an education here. In keeping with this intention, the College has made it mandatory that every student, during the three years of her under graduation complete certificate course in self defense and complete an internship/15 day work experience period.

This aims to make them independent, self-reliant, physically, mentally and emotionally strong young women. Students have reported how actually working in the real world has taught them time management and brought home to them the fact that against all odds sometimes you have to “show up” and just get the work done.

However, during the academic year 2020-2021 due to the Covid-19 pandemic and apprehension of parents this was not feasible.

As soon as conditions are totally normal this good practice will be restored.