CARMEL COLLEGE NEWSLETTER

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CHRYSALIS





CARMEL COLLEGE OF ARTS, SCIENCE AND COMMERCE FOR WOMEN, NUVEM-GOA

Re-Accredited by NAAC with CGPA - 3.25 'A' Grade (4th Cycle)

"Dream, dream, dream. Dreams transform into thoughts and thoughts result in action."
— Dr. A.P.J. Abdul Kalam

Achievements

Carmel College of Arts, Science and Commerce for Women, Nuvem-Goa.

Proudly congratulates its achievers.

Congratulations! National Level Win.

Western Region Winners in the National Level Essay Writing Competition - Xavier Board of Higher Education in India, Platinum Jubilee, Xavier Week Celebrations 7th to 12th September 2026.

Essay title: "Her Voice, India's Future: Young Women Catalysing Environmental Stewardship, Digital Innovation and Social Inclusion"

1st Place



Neva Dourado
M.Sc. Food Technology
Carmel College, Nuvem-Goa.

2nd Place



Clancy Dias
T.Y. B.Sc. Physics
Carmel College, Nuvem-Goa.

Proud Moment for Carmel College

Our student, Shenalda Miranda (TYBA Economics), has been selected for the scholarship to attend the QS imPACT Youth Summit at London. Wishing her all success as she represents Carmel College at an international forum.

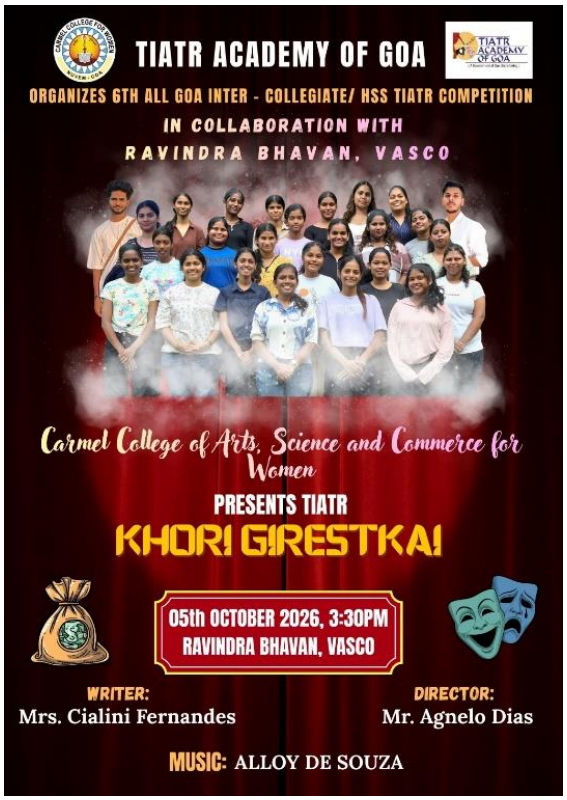






Our talented students have emerged as Overall Champions at "SYNERGY OF IDEAS" – All Goa College-Level Talent Competition, held on 3rd October 2026, organised by St. Xavier's College, Mapusa.

Carmel College, Nuvem secured 3rd Place Overall at 6th All Goa Inter-HSS/College/University Tiatr Competition



Best Performance
3rd Prize : Tiatr: ' Khori Girestkai'

Best Comedian (Male) 3rd Prize: Role of Ciril by Beverly Dias

Best Actor in Negative Role 2nd Prize: Role of Rohan by Rushabh Arolkar

Best Light effects: Doel Dias

Best Costumes : Meetal Raikar

Best Solo 1st Prize (Female): Song- Goyencho Tiatr by Rishona

Best Duet 3rd prize: Song- Boddvo ani Denvchar by Lerissa & Relisha

Best Duo
2nd prize: Song- Konknni Bhaxechi Apurbai by Swincy & Reema D'Souza

3rd prize: Song- Scooter Zai by Shannon & Melzina

Best Trio 1st prize: Song- Khobrakaram by Rishona, Leandra & Shannon

Best Quartet/Quintet 3rd prize: Song- Online Novre by Reema, Anoshka, Neha & Mavilia

Best Choral

1st prize: Song- Ankvari by Larissa, Relisha, Neha, Anushka, Melzina, Leandra, Samantha, Swincy, Mavili & Reema

3rd prize: Song- Khori Girestkai by Shannon, Leandra, Samantha, Anushka, Raisa, Larissa, Maryann & Rishona

Best Comedy Kantar
2nd Prize: Song- Dudkann by Samantha

Zoology students Marilyn Rodrigues and Snehal Angadi won 3rd place at the Intercolligiate wildlife quiz competition organised by the Goa Forest department during the wildlife week.



Prof. Manoj Borkar of Zoology department deputed to represent state of Goa in a National Consultation on Coastal Resilience organised by MoEFCC, Govt of India, New Delhi.



Collaborative Synergy: Konkani Language and Research MOU Signed

The Department of Konkani at Carmel College, Nuvem-Goa signed an MOU with the Department of Konkani at St. Aloysius (Deemed to be University) Mangaluru.,to foster research, study as well as development of Konkani language and literature. The partnership will encourage seminars, workshops, literary programmes, student interaction and research activities.



Karthik Davey speaks at Carmel College

01st October 2026

Mr. Karthik Davey, Founder and Director, 'Dhole's Den' boutique homestay in the buffer zone of the Bandipur Tiger Reserve, Karnataka spoke to students on the topic, 'Chasing the Rainbow: From Passion to Purpose in the Wilderness'. The talk was held at Carmel College of Arts, Science, and Commerce for Women, Nuvem, Goa on 1 October 2026. The event was conceptualized by the Department of English to accentuate the multidisciplinary approach mandated by NEP.



Mr. Davey spoke about his entrepreneurial journey inspite of losing his right arm in an accident when he was 24. He was inspired by the dhole and its fearless nature. Dr. Brian Mendonça introduced Mr. Davey. The vote of thanks was proposed by Professor Manoj Borkar. The event was compered by student Joselyn Thayil.

Later Mr. Davey also interacted with students of Creative Writing and discussed triggers for short stories. With students of communication he stressed the importance of speaking up and understanding one's own uniqueness.

Mole Day 2026 Celebrations

01st October 2026

The Department of Chemistry celebrated Mole Day 2026 on October 1, 2026, at the UG Chemistry Lab, organizing engaging competitions to promote scientific creativity and active learning among F.Y., S.Y., and T.Y.B.Sc. students.



The event featured two creative competitions; Poster-Making Competition- Suman Kumari Ray and Manisha Das (T.Y.B.Sc.) secured first place, while Ananya Aeer and Jennis Dias (T.Y.B.Sc.) won second place. In the Reel-Making Competition, Ashwini Saroj and Nikita Bisht (F.Y.B.Sc.) secured first place, followed by Prachi Naik, Riya Kindalkar, and Vaibhavi Naik (T.Y.B.Sc.) in second place. A total of 22 students participated in the event.

Navigating Careers in Aviation, Hospitality and Beyond

01st October 2026

Session by Frankfinn Institute Goa on Navigating Careers in Aviation, Hospitality and Beyond on 01st October 2026 for Third Year students of the college.



Breaking Barriers: An Inspiring Journey to Everest Base Camp

3rd October 2026

The Department of Psychology organised a screening of Sagarmatha Samta on 3rd October 2026 at the College Auditorium. The documentary captured the inspiring nine-day journey of six participants with disabilities and ten non-disabled participants to Everest Base Camp, highlighting their courage, resilience and determination in overcoming challenging terrain and harsh weather conditions. The 45-minute screening deeply moved and inspired the students, followed by an engaging interaction and question-and-answer session with Mr. Tinkesh Kaushik, Ms. Sydenstrica Gautam and Ms. Cecille Rodrigues, who shared their experiences and insights from the journey.



Inter-Collegiate Quiz Competition Organized by Carmel college and Wildlife Trust of India (WTI)

6th October 2026

Department of Zoology in collaboration with Wildlife Trust of India (WTI) organized an Inter-Collegiate Quiz Competition on "Wild India: A Journey Through Wildlife, Habitats & Conservation" to commemorate National Wildlife Week 2026 on 6th October 2026. A total of six teams across colleges in Goa participated in the event. A Preliminary round was conducted following which four teams where selected for the on-stage round. The on-stage quiz composed for 5 rounds. Ms. Karen Braganza, Faculty, Department of Zoology hosted the quiz. Ms. Andrea D'Souza, Faculty, Department of Zoology spoke on the relevance of the event. Ms. Karuna Pagi, Field Researcher, WTI showcased a documentary on the conservation of whale shark.



The winners of the Inter-Collegiate quiz competition were Ponda Education Society's Shri. Ravi S. Naik College of Arts & Science, Ponda and runner ups were Parvatibai Chowgule College of Arts and Science (Autonomous), Gogol- Goa. Trophies and certificates were awarded to the winners. Prizes were also awarded to the participants. Prizes were handed over by Principal Dr. Aldina Braganza and Faculty member Ms. Vinita D'Sa. The students of Club Animalia volunteered for the event.

The event aimed to create awareness on India's wildlife, trade and conservation efforts. A life sized Whale Shark model and posters on Whale shark conservation were also displayed on campus.

Department of Hindi Secures Second Place in Street Play in Collaboration with ITSA Club at Hindi Srijanotsav 2026

8th October 2026

The Department of Hindi, Carmel College of Arts, Science and Commerce for Women, Nuvem, participated in the Intercollegiate Hindi Srijanotsav 2026, organised by the Institute Menezes Braganza, Panaji, on 8 October 2026. Students competed in essay writing, on-the-spot poetry writing, elocution, sketch making and street play. The college secured second place in the street play competition for its performance on the topic Cybercrime, directed by Mr. Vishwapratap Pawar, Coordinator of the ITSA Club and Assistant Professor of Konkani, in collaboration with the ITSA Club. Faculty members Ms. Deepali Sutar and Ms. Suvidha Gaunkar coordinated the students' participation.



International Conference on Mercury as Global Pollutant

9th October 2026



The 17th "International Conference on Mercury as Global Pollutant" was held recently at IIT Hyderabad under the Minamata Convention. Prof Manoj Borkar was invited to present his research on "Mercury transfer and bioaccumulation in Tarantula of Western Ghats, a Biodiversity hotspot of Goa". Borkar's session was chaired by G Rambabu, senior scientist of Central Pollution Control Board, New Delhi.

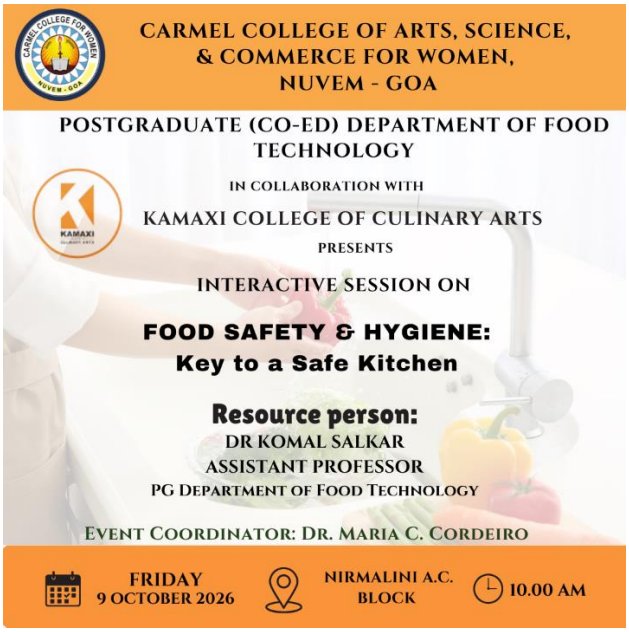
Conference was attended by over 230 researchers from 32 countries that are signatory to the Minamata Convention. Prof Borkar & his collaborator Prof. Asif Qureshi have previously demonstrated that Tarantulas are bioindicators of mercury Pollution and bioaccumulate

a range of potentially toxic trace elements. During the conference Prof. Borkar also met with Dr David Evers of Biodiversity Research Institute, US and Prof. Luis Fernandez of Wake Forest University, North Carolina to explore possibilities of collaborative research.

PGFT conducts Food Spoilage exhibition

9th October 2026

Food Spoilage exhibition: PGFT is organising an exhibition on tracking food decay, microbial activity, and the hidden processes that cause food to spoil.



PGDFT conducts Food Safety and Hygiene Talk

9th October 2026

Food Safety and Hygiene Talk: PGFT is organising a talk to highlight the importance of maintaining proper food safety and hygiene practices in the kitchen



Guest Lecture on AI tools in MS Office

9th October 2026



The Department of Information Technology, Carmel College of Arts, Science and Commerce for Women, Nuvem, organised a guest lecture titled "AI Tools in MS Office" on 9 October 2026 in the IT Lab. The programme was coordinated by Prof. Solley Thomas, Department of Information Technology.

The session was conducted by Dr. Nisha Sawant, Assistant Professor at Goa Multi-Faculty College, Dharbandora, Goa, for First Year FYBA and B. Com students. The lecture aimed to introduce students to the practical applications of Artificial Intelligence in Microsoft Office and demonstrate how AI-assisted tools can enhance productivity, creativity, and digital competence in academic tasks.

Dr. Nisha Sawant conducted live interactive demonstrations showcasing the integration of the ChatGPT add-in with Microsoft Word and Microsoft PowerPoint. The Microsoft Word session demonstrated how AI can assist in drafting and refining content, improving language quality, summarising information, and structuring academic documents. The Microsoft PowerPoint demonstration highlighted AI applications in generating presentation content, organizing slide structures, and improving visual clarity to save time while maintaining high quality. Emphasis was also placed on critical evaluation, prompt writing, fact verification, and the ethical, responsible use of AI-generated content.

The interactive and demonstration-based approach received an overwhelming response from both students and faculty. The session provided students with hands-on insights into emerging digital productivity tools, reinforcing the importance of AI literacy and responsible technology integration in higher education.

Industrial Field Trip to Biomed Ingredients

10th October 2026

The Department of Botany organized an educational field study trip for S.Y.B.Sc. Herbal Technology students to Biomed Ingredients Pvt. Ltd. at Verna Industrial Estate on October 10, 2026. The industrial visit provided 19 students with hands-on exposure to the commercial processing, quality control, and packaging of natural and medicinal plant ingredients.



The session kicked off with an introductory briefing by Dr. Saji Vasudevan and Ms. Natasha on regulatory standards and global supply operations involving herbal products, spices, and natural vitamins. Guided by their faculty coordinators—Dr. Puja Sakhalkar, Dr. Kim Rodrigues, and Dr. Janet Mascarenhas—the students toured the wet and dry analytical laboratories, raw material facilities, and specialized processing rooms. Students observed advanced processing equipment in action, including the Fluidized Bed Processor, Vibrosifter, and dry granulation Roll Compactor, allowing them to directly bridge classroom theory with real-world industrial biotechnology.

College participated at SEVA SANKALP ABHIYAN – SANKALP MANTHAN

10th October 2026

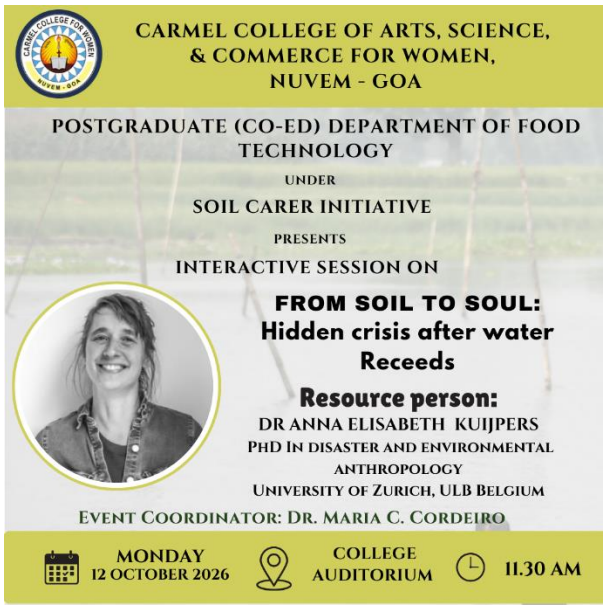
Participation in SEVA SANKALP ABHIYAN - SANKALP MANTHAN at Ravindra Bhavan, Margao on 10th October 2026 by 42 students and 02 faculty members.

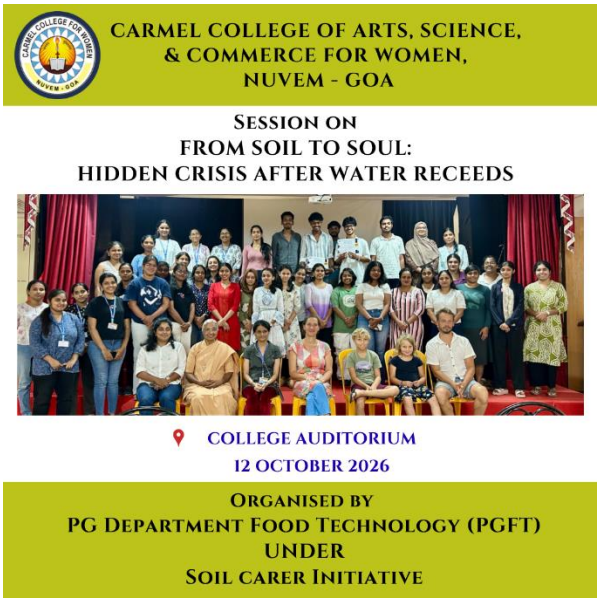


From Soil to Soul: Unravelling the Hidden Crisis After Water Recedes

12th October 2026

PGFT organised a session to raise awareness about the hidden environmental and social impacts that persist even after floodwaters recede.



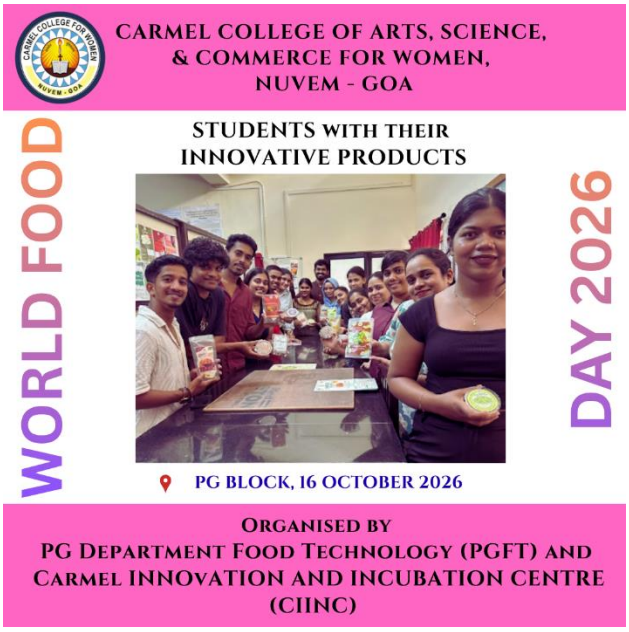


Innovate Today, Nourish Tomorrow: Celebrating Food Innovation and Sustainable Health

16th October 2026

PGFT to commemorate WORLD FOOD DAY organised product innovation challenge for the students





Best Research Paper Presentation Award at International Seminar

27–28 October 2026





Ms. Vishakha Harmalkar and Ms. Suvidha Suresh Gaunkar, Assistant Professors in the Department of Hindi, Carmel College of Arts, Science and Commerce for Women, Nuvem, received the Best Research Paper Presentation Award at the Two-Day International Seminar on "Artificial Intelligence in Higher Education: Opportunities, Challenges and Future Prospects," held on 27–28 October 2026 organised by Department of Hindi, Government College of Arts, Science and Commerce, Quepem, Goa & Indian Heritage Publication, Uttarakhand in collaboration with Ravindra Bhavan, Margao Goa

Ms. Vishakha Harmalkar presented her paper titled "कृत्रिम बुद्धिमत्ता और पर्यावरणीय स्थिरता: संरक्षण से आपदा प्रबंधन तक," while Ms. Suvidha Suresh Gaunkar presented "सोशल मीडिया, कृत्रिम बुद्धिमत्ता और मानसिक स्वास्थ्य."

Carmel Students Find Kindred Souls in Japan During Online Cultural Exchange

29th October 2026

Online meet with students of Fukuoka University, Japan, in progress on 29 October 2026.



Carmel College Students interact online with Students of Fukuoka University, Japan

Students and faculty of the Department of English of Carmel College of Arts, Science and Commerce for Women, Nuvem, Goa had the opportunity to interact online with students of Fukuoka University, Japan and their instructor on 29 October 2026.

The session was made possible with the encouragement of Dr. Aldina Braganza, Vice Principal, Carmel College; Dr. Saoko Funada, Associate Professor, Department of English, Fukuoka University, Japan and Dr. Glenis Mendonca, Associate Professor, Department of English, Carmel College, Nuvem, Goa.

In the vibrant cultural exchange of over an hour, students of English Major, and English Minor who are studying World Literature in Carmel College found kindred souls in the Land of the Rising Sun. Enabled by Google Meet they excitedly exchanged views on Goan food; Japanese ceremonial gates; Diwali; student life in Japan, and Haiku poetry. The students in Japan were thrilled when Ann greeted them in Japanese. They expressed how they were brought up on watching the anime Doraemon and shared pictures on their phones. Anannaya who worked on the Japanese author Meiko Kawakami for her ISA, inquired whether her Japanese colleagues had read her. There were also queries on Haruki Murakami, and the Samurai.

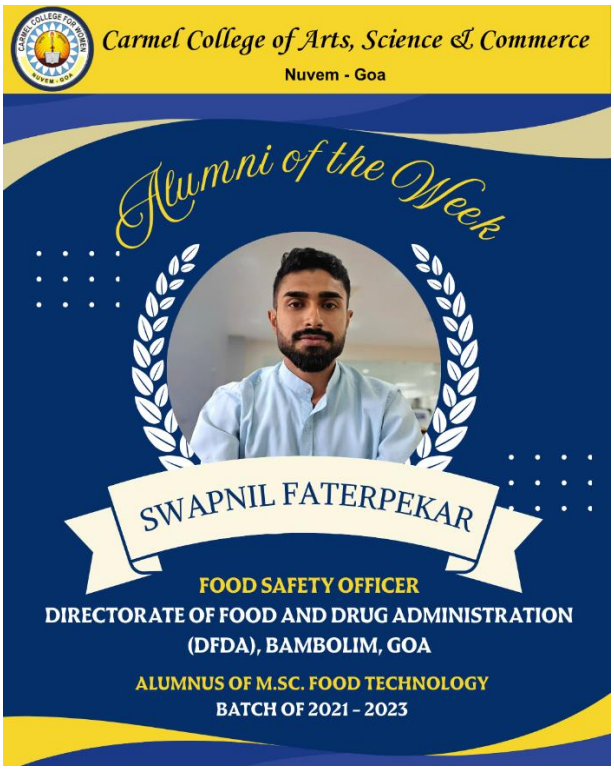
The Carmel students were impressed by the way the Japanese were dressed and wanted to know where their outfits were sourced. They shared their preferred online platforms for buying apparel. Joselyn asked whether there were apps like Tik Tok in Japan. Sohni described the festival of Diwali which was approaching. Senifa wanted to know whether Yokai (mysterious spirits) existed. Assistant Professor Ayeesha spoke about the significance of the ceremonial gate in Japanese culture and how Chowgule college has one such gate. A student texted from Japan that this gate (Torii) marks the border between the sacred and the mundane. Carmel students spoke about Haiku by Basho who they had studied in their Creative Writing class.

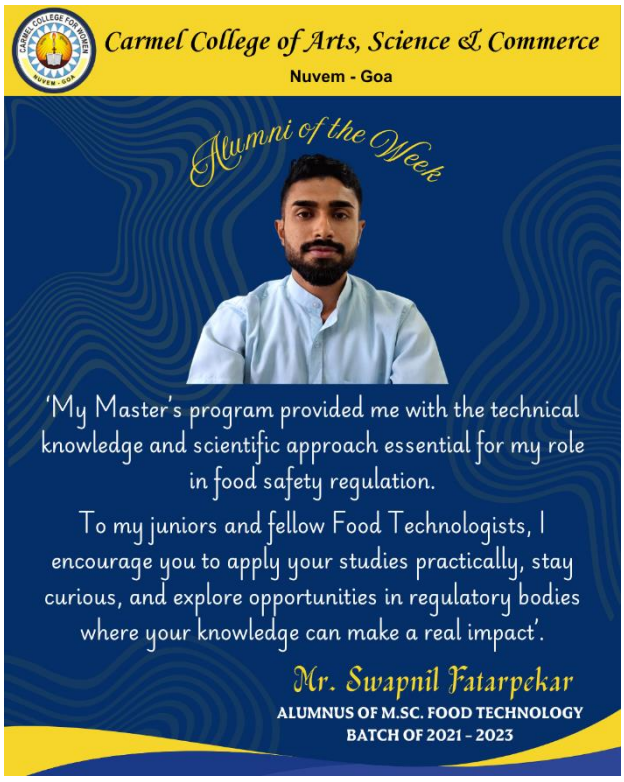
Associate Professor Roxana Singh was interested in knowing the location of the University. Associate Professor and Head, Dr. Brian Mendonca wanted to know their views on Ms. Sanae Takaichi - the first female Prime Minister in Japanese history.

At the end of the session Dr. Glenis thanked Dr. Saoko Funada - a Dickens scholar - and the students for joining and hoped that interactions like these would continue. With this the purpose of the session as stated by Dr. Funada was amply served, viz. 'to build up our mutual understanding and friendships between both countries.'

Alumni of the Week

Post Graduate Department of Food Technology







Glimpses of Sports Activities



Sports Fest (Inter School & Inter HSS)



National Sports Day (Staff & Students)



Intercollege Event Whimsical



Children's Day Orphanage Activities



Satva Yog (Yoga Competition)



Strongest Women for staff and students



Aerobics Dance competition



International Yoga Day



Carmelite Cross Country Run 3km in Nuvem



Interclass Football Tournament