



ACTIVITY REPORT

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| Department/ Committee/ Club | Equal Opportunity Cell |
| Title of the Activity | Creating Bonds, not Barriers: Say No to Ragging. |
| Date of the Activity | 10 th February 2026 |
| Nature of the Activity | Offline |
| Venue | College Auditorium. |
| Academic Year | 2025-2026 |

Objective(s) of the Activity:

- To create an awareness on anti-ragging behaviours and its repercussions on the victims.
- To sensitize the students on the various laws and punishments for engaging in ragging behaviours.
- To encourage students as well as others to seek help / report in case of ragging behaviours.

Activity Overview:

The Equal Opportunity Cell organized a one-hour session titled “Creating Bonds, not Barriers: Say No to Ragging”, on 10th February 2026 from 9.15 - 10:15 a.m., in the college auditorium for the second year students of Arts, Commerce and Science streams.

The resource person for the session was Dr. Rivya Dias, Assistant Professor from the department of Economics, Carmel of Arts, Science and Commerce for Women, Nuvem, Goa. Dr. Rivya elucidated to the students about what constitutes ragging behaviours. To gain a deeper understanding of the severity of the issue, a short film was screened for the students depicting an incident of ragging behaviours. The film also elaborated the various procedures and mechanisms available for the redressal of grievances in case of ragging behaviours. The various provisions of laws and acts were also included in the session, so as to create awareness among the students about the repercussions of engaging in ragging behaviours on the campus.



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A quiz was also conducted to test the knowledge of the students regarding ragging and anti-ragging behaviours, engaged in by the offender and the various help seeking behaviours that could be utilized by the victims.

The session was attended by 137 students along with faculty members. The students were made aware of the ragging behaviours, various legal provisions and help seeking behaviour in case anyone was subject to ragging behaviour on the campus.

Outcomes of the Activity:

The following were the outcomes of the activity:

- The students were able to recognize the various negative aspects related to ragging behaviours and its consequences.
- The various laws and punishments for engaging in ragging behaviours.
- Seek help / report in case of ragging behaviours.

Beneficiaries:

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| No. of Students | 134 |
| No. of Staff | 3 |
| Total No. of Participants | 137 |



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Equal Opportunity Cell

Organises a session on

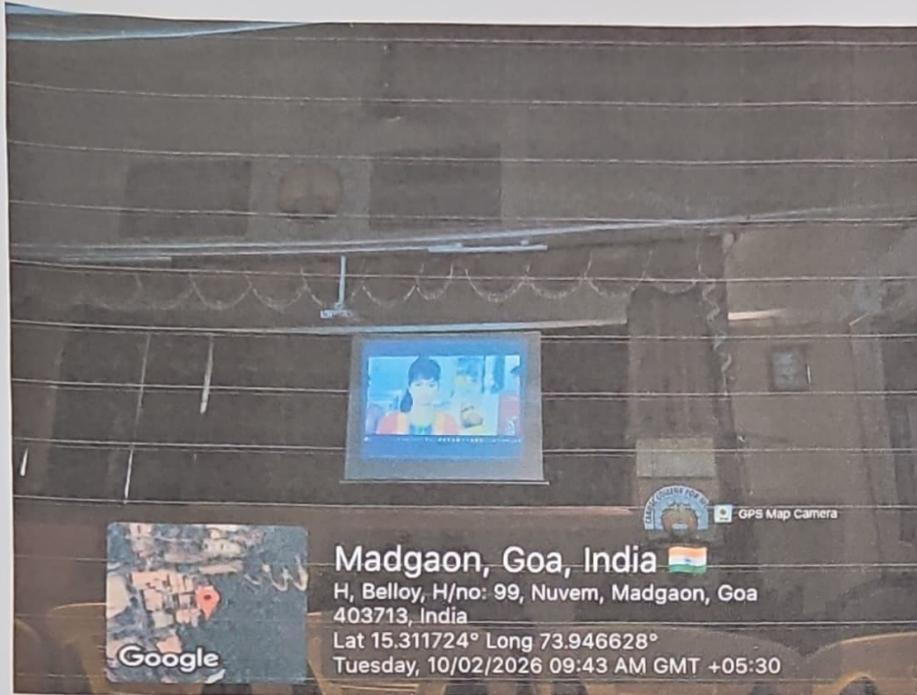
*Creating Bonds,
Not Barriers: Say
No to Ragging"*



Date: 10th February 2026
Venue: College Auditorium
Time: 9.15 am-10.15 am



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Event Coordinators:

Dept./Cell/Club In-Charge

Name: Dr. Lynette da Silva Fortes

Name: Dr. Lynette da Silva Fortes

Name: Dr. Rivya Dias

Officiating Principal

Name: Dr. Aldina Braganza

Officiating Principal
Carmel College of Arts, Science &
Commerce for Women
Nuvem-Goa