

Programme Structure for Semester I to VI Under Graduate Programme- Psychology

Semester	Major - Core	Minor	MC	AEC	SEC	I	D	VAC	Total Credits	Exit
I	PSY 1-100 Essentials of Psychology (3T+1P)	PSY-111 Child Psychology (4)	PSY-131 Psychology of Adjustment (3)		PSY-141 Personality Development (1T+2P)					
II			PSY-132 Environmental Psychology (3)		PSY-142 Stress Management (1T+2P)					PSY-161 Mindfulness (2+2)
III	PSY-200 Attitudes and Social Cognition (3T+1P)	PSY-211 Adolescent Psychology (4)	PSY-231 Relationship Psychology (3)		PSY-241 Developing Psychological Skills (1T+2P)					
	PSY-201 Health Psychology (4)									
IV	PSY -202 Social Influence and Group Processes (3T+1P)	PSY -221 Sports Psychology (4)								PSY -261 Life - Skills for Youth Well - Being (4)
	PSY -203 Positive Psychology (4)									
	PSY -204 Human Factors at Work (4)									

