

## **THE B.A. PROGRAMME ENDEAVOURS TO ACHIEVE THE FOLLOWING OUTCOMES:**

### **Program Outcomes**

PO1: Attribute: KNOWLEDGE. Empower students with knowledge in their areas of undergraduate study.

PO2: Attribute: CRITICAL THINKING. Teach learners the skills required for critical thinking.

PO3: Attribute: RESEARCH. Inculcate among learners a spirit of curiosity leading to an interest in research.

PO4: Attribute: HIGHER EDUCATION. Acquaint students with new trends in their subject areas and develop the capabilities required for higher education.

PO5: Attribute: EXCELLENCE. Inspire learners to appreciate and benchmark good aesthetics and professionalism in the languages and social sciences.

PO6: Attribute: LIFE SKILLS. Inspire the youth to lead a holistic lifestyle.

PO7: Attribute: GOOD VALUES. Impart value-based learning with the aim to train students to be socially responsible and enlightened citizens.

## **DEPARTMENT OF PSYCHOLOGY**

### **Program Specific Outcome**

PSO 1: Explain and validate psychological theories and concepts effectively.

PSO 2: Use psychological principles in applied situations and practice.

PSO 3: Critically evaluate, and analyze psychological literature, and empirical evidence.

PSO 4: Demonstrate research skills including research methods, experimental designs, and understand ethical principles in psychological research and practice.

## **SEMESTER I**

### **Subject Code: PSY 100: ESSENTIALS OF PSYCHOLOGY**

CO1: Understand the subject of Psychology as a science

CO2: Understand psychological processes & conduct basic experiments in Psychology

CO3: Develop knowledge of cognitive processes

<b>CO/PO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>
<b>CO1</b>	03	02	02	03	01	02	01	03	02	02	02
<b>CO2</b>	03	03	03	03	02	02	01	03	03	03	03
<b>CO3</b>	03	02	02	03	02	02	01	03	02	02	02

### **Subject Code: PSY 111: CHILD PSYCHOLOGY**

CO1: Understand the role of hereditary and environment on development of children

CO2: Understand the biological, social and cognitive influences on the development of children

CO3: Acquaint students with common disorders of childhood and sensitize them to the needs of children with disabilities

<b>CO/PO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>
<b>CO1</b>	03	02	02	03	01	02	02	03	02	02	02
<b>CO2</b>	03	02	02	03	01	02	02	03	02	02	02
<b>CO3</b>	03	02	02	03	02	03	03	03	03	02	02

### **Subject Code: PSY 131: PSYCHOLOGY OF ADJUSTMENT**

CO1: Understand adjustment challenges and apply the principles of adjustment to facets of the contemporary world.

CO2: Analyse concepts and modern trends in psychology of adjustment.

CO3: Develop skills required for effective life adjustment.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	03	02	01	02	02	03	03	03	03	02	01
CO2	03	03	02	03	02	02	02	03	02	03	02
CO3	03	02	01	02	02	03	03	03	03	02	01

**Subject Code: PSY 141: PERSONALITY DEVELOPMENT**

CO1: Understand the basic concepts of personality.

CO2: Apply knowledge of communication skills for personality development.

CO3: Develop skills required for personality development.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	03	02	01	03	02	02	02	03	02	02	01
CO2	03	02	01	02	03	03	02	03	03	02	01
CO3	03	02	01	02	03	03	02	03	03	02	01

**SEMESTER II**

**Subject Code: PSY 132: ENVIRONMENTAL PSYCHOLOGY**

CO1: Explore and understand various perspectives on human – environment interrelationships.

CO2: Gain insights into the ways into the environment influences our feelings and experiences.

CO3: Understand the role of the environment on health and quality of life.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	03	02	03	02	03	03	03	03	02	02
<b>CO2</b>	03	03	02	02	02	03	02	03	02	02	02
<b>CO3</b>	03	02	02	02	02	03	03	03	03	02	02

### **Subject Code: PSY 142: STRESS MANAGEMENT**

CO1: Explore students to a holistic approach to stress management and foster interest in stress management as a field of study and research.

CO2: Enable students to adopt effective stress management strategies.

CO3: Engage students in experiential learning.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	03	03	02	03	02	03	02	02	03
<b>CO2</b>	03	03	02	02	02	03	03	03	03	02	02
<b>CO3</b>	03	02	02	02	03	03	02	03	03	02	02

### **SEMESTER III**

### **Subject Code: PSY 200: ATTITUDES & SOCIAL COGNITION**

CO1: Evaluate the process of attitude formation.

CO2: Comprehend the causes of stereotypes.

CO3: Assess non – verbal communication along with its various channels & understand the concept of impression formation.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	03	03	02	03	02	02	02	03	02	03	02
CO2	03	03	02	02	02	02	03	03	02	03	02
CO3	03	03	02	02	03	03	02	03	03	03	02

**Subject Code: PSY 201: HEALTH PSYCHOLOGY**

CO1: Acquire an understanding of the field of health psychology & its role in health & illness.

CO2: Explore the elements involved in the process of health behaviour change using the major models of health behaviour.

CO3: Study the psychophysiological basis of major chronic illnesses & evaluate factors for enhancing health & preventing illness.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO 7	PSO1	PSO 2	PSO 3	PSO 4
CO1	03	02	02	03	02	03	02	03	02	02	02
CO2	03	03	02	02	02	03	03	03	03	02	02
CO3	03	03	02	03	02	03	03	03	03	03	02

**Subject Code: PSY 211: ADOLESCENT PSYCHOLOGY**

CO1: Gain an insightful understanding of physical, cognitive & socio – emotional development in adolescence.

CO2: Analyse the role of peers in shaping an adolescent's personality.

CO3: Orient the students towards adolescent problems, and preventive & treatment measures.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	02	03	02	03	02	03	02	02	02
<b>CO2</b>	03	03	02	02	02	02	03	03	03	03	02
<b>CO3</b>	03	03	02	02	02	03	03	03	03	03	02

**Subject Code: PSY 231: RELATIONSHIP PSYCHOLOGY**

CO1: Understand the fundamental concepts of relationships, exploring their significance, the impact of early relationships, & key theoretical perspectives.

CO2: Analyse & apply prominent relationships (social exchange, attachment, social penetration) to interpret determinants of friendship, attraction, marriage stages & professional dynamics.

CO3: Develop practical skills in effective communication, collaboration, & emotional intelligence for navigating challenges & understanding relationship breakdowns in diverse contexts.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	02	03	02	02	02	03	02	02	02
<b>CO2</b>	03	03	02	03	03	03	03	03	03	03	02
<b>CO3</b>	03	03	02	02	03	03	03	02	03	03	02

**Subject Code: PSY 241: DEVELOPING PSYCHOLOGICAL SKILLS**

CO1: Comprehend the basic skills involved in psychological inquiry protocol.

CO2: understanding the fundamentals of psychological first aid & its role in providing immediate support to individuals experiencing trauma or crisis.

CO3: Develop skills in dealing with different crises.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
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<b>CO1</b>	03	03	03	03	02	02	02	03	02	02	03
<b>CO2</b>	03	03	02	02	02	03	03	02	03	03	02
<b>CO3</b>	03	03	02	02	02	03	03	02	03	03	02

#### **SEMESTER IV**

**Subject Code: PSY 202: SOCIAL INFLUENCE & GROUP PROCESSES**

CO1: Understand the various aspects of social influence.

CO2: Identify the many facets of groups, individuals, & environment.

CO3: Assess the motives underlying prosocial behaviour & evaluate the causes of aggression.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	01	02	01	02	03	03	02	02	01
<b>CO2</b>	03	02	01	02	01	03	03	03	02	02	01
<b>CO3</b>	03	03	01	02	01	03	03	03	03	03	01

**Subject Code: PSY 203: POSITIVE PSYCHOLOGY**

CO1: Define & understand the basic concepts of positive psychology.

CO2: Gain insight into the role of positive emotions & cognitive approaches for well – being & flourishing.

CO3: Analyse the importance of applying psychological factors for positive health,

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	01	02	01	02	02	03	02	02	01
<b>CO2</b>	03	02	01	02	02	03	03	03	03	02	01
<b>CO3</b>	03	03	02	02	02	03	03	03	03	03	02

**Subject Code: PSY 204: HUMAN FACTORS AT WORK**

CO1: Describe the factors influencing human behaviour in the workplace & explain why individuals exhibit diverse behaviours.

CO2: List & define the key components that constitute the human side of organizations & explain the concept of motivation.

CO3: Analyse & assess the influence of technology on various aspects of organizational structure, processes & culture. Theories to analyse their impact on human behaviour & performance.



CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	01	02	02	03	02	03	02	02	01
<b>CO2</b>	03	02	01	02	02	03	02	03	02	02	01
<b>CO3</b>	03	03	02	03	02	02	02	03	03	03	02

**Subject Code: PSY 205: PSYCHOLOGY OF AGEING**

CO1: To understand & learn about changes in adulthood & later life in a contemporary context.

CO2: To analyse the issues concerning quality of life in later life.

CO3: To gain awareness about misconceptions & think towards steps for successful aging.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	01	02	01	03	03	03	02	02	01
<b>CO2</b>	03	03	02	02	01	03	03	03	03	03	02
<b>CO3</b>	03	03	01	02	01	03	03	03	03	03	01

**Subject Code: PSY 221: SPORTS PSYCHOLOGY**

CO1: To introduce sports psychology as a career option for students.

CO2: Evaluate the impact of various behaviours on sports performance.

CO3: Analyse & evaluate group dynamics in team sports, & leadership styles used by different sportspersons.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	01	03	01	02	02	03	02	02	01

<b>C02</b>	03	03	02	02	02	03	02	03	03	03	02
<b>C03</b>	03	03	02	02	02	03	02	03	03	03	02

### **SEMESTER V**

**Subject Code: PSY 300: PSYCHOLOGICAL TESTS AND MEASUREMENTS**

CO 1: Understand the fundamentals of psychological testing.

CO 2: Recognise the ethical implications of psychological testing.

CO 3: Analyse the current trends and future direction of psychological testing.

CO 4 :Explore the steps involved in developing a psychological test.

CO 5 : Understanding the purpose and types of reliability and validity estimates.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	02	03	01	02	02	03	02	02	02
<b>CO2</b>	02	02	02	02	01	02	03	02	02	02	02
<b>CO3</b>	03	03	03	03	02	02	02	03	02	03	03
<b>CO4</b>	03	03	03	03	01	02	02	03	03	03	03
<b>CO5</b>	03	03	03	03	01	02	02	03	02	03	03

**Subject Code: PSY 301: COUNSELING PSYCHOLOGY**

CO 1: Develop skills essential for professional counselors.

CO 2. Learn the application of various therapies in counseling.

CO 3. Sensitize the students with different specialty areas in counselling

CO 4. Gain insight into the contemporary trends in counselling

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	01	02	02	03	03	03	03	02	01
<b>CO2</b>	03	02	02	02	02	03	03	03	03	02	02
<b>CO3</b>	03	02	01	02	02	03	03	03	03	02	01
<b>CO4</b>	03	03	02	03	02	02	02	03	03	03	02

**Subject Code: PSY 302: ABNORMAL PSYCHOLOGY**

CO1: Understand the classification, and the clinical picture of various psychological disorders.

CO 2. Explore the historical development of abnormal psychology.

CO 3. Analyze the causal factors implicated in psychological disorders.

CO 4. Examine the importance of family and social support in the treatment of mental illness, and legal issues involving people with mental illness.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	02	02	03	01	03	02	03	02	02	02
<b>CO2</b>	03	03	02	02	02	02	02	03	02	02	01
<b>CO3</b>	03	02	03	03	02	02	02	03	03	03	03
<b>CO4</b>	03	02	02	02	02	03	03	03	03	02	02

**Subject Code: PSY 303: RESEARCH METHODOLOGY**

CO1: Develop a comprehensive understanding of the essential principles of research methodology and the pivotal role literature plays in research.

CO 2. Explore the diverse techniques for collecting data effectively and gain an insight into the various experimental designs

CO 3. Explore the ethical considerations underlying research and learn to construct effective research reports.

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
<b>CO1</b>	03	03	03	03	01	02	02	03	02	03	03
<b>CO2</b>	03	03	03	03	01	02	02	03	02	03	03
<b>CO3</b>	03	02	03	03	01	02	03	03	02	03	03

**Subject Code: PSY 321: QUALITATIVE DATA ANALYSIS**

CO1: Describe and explain methods of qualitative data collection

CO 2. Analyse and differentiate between key approaches to qualitative data analysis

CO 3. Design and implement a qualitative data analysis strategy within a research framework in research

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
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<b>CO1</b>	03	02	03	03	01	02	02	03	02	02	03
<b>CO2</b>	03	03	03	03	01	02	02	03	02	03	03
<b>CO3</b>	03	03	03	03	01	02	02	03	03	03	03

### **SEMESTER VI**

#### **Subject Code: PSY 304: COGNITIVE PSYCHOLOGY**

CO1: To provide core knowledge of basic and higher order cognitive processes

CO 2. To develop a general understanding of cognitive psychology as a science.

CO 3. To highlight the neuropsychological basis in cognition.

CO 4. To create a foundation for higher education and careers in cognitive psychology.

CO 5. To develop an understanding of the experiments and research in cognitive psychology

<b>CO/PO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>
<b>CO1</b>	03	02	02	03	02	02	01	03	02	02	02
<b>CO2</b>	03	02	02	03	02	01	01	03	02	02	02

<b>C03</b>	03	02	02	03	02	02	01	03	02	02	02
<b>C04</b>	03	02	02	03	02	02	02	03	02	02	02
<b>C05</b>	03	03	03	03	02	02	01	03	03	03	03

**Subject Code: PSY 305: STATISTICS FOR PSYCHOLOGY**

CO1: Understand the various concepts of statistics and graphical representation of data.

CO 2. Identify the uses and applications of descriptive statistics.

CO 3. Assess the properties of the normal probability curve and hypothesis testing.

CO 4. Evaluate the concepts of percentiles, percentile ranks, correlations, and types.

<b>CO/PO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>
<b>C01</b>	03	02	02	03	01	02	01	03	02	02	02
<b>C02</b>	03	02	02	03	01	02	01	03	02	02	02
<b>C03</b>	03	03	03	03	01	02	01	03	02	03	03
<b>C04</b>	03	03	03	03	01	02	01	03	02	03	03

**Subject Code: PSY 306: CRIMINAL PSYCHOLOGY**

CO1: Equip students with the fundamental principles essential for understanding the study of crime.

CO 2. Provide students with the necessary skills to comprehend the dynamic causes of criminal behavior.

CO 3. Investigate and understand various crime types, including their characteristics and societal implications.

CO 4. Develop the ability to analyze and interpret victims' testimonies effectively within a courtroom setting.

<b>CO/PO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>
<b>C01</b>	03	02	02	03	01	02	02	03	02	02	02

<b>C02</b>	03	03	02	03	01	02	03	03	03	03	02
<b>C03</b>	03	03	02	03	02	02	03	03	03	03	02
<b>C04</b>	03	03	02	03	02	02	03	03	03	03	02

**Subject Code: PSY 322: EDUCATIONAL PSYCHOLOGY**

CO1: Explain the fundamental aspects of educational psychology and identify the key components of effective teaching.

CO 2. Evaluate the significance of instructional planning and effective planning in education.

CO 3. Analyze the impact of technology on education and formulate strategies to address diverse learners' needs.

CO 4. Demonstrate skills in classroom management and design small-group learning activities.

<b>CO/PO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>
<b>C01</b>	03	02	02	03	02	02	02	03	03	02	02
<b>C02</b>	03	03	02	03	02	02	02	03	03	03	02
<b>C03</b>	03	03	02	03	02	03	02	03	03	03	02
<b>C04</b>	03	03	02	03	02	03	03	03	03	03	02