# CARMEL COLLEGE OF ARTS, SCIENCE AND COMMERCE FOR WOMEN, NUVEM-SALCETE, GOA 

Re-accredited by NAAC with Grade 'A', CGPA Score 3.25 (4 ${ }^{\text {th }}$ Cycle)


# $\mathcal{A N N} \cup \mathcal{A L} \mathscr{P L A \mathcal { N } N E R}$ 

2022-2023

BACHELOR OF ARTS
BACHELOR OF SCIENCE

BACHELOR OF COMMERCE

'SATYAMEVA MUKTI DANAM'
'TRUTH IS THE GIFT AND THE GIVER OF FREEDOM'
We uphold Truth in our thoughts, words and actions under all circumstances. With the advance of Science and Technology and progress in every field, our motto is an incentive to choose the Right, the Noble and the True.

## THE APOSTOLIC CARMEL VISION / MLSSION STATEMENT

## VISION

## 'HOLSTTIC DEVELOPMENT OF YOUTH THROUGH EDUCATION AMIDST A CHANGING, CHALLENGING AND DEVELOPING SOCIETY'

# MISSION <br> TO EDUCATE YOUTH FOR ALTRUISTIC LEADERSHIP BY INTEGRATING ACADEMIC EXCELLENCE AND HUMAN ETHICS' 

## CORE VALUES

Values that guide us in fulfilling our vision are

- Faith, hope and trust in God.
- Love of fellow beings and concern for other living creatures.
- Moral and ethical uprightness and social consciousness.
- Conservation of environment and natural resources.
- Pursuit of knowledge and excellence.


## OBJECTIVES

- To provide value-based and quality-oriented education with a secular, democratic and syncretic spirit.
- To inculcate in students the value of generous service and pursuit of integrity.
- To work for the deepening of faith of all our students.
- To provide a Higher Education platform for first generation learners.
- To prepare youth for a dynamic role in a multi-cultural society and global community through the use of modern technology and effective learning.
- To impart knowledge and skills in order to make students gainfully employable and face bravely the challenges of the present and future.


## STUDENT'S DATA

Name of the Student: $\qquad$

Parent's / Guardian's Name: $\qquad$

Address: $\qquad$
Adress:

Class: $\qquad$ Div.: $\qquad$ Year: 2022-2023

Roll No.: $\qquad$ Phone No.: $\qquad$
Blood Group with Rh factor: $\qquad$
Sickness Details: $\qquad$
Emergency Contact: $\qquad$

Signature of Student: $\qquad$

Signature of Parent / Guardian: $\qquad$

Name and Signature of the Mentor:

## NATIONAL PLEDGE (INDIA)

> India is my country
> and all Indians are my Brothers and Sisters.
> I love my country
> and I am proud of its rich and varied heritage.
> I shall always strive to be worthy of it.
> I shall give my parents, teachers
> and all the elders respect,
> and treat everyone with courtesy.
> To my country and my people,
> I pledge my devotion.
> In their wellbeing and prosperity alone,
> lies my happiness

## MY INDIA PLEDGE

India is my country. All Indians are my sisters and brothers. I appreciate and celebrate our cultural, linguistic, ethnic and religious diversity. Living together in love and peace is our strength.
Justice for everyone and opportunity for all is my vision. Inclusive education and global learning is my aspiration.

Any form of hatred and violence
is against my ethical principle.
I want to grow in a democratic space guaranteed by my constitution.
I respect the dignity of all as children of God.
I appreciate the rights and duties
of all citizens of this great country.
I welcome the global opportunities to learn,
labor and live the joy of life.
As fellow citizens of the 21st century, we are committed to the common destiny of a beautiful world of love, justice and fraternity.

## NATIONAL ANTHEM

## JANA GANA MANA

Jana-gana-mana-adhinayaka jaya he Bharata-bhagya-vidhata Panjaba-Sindhu-Gujarata-Maratha
Dravida-Utkala-Banga
Vindhya-Himachala-Yamuna-Ganga
uchchala-jaladhi-taranga
Tava Subha name jage,
tava subha asisa mage, gahe tava jaya-gatha. Jana-gana-mangala-dayaka jaya he Bharata-bhagya-vidhata. Jaya he, Jaya he, Jaya he, jaya jaya jaya jaya he.

## THE COLLEGE ANTHEM

1) As the days keep gently fleeting, Till the final duty is done; We shall cherish every moment, Of our journey well begun!

## Chorus

Be our joy, our guiding light,
Sweet and pure and wonderful!
Glory be to Carmel!
We shall sing in your praise forevermore.
2) Strong in faith, and full of promise,

We shall travel hand in hand!
We'll carry forth your 'SHINING BANNER'
To every corner of the land!
Chorus
Be our joy......
3) When the winds of life are stormy,

We shall strive to keep the flame!
Pearls of Carmel, rich in wisdom,
Worthy to sing your precious name!

## Chorus

Be our joy......

## OUR FOUNDRESS

## VENERABLE MOTHER MARY VERONICA OF THE PASSION



Date of Birth: $1 / 10$ / 1823
Date of Death: 16 / 11 / 1906

The Apostolic Carmel Congregation is an Indian Congregation which was founded on $16^{\text {th }}$ July, 1868, in Bayonne, France, by Venerable Mother Mary Veronica née Sophie Leeves, a holy and dedicated English woman, who was divinely inspired to reach out to the young girls of her time. It was established in India on $19^{\text {th }}$ November, 1870, in Mangalore, Karnataka, by Bishop Marie Ephrem OCD.

## PRAYER

God of Love and Mercy
You have poured out your gifts of grace in abundance
On your servant, Venerable Mother Veronica.
We thank you for the precious heritage.
She has left to the Church
Through her single-minded search for your will
And her heroic pursuit of holiness.
We humbly ask you to grant
That she may be raised to the honors of the altar
So as to be a continual source of inspiration
To all who aspire to a life of close union with you
And of selfless service to others.
We ask this through Christ Our Lord
And the intercession of Mary
Queen and Mother of Carmel. Amen
Dear Mother Veronica, we earnestly ask you
to intercede with God
to obtain a first class miracle
(mention the favor you are praying for)...
So that He may be glorified through you.

## VERONICA IS HER NAME

1. A new star is risen from the ocean Veronica is her name To join other stars in the heaven above Of the great family of Carmel.

## Veronica, Veronica <br> The whole world hails you today <br> Veronica, Veronica <br> You showed Carmel, a new way.

2. Active life and contemplation

She saw as the need of the time
To give the good news, all around the world In works of charity and education.
3. She marked the way for us to follow

Of obedience and self-sacrifice In true humility and fidelity Trusting always in our Heav'nly Father.

## MOTHER VERONICA WE SING TO YOU

1. Mother Veronica we sing to you

A song of thankfulness sincerely true
You searched God's Holy Will on life's way
That brought forth fruit in the A.C. way

## We the Apostolic Carmelites

Do praise you by night and by day
We praise you, revere you, hail you
As our guide and joy, our foundress dear.
2. Mother Veronica valiant and brave

True spouse of Christ our Lord, we turn to you
Teach us to love our Lord in faith and love
In holy solitude, in prayer and fast.
3. Mother Veronica, friend of the poor

Comforter of the sick and helpless old
You spent your life on earth teaching the young
Braving all strife and stress in lands far and near.

## GOD ALONE SUFFICES

God alone suffices 'tis our motto true
He is our security, in Him we live and move.
He is a Banker who never fails, in Him we find our rest He never changes, He knows what is best.

God alone (2) God alone suffices
God alone (2) He never leaves us
God alone (2) His graces ever support us
God alone (2) to our goal He leads us

1. Rooted in God's love and prayer onwards step we take Working single-mindedly in His mission we partake Walking zealously with Mother Veronica as guide Never fearing obstacles for God is on our side.
2. God's love is what we need, his love is better than life He provides for all our needs, there is no room for strife A.C.'s C.B.'s A.C.A.'s we form one family 'neath the banner of Carmel we sing most joyfully

## JOYFULLY SINGING

1. Joyfully singing, glad hearts are bringing With admiration praises for a founder She lived for God alone and his kingdom Mother Veronica, chosen cherished you are You teach us "God alone suffices".
2. Humble and trusting, new call discerning In gentle whisper inspiring offering family pleasure, romance, self interest Suffering conflict, pain her fervor never waned Knowing that "God alone suffices".
3. Mother Veronica, a leader great, you are. We who are chosen for Carmel's mission May we be gracious kind always caring May we in vision grow, reach out to suff'ring poor Showing all "God alone suffices."

## VERONICA WE REMEMBER YOU

Veronica, we remember you with filial love and gratitude Veronica, we honor you, we celebrate your greatness true.

1. Through education you changed the hearts Through healing care you brought joy to lives Even more than these as we think of you We celebrate your holiness true
2. You loved the poor and neglected ones

You prayed and worked for abandoned ones
You fixed your gaze on Jesus Christ
To please Him Mother, you spent your life.
3. On this our joy-filled festive day

With loyal hearts we sing this lay
Your hidden life and zeal indeed
Inspires us in prayer and deed.

## HOMAGE TO MOTHER VERONICA

Veronica, a name to A.C.'s dear A constant inspiration and a spur Anchored in God to Him totally yielded Her words to us, bring eagerness and freedom

1. I do not desire anything but the will of God All my prayer was to be the last and least in Carmel
2. Make yourself small and remain very small For there is always place for little ones
3. Be constant in prayer, humbly distrust self Put your trust in God alone and not in man.

## HYMNS TO MOTHER OF CARMEL

## MOTHER OF CARMEL

## Mother of Carmel pray for me <br> I want to live and love like Thee

1. Teach me to pray with faith in God. Show me the way that leads to my Lord.
2. Teach me to see what's right and wrong And with sound values guide me along
3. Service to all your aim was indeed, True citizen be and help all in need


## PURE AS CARMEL

1. Pure as Carmel snows and lovely,

As its first fair morning shine.
Crowned with stars of changeless splendor,
Hail thou Mother maid divine.
Hail thou Lady of the Mountain
Rearing up its stately height.
Emblematic of Thy graces
Glowing in immortal light

## Mother of Mount Carmel hear, Bless your children far and near (2)

2. Raise thy voice for us to Jesus On this blessed feast of thine. Raise thy pure hands up to bless us. As we gather round thy shrine Bless, O bless us now and ever Thou who once this dark earth trod And when dying waft our spirits To our home in heaven to God.

## GLORY OF CARMEL

Crowned with the glory of Carmel, pure as the silv'ry cloud,
Seen by the seer of Israel, is our Mother Mary blest
Myriads of voices songs do raise,
Echoing angels hymns of praise.
The Holy Church fore'er proclaim,
And we her children thee acclaim,
The virgin Mother of God and Saviour,
O glorious Queen of Carmel, O Queen of Carmel.

Guide us O Mother of Carmel, who thy protection claim, Lead us to realms of glory, so we thy mercy proclaim.
With angel choirs a countless throng,
Filling the heav'ns with psalm and song.
All hail to thee, the triumph of grace,
The diadem of our fallen race.
We are thy children, thine own dear children,
Oh glorious Queen of Carmel, O Queen of Carmel.

## WE ASSEMBLED HERE TODAY

We assembled here today
Lady of Mount Carmel pray
That Thou wouldst from every ill
Guard our wayward footsteps still
Guide us with Thy heavenly light
Morning Star of radiance bright

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Ave Maria, Mother dear Smile upon Thy children here;
Gentle Lady, ever blest
On Thine aid our hope we rest
Be our Advocate on high
In Thy home beyond the sky
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Till we reach the distant shore Till the storms of life are o'er In this wild tempestuous night Carmel be our beacon light Guiding us o'er life dark sea To a bright eternity.

## ABOUT .........

## CARMEL COLLEGE OF ARTS, SCIENCE AND COMMERCE FOR WOMEN



Carmel College of Arts, Science and Commerce for Women in Goa was established in June 1964, to fulfill the need of Higher Education for Women in Goa. Within the span of 58 years of its inception, the college has made giant strides towards offering an all-round education to the budding young women of the State.

As a catholic educational institution, we strive to

1) widen the knowledge of our students in their subjects, through curricular and cocurricular activities.
2) impart right values through our classroom teaching especially the values of honesty and integrity.
3) give the student an awareness of the needs of the poor and love for the underprivileged, through social development schemes.
4) develop in them a greater national consciousness which will bring in its wake, a love for the country and of service to the people. Our stress is on values that endure, through religious and moral formation. Admission to the students is open without any discrimination of caste, creed, religion etc.

# CARMEL COLLEGE AT A GLANCE 

Off. Principal : DR. SR. MARIA LIZANNE A.C

Location : Nuvem, Salcete-Goa

Established in : 1964

Accreditation $\quad:$ Re-Accredited by NAAC with 'A' Grade CGPA Score $3.25\left(4^{\text {th }}\right.$

Cycle)

| Streams | $:$ Bachelor of Arts (B.A.) |
| :--- | :--- |
|  | $:$ Bachelor of Science (B.Sc.) |
|  | $:$ Bachelor of Commerce (B.Com) |

## College Timings:

Office Timings: (Monday to Friday) : 8.00 a.m. to 3.30 p.m. (Saturday) 8.00 a.m. to 1.00 p.m.

## RULES AND REGULATIONS GENERAL CONDUCT

- A minimum of $75 \%$ attendance is required for the student to be eligible to answer the Semester End Examination.
- Students should take particular care to be punctual for all lectures and tutorials. Absence from lectures must be justified in writing and if prolonged illness is the cause, a medical certificate must be submitted.
Absence from any one lecture will be considered as absence for the full day.
- Every student must wear the College Identity Card during College hours, and during College and University examinations. Students without Identity Cards will not be allowed in the College. Students are also compulsorily required to carry their handbook to college everyday.
- All the students are responsible to the College for their conduct on the College premises. Students of this College shall abide by the rules that may be made by the Principal or Management from time to time. Disobedience, misconduct, misbehaviour, sexual harassment or failure to comply with any of the rules will entail punishment including expulsion from the College.
- No student should invite any outsider to attend classes, functions or for any other purpose without the prior permission of the Principal.
- Students are expected to read regularly the notices displayed in prominent places. They should adhere to the last date given for filling in the examination, scholarship or any other form. Any queries after the given date will not be entertained.
- Students should not loiter in the College corridor or cause disturbance in the College premises while classes are in progress or at any other time. They have to use all facilities with care; any damage done to property will have to be compensated adequately.
- Students are expected to take proper care of the College property and help in keeping the premises neat and tidy; damage done to the College property is a breach of discipline and will be dealt with severely
- Students applying for certificates, testimonials, letters of reference or any other document requiring the Principal's signature should apply for the same in writing and claim them from the office after three days.
- Students will not be allowed to meet visitors during lecture hours. In urgent cases, prior permission of the Principal has to be obtained.
- Students should wear neat, modest and decent outfits to College (preferably kurtas or salwar kameez). Pants / trousers worn should not be short / tight fitting. Sleeveless and deep necked tops (clothes) should be avoided.
- Letters received by day students at the College address will not be delivered to them. They are expected to give their residential address to their friends and relatives.
- Students will not be allowed to use cell phones in the classrooms unless specified by the teachers in class. Violation of this rule would result in the confiscation of the respective cell phone.
- Ragging is a cognizable offence and is banned in the institution; anyone found indulging in 'ragging' is likely to be punished appropriately which may include expulsion from the institute by the Principal (as per directives received from Directorate of Higher Education, Government of Goa No. 9/2/2001/HE/415 dated 7/3/2005)
- Sexual Harassment is strictly prohibited and liable for punishment. A student if found guilty of such acts, is liable for punishment as prescribed by the competent authority. As per directives received from Directorate of Higher Education, Government of Goa log in to www.cyvercrime.gov.in and www.mha.gov.in for information on awareness among students
about the various cyber threats that can impact them and ways to safeguard themselves against cyber crimes.


## As per G.U. Regulations under OA - 17.3

- A student having less than $75 \%$ cumulative attendance in a semester/Term/Year and /or less than $50 \%$ attendance in individual paper/course, shall not be eligible to appear for that Semester/Term/Annual Examination. Such student shall have to seek re-admission to the course/programme during the subsequent Academic Year/Term/Semester by paying requisite fees. However, such student shall not be treated as fresh applicant for the admission if the re-admission is in the same institution. Re-admission to professional colleges for the First Year of the Course shall be as per the admission rules of these courses. These students shall not answer CET.
- For a student registered for subject/subjects having practical component, attendance for both theory and practical component shall be treated separately for the requisite attendance mentioned above.
- Attendance of a student in an institution for a course shall be transferred to another institution if the student continues the same course in the new institution.
- A student representing the Institution/University/State/Country in extracurricular activities such as NCC/NSS/Sports/Cultural events on obtaining prior approval of the Principal/Dean/Head of Department shall be treated as "On duty" at the lectures/practicals missed by him/her and shall be marked as 'D" in the Attendance Register. Absence due to such activities shall be supported by documentary evidence issued by the appropriate authority such as commanding Officer of NCC, Director of Youth Affairs, Director/Asstt. Director of Sports in Government/University or and authorized official of these and other similar bodies. However, in such cases, for the purpose of compilation of cumulative as well as paper/course-wise attendance, the number of prescribed lectures/practicals for the paper/course shall be calculated after adding the lectures/practicals under ' D ' and considered as such e.g
- No. of lectures / practicals attended + D x 100
- No. of lectures/practicals engaged
- Absence on medical grounds for more than four continuous working days is required to be supported with a Medical Certificate which should be submitted within seven days after rejoining the class. Absence on medical grounds shall be offset against the $\mathbf{2 5 \%}$ concession in the attendance already granted. However, if such absence exceeds $25 \%$ and is found genuine, the student may request for the condonation of the same. The Principal/Head of the Department shall examine such absence on a case-to case basis.
- Any case not covered under the above clauses but recommended by the Principal/Dean/Head of the Department for condonation shall be referred to a Committee consisting of (1) Vice-Chancellor (Chairman), (ii) Registrar and (iii) Principal of the Institution/Dean of the College/Head of the Department concerned, as members.
- For Courses which are governed by the regulations of Central governing bodies such as MCI, DCI, AICTE, CCIM, the norms prescribed by the respective bodies shall be followed with regard to the minimum attendance requirements.
- Any student, who has any grievance about the attendance record, may bring the same to the notice of the Head of the PG Department/Dean of Principal of the College, in writing, within three days from the date of its display on the Notice Board. The Head of the PG Department/Dean or Principal of the College on receipt of such a complaint, shall verify the accuracy of attendance records and allow the aggrieved student to inspect the records, if necessary, and shall dispose of the complaint preferably within a period of seven days.


## Scholarships

The Apostolic Carmel Scholarships will be awarded to deserving students subject to the following conditions. They should -

1) Be regular in attending classes and other activities.
2) Show earnestness in studies.
3) Not be recipients of any other scholarships.
4) Be well-behaved at all times

## Refund of Deposit

Laboratory, Library and General Deposits will be refunded to the students under the following conditions -

1) They should claim their deposit within 6 months from the date of publication of results of their respective examination along with their Identity Cards and Deposit Receipt.
2) Deduction will be made for individual breakage and damages.
3) Deduction will also be made for general loss of library books and general damage to college property and furniture from all the students.

## Co-operative Society

All staff and students are encouraged to become members of the Co-operative Society by purchasing a share in the society. Their share is Rs.11/-.

|  | Name | Contact No. |
| :--- | :--- | :--- |
| Anti-Ragging <br> Committee | Dr. Sr. Maria Lizanne A.C.(Off. Principal) | $\mathbf{9 8 8 1 3 6 9 8 6 7}$ |
|  | Dr. Aldina Braganza (Coordinator) | $\mathbf{9 9 7 0 4 4 6 0 6 5}$ |
|  | Dr. Manoj Borkar | $\mathbf{9 8 5 0 6 4 1 1 6 3}$ |
|  | Dr. Lata Shirodkar | $\mathbf{9 8 5 0 4 6 9 9 9 5}$ |
|  | Ms. Sunita Pereira | $\mathbf{9 8 2 2 1 5 1 2 5 8}$ |
|  | External Members |  |
|  | Ms. Auda Viegas | $\mathbf{9 8 2 2 1 5 1 2 5 8}$ |
|  | Mr. Edwin Colaco | $\mathbf{9 8 2 2 1 0 3 8 9 5}$ |
|  | Mr. Francis D’Costa | $\mathbf{9 8 5 0 4 7 1 3 9 7}$ |


|  | Name | Contact No. |
| :---: | :--- | :---: |
| Committee for <br> Prevention of <br> Sexual <br> Harassment | Dr. Sr. Maria Lizanne A.C. (Chairperson) | $\mathbf{9 8 8 1 3 6 9 8 6 7}$ |
|  | Members: |  |
|  | Ms. Louise Ann Sequeira | $\mathbf{9 4 2 0 6 8 9 9 7 0}$ |
|  | Dr. Michelle Fernandes | $\mathbf{9 6 6 5 5 9 3 1 4 2}$ |
|  | Mr. Anson Albuquerque | $\mathbf{9 1 5 8 2 8 3 5 8 0}$ |
|  | External Member |  |
|  | Ms. Roselle Solomon (YWCA) | $\mathbf{9 8 5 0 8 3 2 9 8 0}$ |


|  | Name | Contact No. |
| :---: | :--- | :---: |
| College <br> Grievance <br> Committee | Dr. Manoj R. Bokar (Coordinator) | $\mathbf{9 8 5 0 6 4 1 1 6 3}$ |
|  | Members |  |
|  | Dr. Aldina Braganza | $\mathbf{9 9 7 0 4 4 6 0 6 5}$ |
|  | Dr. Madhavi Naik | $\mathbf{9 0 1 1 7 2 4 5 3 7}$ |
|  | Ms. Glancy Borges | $\mathbf{9 8 5 0 4 6 0 9 9 3}$ |
|  | Mr. Mrunal Parsekar | $\mathbf{9 9 2 3 6 4 0 0 7 2}$ |

## ANNUAL PLANNER: 2022-2023

JULY 2022

|  |  |
| :--- | :--- |
| 1 | Fri |
| 2 | Sat |
| 3 | Sun |
| 4 | Mon |
| 5 | Tues |
| 6 | Wed |
| 7 | Thurs |
| 8 | Fri |
| 9 | Sat |
| 10 | Sun |
| 11 | Mon |
| 12 | Tues |
| 13 | Wed |
| 14 | Thurs |
| 15 | Fri |
| 16 | Sat- Feast of Our Lady of Mount Carmel |
| 17 | Sun |
| 18 | Mon |
| 19 | Tues |
| 20 | Wed- Commencement of B.A., B.Sc. B.Com. Programmes (First Term) |
| 21 | Thurs |
| 22 | Fri |
| 23 | Sat |
| 24 | Sun |
| 25 | Mon |
| 26 | Tues |
| 27 | Wed |
| 28 | Thurs |
| 29 | Fri |
| 30 | Sat |
|  | Sun |

AUGUST 2022

| 1 | Mon |
| :--- | :--- |
| 2 | Tues |
| 3 | Wed |
| 4 | Thurs |
| 5 | Fri |
| 6 | Sat |
| 7 | Sun |
| 8 | Mon |
| 9 | Tues |
| 10 | Wed |
| 11 | Thurs |
| 12 | Fri |
| 13 | Sat - Independence Day Programme |
| 14 | Sun |
| 15 | Mon - Independence Day (Public Holiday) |
| 16 | Tues |
| 17 | Wed |
| 18 | Thurs |
| 19 | Fri |
| 20 | Sat |
| 21 | Sun |
| 22 | Mon |
| 23 | Tues |
| 24 | Wed |
| 25 | Thurs |
| 26 | Fri |
| 27 | Sat |
| 28 | Sun |
| 29 | Mon |
| 30 | Tues - Chaturthi Break w.e.f. 30/08/22 to 05/09/2022 |
| 31 | Wed Ganesh Chaturthi (Public Holiday) |

SEPTEMBER 2022

| 1 | Thurs - Ganesh Chaturthi (Public Holiday) |
| :--- | :--- |
| 2 | Fri |
| 3 | Sat |
| 4 | Sun |
| 5 | Mon - Teacher's Day |
| 6 | Tues |
| 7 | Wed |
| 8 | Thurs |
| 9 | Fri |
| 10 | Sat |
| 11 | Sun |
| 12 | Mon |
| 13 | Tues |
| 14 | Wed |
| 15 | Thurs |
| 16 | Fri |
| 17 | Sat |
| 18 | Sun |
| 19 | Mon |
| 20 | Tues |
| 21 | Wed |
| 22 | Thurs |
| 23 | Fri |
| 24 | Sat |
| 25 | Sun |
| 26 | Mon |
| 27 | Tues |
| 28 | Wed |
| 29 | Thurs |
| 30 | Fri |

## OCTOBER 2022

| 1 | Sat - Birth Date of Our Foundress,Venerable Mother Mary Veronica of the <br> Passion, born in1823 at Constantinople, Greece. <br> - Feast of St. Thérese of Child Jesus (Carmelite Saint). |
| :--- | :--- |
| 2 | Sun - Gandhi Jayanti |
| 3 | Mon |
| 4 | Tues |
| 5 | Wed - Dussehra (Public Holiday) |
| 6 | Thurs |
| 7 | Fri |
| 8 | Sat |
| 9 | Sun |
| 10 | Mon |
| 11 | Tues |
| 12 | Wed |
| 13 | Thurs |
| 14 | Fri |
| 15 | Sat - Feast of St. Teresa of Avila (Carmelite Saint) |
| 16 | Sun |
| 17 | Mon |
| 18 | Tues |
| 19 | Wed |
| 20 | Thurs |
| 21 | Fri |
| 22 | Sat |
| 23 | Sun |
| 24 | Mon - Diwali (Public Holiday) |
| 25 | Tues |
| 26 | Wed |
| 27 | Thurs |
| 28 | Fri |
| 29 | Sat |
| 30 | Sun |
| 31 | Mon |

NOVEMBER 2022

| 1 | Tues |
| :--- | :--- |
| 2 | Wed |
| 3 | Thurs - |
| 4 | Fri |
| 5 | Sat |
| 6 | Sun |
| 7 | Mon |
| 8 | Tues |
| 9 | Wed |
| 10 | Thurs |
| 11 | Fri |
| 12 | Sat |
| 13 | Sun |
| 14 | Mon |
| 15 | Tues |
| 16 | Wed - Death date of Our Foundress, Venerable Mother Mary Veronica of |
| the Passion, died in 1906 at Pau, France. |  |
| 20 | -Commencement of Sem I, III and V Examinations |
| (w.e.f. 16.11.2022 to 23.12.2022) |  |
| 17 | Thurs |
| 18 | Fri |
| 19 | Sat - Establishment of the Congregation of The Apostolic Carmel in Mangalore, |
| 20 | Sun |
| 21 | Mon |
| 22 | Tues |
| 23 | Wed |
| 24 | Thurs |
| 25 | Fri |
| 26 | Sat |
| 27 | Sun |
| 28 | Mon - Death date of Dona Thelma da Costa Loureco, died in 1980, donor of the |

## DECEMBER 2022

| 1 | Thurs |
| :--- | :--- |
| 2 | Fri |
| 3 | Sat - Feast of St. Francis Xavier (Public Holiday) |
| 4 | Sun |
| 5 | Mon |
| 6 | Tues |
| 7 | Wed |
| 8 | Thurs |
| 9 | Fri |
| 10 | Sat |
| 11 | Sun |
| 12 | Mon - Diwali Break w.e.f. 12/12/2022 to 31/12/2022 |
| 13 | Tues |
| 14 | Wed |
| 15 | Thurs |
| 16 | Fri |
| 17 | Sat |
| 18 | Sun |
| 19 | Mon - Goa Liberation Day (Public Holiday) |
| 20 | Tues |
| 21 | Wed |
| 22 | Thurs |
| 23 | Fri |
| 24 | Sat |
| 25 | Sun |
| 26 | Mon |
| 27 | Tues |
| 28 | Wed |
| 29 | Thurs |
| 30 | Fri |
|  | Sat |

## JANUARY 2023

| 1 | Sun |
| :--- | :--- |
| 2. | Mon - Commencement of B.A., B.Sc. \& B.Com Programmes(Second Term) |
| 3 | Tues |
| 4 | Wed |
| 5 | Thurs |
| 6 | Fri |
| 7 | Sat |
| 8 | Sun |
| 9 | Mon |
| 10 | Tues |
| 11 | Wed |
| 12 | Thurs |
| 13 | Fri |
| 14 | Sat |
| 15 | Sun |
| 16 | Mon- Feast of St. Joseph Vaz (Patron of the Archdiocese of Goa \& Daman) |
| 17 | Tues |
| 18 | Wed |
| 19 | Thurs |
| 20 | Fri |
| 21 | Sat |
| 22 | Sun |
| 23 | Mon |
| 24 | Tues |
| 25 | Wed - Republic Day Programme |
| 26 | Thurs - Republic Day - Public Holiday |
| 27 | Fri |
| 28 | Sat |
| 29 | Sun |
|  | Mon |


| 1 | Wed |
| :--- | :--- |
| 2 | Thurs |
| 3 | Fri |
| 4 | Sat |
| 5 | Sun |
| 6 | Mon |
| 7 | Tues |
| 8 | Wed |
| 9 | Thurs |
| 10 | Fri |
| 11 | Sat |
| 12 | Sun |
| 13 | Mon |
| 14 | Tues |
| 15 | Wed |
| 16 | Thurs |
| 17 | Fri |
| 18 | Sat |
| 19 | Sun |
| 20 | Mon |
| 21 | Tues |
| 22 | Wed |
| 23 | Thurs |
| 24 | Fri |
| 25 | Sat |
| 26 | Sun |
| 27 | Mon |
| 28 | Tues |
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Politeness and good manners are so necessary for the comfort of all

MARCH 2023

| 1 | Wed |
| :--- | :--- |
| 2 | Thurs |
| 3 | Fri |
| 4 | Sat |
| 5 | Sun |
| 6 | Mon |
| 7 | Tues |
| 8 | Wed - International Women's Day |
| 9 | Thurs |
| 10 | Fri |
| 11 | Sat |
| 12 | Sun |
| 13 | Mon |
| 14 | Tues |
| 15 | Wed |
| 16 | Thurs |
| 17 | Fri |
| 18 | Sat |
| 19 | Sun |
| 20 | Mon |
| 21 | Tues |
| 22 | Wed |
| 23 | Thurs |
| 24 | Fri |
| 25 | Sat |
| 26 | Sun |
| 27 | Mon |
| 28 | Tues |
| 29 | Wed |
| 30 | Thurs |
| 31 | Fri. |

APRIL 2023

| 1 | Sat |
| :--- | :--- |
| 2 | Sun |
| 3 | Mon |
| 4. | Tues |
| 5 | Wed |
| 6 | Thurs |
| 7 | Fri |
| 8 | Sat |
| 9 | Sun |
| 10 | Mon |
| 11 | Tues |
| 12 | Wed |
| 13 | Thurs |
| 14 | Fri |
| 15 | Sat |
| 16 | Sun |
| 17 | Mon |
| 18 | Tues |
| 19 | Wed |
| 20 | Thurs |
| 21 | Fri |
| 22 | Sat |
| 23 | Sun |
| 24 | Mon |
| 25 | Tues - Commencement of Sem II, IV \& VI Examinations $\quad$ (w.e.f. 25.04.2023 to 07.06.2023) |
| 26 | Wed |
| 27 | Thurs |
| 28 | Fri |
| 29 | Sat |
| 30 | Sun |

True humility is very simple and not self-conscious

MAY 2023

| 1 | Mon |
| :---: | :---: |
| 2 | Tues |
| 3 | Wed |
| 4 | Thurs |
| 5 | Fri |
| 6 | Sat |
| 7 | Sun |
| 8 | Mon |
| 9 | Tues |
| 10 | Wed |
| 11 | Thurs |
| 12 | Fri - Summer Vacations w.e.f. 08.05.2023 to 17.06.2023 |
| 13 | Sat |
| 14 | Sun |
| 15 | Mon |
| 16 | Tues |
| 17 | Wed |
| 18 | Thurs |
| 19 | Fri |
| 20 | Sat |
| 21 | Sun |
| 22 | Mon |
| 23 | Tues |
| 24 | Wed |
| 25 | Thurs |
| 26 | Fri |
| 27 | Sat |
| 28 | Sun |
| 29 | Mon |
| 30 | Tues |
| 31 | Wed |

## ACADEMIC CALENDAR

FOR THE YEAR 2022-2023

| FIRST SEMESTER/TERM | Commencement | 20.07 .2022 |
| :---: | :---: | :---: |
|  | End | 10.11 .2022 |
|  | Commencement of <br> Examination | 16.11 .2022 to 23.12.2022 |


| SECOND | Commencement | 02.01 .2023 |
| :---: | :---: | :---: |
|  | End | 21.04 .2023 |
|  | Commencement of <br> Examination | 25.04 .2023 to 07.06.2023 |


| VACATION/BREAK | GANESH CHATURTHI | 30.08 .2022 to 05.09 .2022 |
| :---: | :---: | :---: |
|  | DIWALI BREAK | 12.12 .2022 to 31.12 .2022 |
|  | CHRISTMAS |  |
|  | SUMMER VACATION | 08.05 .2023 to 17.06 .2023 |

JUSTIFICATION OF ABSENCE
(LEAVE NOTE)

| Date of Absence <br> and Period | Reason for Leave | Signature of <br> Parent/Guardian | Signature <br> of Principal |
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## PERMISSION TO LEAVE EARLY

| Date | Time | Reason for Leaving | Signature of <br> Parent/Guardian | Signature of <br> Principal |
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## DUTY LEAVE

(Sports / NSS / NCC / Cultural Activities etc.)

| Date | Time | Purpose | Signature of the <br> Teacher | Signature of <br> Principal |
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TIME TABLE: 2022-2023
Sem. I/III/V

| DAY | $\begin{aligned} & 8.15 \mathrm{a} . \mathrm{m} . \\ & -9.15 \mathrm{a} . \mathrm{m} . \end{aligned}$ | $\begin{aligned} & \text { 9.15 a.m. - } \\ & \text { 10.15 a.m. } \end{aligned}$ | $\begin{aligned} & 10.15 \text { a.m. } \\ & \text {-10.30 a.m. } \end{aligned}$ | $\begin{aligned} & 10.30 \text { a.m.- } \\ & 11.30 \text { a.m. } \end{aligned}$ | $\begin{aligned} & 11.30 \text { a.m. - } \\ & 12.30 \text { p.m. } \end{aligned}$ | $\begin{gathered} 12.30 \text { p.m. } \\ -1.30 \text { p.m. } \\ \hline \end{gathered}$ | $\begin{gathered} 1.30 \text { p.m. - } \\ 2.00 \text { p.m. } \end{gathered}$ | $\begin{gathered} 2.00 \mathrm{p} . \mathrm{m} .- \\ 3.00 \mathrm{p} . \mathrm{m} . \\ \hline \end{gathered}$ | $\begin{gathered} 3.00 \mathrm{p} . \mathrm{m} .- \\ 4.00 \mathrm{p} . \mathrm{m} . \end{gathered}$ | $\begin{gathered} 4.00 \text { p.m. - } \\ 5.00 \text { p.m. } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY |  |  | RE |  |  |  | $\begin{aligned} & \mathbf{L} \\ & \mathbf{U} \\ & \mathbf{N} \\ & \mathbf{C} \\ & \mathbf{H} \end{aligned}$ |  |  |  |
| TUESDAY |  |  |  |  |  |  |  |  |  |  |
| WEDNESDAY |  |  | C |  |  |  |  |  |  |  |
| THURSDAY |  |  | E |  |  |  | $\begin{aligned} & \mathbf{B} \\ & \mathbf{R} \\ & \mathbf{E} \\ & \mathbf{A} \end{aligned}$ |  |  |  |
| FRIDAY |  |  | S |  |  |  |  |  |  |  |
| SATURDAY |  |  | S |  |  |  |  |  |  |  |

TIME TABLE: 2022-2023
Sem. II/IV/VI


NOTES

