

# **Carmel College of Arts, Science and Commerce for Women, Nuvem, Goa**

## **Department of Psychology**

**The B.A. programme endeavors to achieve the following outcomes:**

### **Program Outcomes**

PO1: Attribute: KNOWLEDGE. Empower students with knowledge in their areas of undergraduate study.

PO2: Attribute: CRITICAL THINKING. Teach learners the skills required for critical thinking.

PO3: Attribute: RESEARCH. Inculcate among learners a spirit of curiosity leading to an interest in research.

PO4: Attribute: HIGHER EDUCATION. Acquaint students with new trends in their subject areas and develop the capabilities required for higher education.

PO5: Attribute: EXCELLENCE. Inspire learners to appreciate and benchmark good aesthetics and professionalism in the languages and social sciences.

PO6: Attribute: LIFE SKILLS. Inspire the youth to lead a holistic lifestyle.

PO7: Attribute: GOOD VALUES. Impart value-based learning with the aim to train students to be socially responsible and enlightened citizens.

### **Department of Psychology**

#### **Program Specific Outcome**

PSO1: Attribute: KNOWLEDGE. To provide an in-depth knowledge of the cognitive process in understanding human behaviour. Understand the basic principles governing human behaviour

PSO 2: Attribute: RESEARCH. To inculcate a scientific temperament by investigating psychological aspects of human behavior through the use of research methods and demonstrate their application in social settings.

PSO 3: Attribute: PRACTICAL/EXPERIMENTS. To gain practical knowledge of how data is recorded, classified, organised, analysed and interpreted.

PSO 4: Attribute: LIFE SKILLS. To facilitate and cultivate personal life skills such as self-reflection, critical thinking, problem solving and interpersonal skills.

### **Course Outcomes**

#### **SEMESTER I**

##### **Subject Code: PSC 101: FUNDAMENTALS OF PSYCHOLOGY I**

CO 1: Compare and contrast the major concepts, theoretical perspectives, empirical findings and historical trends in psychology.

CO 2: Understand the biological foundations of behaviour.

CO 3: Assess significant aspects of learning and basics of conditioning.

CO 4: Evaluate and apply various strategies to improve memory.

##### **Subject Code: PSG 101 CHILD PSYCHOLOGY**

CO 1: Understand the role of heredity and environment in the development of children.

CO 2: Gain insight in to the biological, social and cognitive influences on the development in infancy and toddlerhood

CO 3: Gain insight into the biological, social and cognitive influences on the development in early and middle childhood.

CO 4: Sensitize students to children with special needs.

#### **SEMESTER II**

##### **Subject Code: PSC 102 FUNDAMENTALS OF PSYCHOLOGY II**

CO 1: Gain an understanding of the various sensory and perceptual processes.

CO 2: Comprehend mental images and concepts involved in the process of thinking along with problem solving and decision making.

CO 3: Identify and assess elements of motivation and emotions.

CO 4: Understand personality and the various perspectives on personality.

**Subject Code: PSG: 102 PSYCHOLOGY OF ADOLESCENCE**

CO 1: Develop knowledge of major concepts and trends in adolescent psychology.

CO 2: Ascertain various determinants and consequences affecting the formation of self-identity.

CO 3: Understand and apply psychological principles to different areas of adolescent life.

CO 4: Recognize the problems occurring in adolescence and prevention measures.

**SEMESTER III**

**Subject Code: PSC103 SOCIAL PSYCHOLOGY I**

CO 1: Evaluate the diverse topics that Social Psychology seeks to understand.

CO 2: Explain how the process of attribution helps our understanding of others behavior.

CO 3: Determine the factors involved in persuasion and to resist them.

CO 4: Understand the dynamics of relationships.

**Subject Code: PSG103 PSYCHOLOGY OF GENDER AND IDENTITY**

CO 1: Analyze the biological, social and cognitive influences on gender.

CO 2: Comprehend the origins of gender identity.

CO 3: Promote the concept of gender-neutral roles

CO 4: Gain insight into gender issues in contemporary society.

**Subject Code: PSS101 STRESS MANAGEMENT**

CO 1: Assess the concept of stress and its contributory factors.

CO 2: Evaluate the impact of stress on health.

CO 3: Analyze the psychosocial modifiers of stress.

CO 4: Utilize stress management techniques in everyday life.

## **SEMESTER IV**

### **Subject**

#### **Code: PSC104 SOCIAL PSYCHOLOGY II**

CO 1: Analyse and promote prosocial behaviour

CO 2: Understand the working of social influence and its related concepts.

CO 3: Evaluate group behavior and its effect on performance.

CO 4: Apply knowledge of Social Psychology in various aspects of life.

#### **Subject Code: PSG104 PSYCHOLOGY AND MEDIA**

CO 1: Understand the relationship between Psychology and mass media.

CO 2: Analyze the underlying psychological processes and mechanisms in advertising.

CO 3: Evaluate the issues involved in media psychology.

CO 4: Determine the impact of mass media on modern culture.

#### **Subject Code: PSS102 PSYCHOLOGY AND LIFE ADJUSTMENT**

CO 1: Understand basic concepts and modern trends in Psychology of Adjustment.

CO 2: Gain an understanding on managing intimate relationships.

CO 3: Develop skills for emotional coping and decision making.

CO 4: Making informed career decisions.

## **SEMESTER V**

### **Subject Code: PSC 105 UNDERSTANDING PSYCHOLOGICAL DISORDERS**

CO 1: Acquire knowledge of the clinical picture of various psychological disorders.

CO 2: Recognise the classification of mood and anxiety disorders via DSM 5.

CO 3: Comprehend and classify common psychological disorders.

CO 4: Evaluate Cluster A, B and C disorders.

### **Subject Code: PSC106 PSYCHOLOGICAL TESTING**

CO 1: Comprehend the nature, uses, and technical features of psychological tests.

CO 2: Develop norms for a psychological test.

CO 3: Acquire knowledge on types and uses of reliability and validity.

CO 4: Conceptualize and construct a psychological test.

### **Subject Code: PSC107 POSITIVE PSYCHOLOGY**

CO 1: Acquire basic concepts of Positive Psychology.

CO 2: Understand positive emotional states and processes.

CO 3: Recognise positive cognitive states and processes.

CO 4: Apply Positive Psychology in various domains.

### **Subject Code: PSD 101 STATISTICS FOR PSYCHOLOGY**

CO 1: Understand basic concepts in statistics.

CO 2: Comprehend and calculate the measures of central tendency and variability.

CO 3: Apply the properties of the normal probability curve and its assumptions in testing hypothesis.

CO 4: Compute percentile and correlation coefficients.

**Subject Code: PSD 102 HEALTH PSYCHOLOGY**

CO 1: Gain insights into the influential role of Psychology in health.

CO 2: Determine people's health related behavior and examine programs for health promotion.

CO 3: Understand chronic illness, interventions and preventive measures.

CO 4: Infer the characteristics of health – compromising behaviors

**Subject Code: PSD 104 CRIMINAL PSYCHOLOGY**

CO 1: Comprehend crime and criminal psychology.

CO 2: Evaluate the theoretical approaches to understand crime and its causes.

CO 3: Understand the nature and extent of general and sexual offences.

CO 4: Evaluate the rehabilitative measures of crime.

**Subject Code: PSC108 HUMAN RESOURCE MANAGEMENT**

CO 1: Comprehend human resource management.

CO 2: Understand concepts and functions of HRM and its relationship to organizational effectiveness.

CO 3: Apply human resource planning and strategic management in attaining organizational goals.

CO 4: Compare and contrast the various human resource development strategies

**Subject Code: PSC109 PSYCHOLOGICAL RESEARCH**

CO 1: Understand the basic concepts of research.

CO 2: Analyze the types of research and research processes.

CO 3: Use of various experimental methods in psychological research.

CO 4: Use of various non-experimental methods in psychological research.

**Subject Code: PSC110 COUNSELING PSYCHOLOGY**

CO 1: Develop an understanding of the basic processes of Counselling Psychology.

CO 2: Determine the various techniques of counselling.

CO 3: Identify counselling applications

CO 4: Outline the contemporary trends in counseling.

**Subject Code: PSD 105 DEVELOPMENTAL PSYCHOLOGY**

CO 1: Understand basic human development

CO 2: Gain knowledge of physical development across the life span.

CO 3: Evaluate the various theories of cognitive development.

CO 4: Acquaint students with the trends of emotional and social development across the life span.

**Subject Code: PSD 106: TREATMENT OF PSYCHOLOGICAL DISORDERS**

CO 1: Understand psychopathology.

CO 2: Develop an understanding of treatment for mood and anxiety disorders.

CO 3: Outline the treatment for common psychological disorders.

CO 4: Acquaint with treatment and overview of major psychological disorders.

**Subject Code: PSD 107: COMMUNITY PSYCHOLOGY**

CO 1: Comprehend the field of community psychology.

CO 2: Cite and evaluate the models of community psychology.

CO 3: Familiarise with the process of organising and building communities.

CO 4: Correlate community development and empowerment.