

## **Webinar- "Beat The Lockdown Blues"**

Date: 29th June 2020

The EBSB cell at Carmel College, Nuvem Goa organised a Webinar for the students of the Nirmala College, Ranchi- paired institute of Jharkhand state on 29<sup>th</sup> June 2020 at 10:30am. The Webinar was held on google meet platform and was also streamed live on Carmel College channel. The webinar was open to all the students in the age group 18years to 21 years. The webinar titled 'Beat The Lockdown Blues' was hosted by a prominent speaker, counsellor Mrs. Mavita Silva. The principal's of both the paired institutes were present for the webinar, Dr. Sr. Jyoti Kispotta, Principal of Nirmala College Ranchi in her address to the participants appreciated the efforts of EBSB coordinators of both the institutes working jointly to meet the aim of Ek Bharat Shreshtha Bharat campaign. Dr. Sr. Aradhana A.C. Principal of Carmel College, Nuvem Goa welcomed the gathering. The speaker covered topics like 'how people deal with the quarantine 'She focused on the common problems youth in the age group 18 to 25 years could face during the quarantine and also suggested ways to deal with the same.

The webinar concluded at 11:30am with vote of thanks by Ms. Vishaka Harmalkar, EBSB club Secretary.

The webinar was attended by over 250 participants. Participants were given e-certificates.

**Link to Youtube live Stream:** <https://a.rtmp.youtube.com/live2>

**Brochure:**