

## DEPARTMENT OF PSYCHOLOGY

**Course Outcome:** *Students will be able to foster a scientific temperament, with an empowered personality and world class professionalism. Students will learn through experiential opportunities and critical thinking. Furthermore, the knowledge earned will facilitate the practice of Psychology to the local and global communities.*

### SEMESTER I

#### **Subject Code: PSC 101: FUNDAMENTALS OF PSYCHOLOGY I**

*Subject outcomes*

**Students will be able to:**

1. Understand major concepts, theoretical perspectives, empirical findings and historical trends in psychology.
2. Conduct basic experiments in Psychology based on the knowledge drawn from various research methods.
3. Understand the importance of brain and behavior
4. Respect critical thinking while learning the foundations of learning and memory

#### **Subject Code: PSG 101 CHILD PSYCHOLOGY**

*Subject outcomes*

**Students will be able to:**

1. Understand the role of heredity and environment on development of children.
2. Gain insight in to the biological, social and cognitive influences on the development of children.
3. Identify and classify common disorders of childhood.
4. Identify and be sensitized to the needs of children with disabilities.

### SEMESTER II

#### **Subject Code: PSC 102 FUNDAMENTALS OF PSYCHOLOGY II**

*Subject outcomes*

**Students will be able to:**

1. Gain an understanding of the various sensory and perceptual processes.
2. Comprehend mental images and concepts involved in the process of thinking along with problem solving and decision making.

3. Identify and assess elements of motivation and emotions.
4. Understand personality and the various perspectives on personality.

**Subject Code: PSG: 102 PSYCHOLOGY OF ADOLESCENCE**

*Subject outcomes*

**Students will be able to:**

1. Develop knowledge of major concepts and trends in adolescent psychology.
2. Understand and apply psychological principles to different areas of adolescent life.
3. Ascertain various determinants and consequences affecting the formation of self identity.
4. Recognize the problems occurring in adolescence and recommend prevention measures.

**SEMESTER III**

**Subject Code: PSC103 SOCIAL PSYCHOLOGY I**

*Subject outcomes*

**Students will be able to:**

1. Appraise the diverse topics that Social Psychology seeks to understand.
2. Explain how the process of attribution helps our understanding of others behavior.
3. Determine the factors employed in skilled persuasive attempts and to help people resist them.
4. Assess the psychological factors responsible for our likes and dislikes.

**Subject Code: PSG103 PSYCHOLOGY OF GENDER AND IDENTITY**

*Subject outcomes*

**Students will be able to:**

1. Analyze the biological, social and cognitive influences on gender.
2. Comprehend the origins of gender stereotyping.
3. Promote the concept of gender neutral roles
4. Gain insight into gender issues.

**Subject Code: PSS101 STRESS MANAGEMENT**

*Subject outcomes*

**Students will be able to:**

1. Assess the concept of stress and its contributory factors.
2. Evaluate the impact of stress on health.
3. Analyze how personality can play a role in the development of stress.
4. List strategies to cope with and manage stress.

**SEMESTER IV**

**Subject Code: PSC104 SOCIAL PSYCHOLOGY II**

*Subject outcomes*

**Students will be able to:**

1. Recognize factors contributing to prosocial behavior.
2. Differentiate the principles of compliance and their function.
3. Evaluate group behavior and its effect on performance.
4. Apply knowledge of Social Psychology in various aspects of life.

**Subject Code: PSG104 PSYCHOLOGY AND MEDIA**

*Subject outcomes*

**Students will be able to:**

1. Understand the relationship between Psychology and mass media.
2. Analyze the underlying psychological processes and mechanisms in advertising.
3. Critique the predominance of media on the development of human nature.
4. Determine the impact of mass media on modern culture and gauge the guidelines and training required for media performance. .

**Subject Code: PSS102 PSYCHOLOGY AND LIFE ADJUSTMENT**

*Subject outcomes*

**Students will be able to:**

1. Understand basic concepts and modern trends in Psychology of Adjustment.
2. Apply principles of adjustment in every-day life.
3. Gain an understanding on managing intimate relationships.
4. Develop skills for emotional coping and decision making required to adjust to life situations.

## SEMESTER V

### **Subject Code: PSC 105 UNDERSTANDING PSYCHOLOGICAL DISORDERS**

#### *Subject outcomes*

#### **Students will be able to:**

1. Acquire knowledge of the clinical picture of various psychological disorders.
2. Understand the classification and types of psychological disorders by using the latest classification manual (DSM 5).
3. Recognize, understand and respect the complexities of sociocultural and intercultural diversity in diagnosis of mental disorders.
4. Use the case study approach to understand psychological disorders.

### **Subject Code: PSC106 PSYCHOLOGICAL TESTING**

#### *Subject outcomes*

#### **Students will be able to:**

1. Comprehend the nature, uses, administration and technical features of psychological tests.
2. Develop norms for a psychological test.
3. Acquire knowledge on types and uses of reliability and validity.
4. Conceptualize and construct a psychological test.

### **Subject Code: PSC107 POSITIVE PSYCHOLOGY**

#### *Subject outcomes*

#### **Students will be able to:**

1. Learn basic concepts of Positive Psychology
2. Sharpen their coping skills with an understanding of positive emotional and cognitive states of meaningful life.
3. Learn the applications of Positive Psychology in various domains.
4. Use experiential evidence to tolerate ambiguity and ethically reflect on core human values

### **Subject Code: PSD 101 STATISTICS FOR PSYCHOLOGY**

#### *Subject outcomes*

#### Students will be able to:

1. Utilize statistical techniques for research.
2. Differentiate the uses and application of descriptive and inferential statistics.
3. Compute correlation coefficients.
4. Apply the properties of the normal probability curve and its assumptions in testing hypothesis.

**Subject Code: PSD 102 HEALTH PSYCHOLOGY**

*Subject outcomes*

**Students will be able to:**

1. Gain insights into the influential role of Psychology in health.
2. Determine people's health related behavior and examine programs for health promotion.
3. Evaluate psychosocial interventions for treatment and prevention of chronic illnesses through experiential learning.
4. Deduce the characteristics of health – compromising behaviors such as smoking and problem – drinking.

**Subject Code: PSD 104 CRIMINAL PSYCHOLOGY**

*Subject Outcomes*

**Students will be able to:**

1. Recognize the role of psychology in legal and forensic matters.
2. Conceptualize the theoretical approaches in understanding crime and the causes of crime.
3. Understand the nature and extent of offending, including violent and sexual offending.
4. Become familiar with the skills in the fields of crime prevention, rehabilitation, and restorative justice.

**Subject Code: PSC108 HUMAN RESOURCE MANAGEMENT**

*Subject Outcomes*

Students will be able to:

1. Acquaint themselves with the functioning of an organization and management procedures.
2. Understand concepts and functions of HRM and its relationship to organizational effectiveness
3. Apply human resource planning and strategic management in attaining organizational goals.
4. Recommend ways to maximize employee performance in service of an employer's strategic objectives.

**Subject Code: PSC109 PSYCHOLOGICAL RESEARCH**

*Subject Outcomes*

**Students will be able to:**

1. Understand the basic concepts of research.
2. Analyze the types of research and research processes.
3. Use various methods of qualitative and quantitative methods of research.
4. Apply the knowledge and understanding to conduct psychological research.

**Subject Code: PSC110 COUNSELING PSYCHOLOGY**

*Subject Outcomes*

**Students will be able to:**

1. Develop an understanding of the basic concepts, processes, techniques of Counselling Psychology
2. Evaluate the different approaches to counseling.
3. Acquaint the learner with the challenges of counseling.
4. Understand the contemporary trends and cultural relevance in counseling.

**Subject Code: PSD 105 DEVELOPMENTAL PSYCHOLOGY**

*Subject Outcomes*

**Students will be able to:**

1. Equipped with the science of pre natal development and the various factors affecting it.
2. Gain knowledge of physical development across the life span.
3. Critique the various theories of cognitive development.
4. Summarize the trends of emotional and social development across the life span.

**Subject Code: PSD 106: TREATMENT OF PSYCHOLOGICAL DISORDERS**

*Subject Outcomes*

**Students will be able to:**

- 1 . Learn the different approaches to treatment of psychological Disorders.
- 2 . Develop an understanding of therapeutic interventions for various psychological Disorders.
- 3 . Recognize, understand and respect the complexities of sociocultural and intercultural diversity in the treatment of mental disorders.
- 4 . Reflect on the contemporary approaches in treatment of psychological disorders.