

The Annual Quality Assurance Report (AQAR) of the IQAC

All NAAC accredited institutions will submit an annual self-reviewed progress report to NAAC, through its IQAC. The report is to detail the tangible results achieved in key areas, specifically identified by the institutional IQAC at the beginning of the academic year. The AQAR will detail the results of the perspective plan worked out by the IQAC. *(Note: The AQAR period would be the Academic Year. For example, July 1, 2012 to June 30, 2013)*

Part – A

1. Details of the Institution

1.1 Name of the Institution

Carmel College of Arts, Science and Commerce for Women

1.2 Address Line 1

Nuvm

Address Line 2

Salcete

City/Town

Margao

State

Goa

Pin Code

403604

Institution e-mail address

carmelcollege64 @gmail.com

Contact Nos.

0832-2790714; 0832-2790959;
0832- 2790190

Name of the Head of the Institution:

Dr. Sr. M. Aradhana A.C.

Tel. No. with STD Code:

0832-2790714

Mobile:

9960917301

Name of the IQAC Co-ordinator:

Ms. Sajani D'Costa

Mobile:

9823723060

IQAC e-mail address:

carmeliqac@gmail.com

1.3 NAAC Track ID (For ex. MHCOGN 18879)

EC/39/RA/17 Carmel College of Arts, Science and
Commerce for Women, Nuvem, Goa

1.4 NAAC Executive Committee No. & Date:

(For Example EC/32/A&A/143 dated 3-5-2004.
This EC no. is available in the right corner- bottom
of your institution's Accreditation Certificate)

EC/39/RA/17

1.5 Website address:

www.carmelcollegegoa.org

Web-link of the AQAR:

<http://carmelcollegegoa.org/aqar>

For ex. <http://www.ladykeanecollege.edu.in/AQAR2012-13.doc>

1.6 Accreditation Details

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1 st Cycle	3 Star	-	1999	5 years
2	2 nd Cycle	B++	-	2006	5 years
3	3 rd Cycle	A	3.02	2016	5years
4	4 th Cycle	-	-	-	-

1.7 Date of Establishment of IQAC :

DD/MM/YYYY

08/04/2006

1.8 AQAR for the year (for example 2010-11)

2017-18

1.9 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC ((for example AQAR 2010-11 submitted to NAAC on 12-10-2011)

i. AQAR _____ 18/08/2017

1.10 Institutional Status

University

State

☒

Central

☐

Deemed

☐

Private

☐

Affiliated College

Yes

☒

No

☐

Constituent College

☐

Yes

☒

No

Autonomous college of UGC Yes

☐

No

☒

Regulatory Agency approved Institution

Yes

☒

No

☐

(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution

Co-education

☐

Men

☐

Women

☒

Urban

☐

Rural

☒

Tribal

☒

Financial Status

Grant-in-aid

☐

UGC 2(f)

☒

UGC 12B

☐

Grant-in-aid + Self Financing

☒

Totally Self-financing

☐**1.11 Type of Faculty/Programme**

Arts

☒

Science

☒

Commerce

☒

Law

☐

PEI (Phys Edu)

☐

TEI (Edu)

☐

Engineering

☐

Health Science

☐

Management

☐

Others (Specify)

MA in Counselling Psychology;
M Com in Accounts and Management
Postgraduate Diploma in Nutraceuticals and Food Processing.

1.12 Name of the Affiliating University (*for the Colleges*)

Goa University

1.13 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc

.....Nil

Autonomy by State/Central Govt. / University

No

University with Potential for Excellence

No

UGC-CPE

No

DST Star Scheme

No

UGC-CE

No

UGC-Special Assistance Programme

No

DST-FI

No

UGC-Innovative PG programmes

No

Any other (*Specify*)

Nil

UGC-COP Programmes

No

2. IQAC Composition and Activities

2.1 No. of Teachers

10

2.2 No. of Administrative/Technical staff

1

2.3 No. of students

1

2.4 No. of Management representatives

1

2.5 No. of Alumni

0

2.6 No. of any other stakeholder and

1

Community representatives

2.7 No. of Employers/ Industrialists

2

2.8 No. of other External Experts

2.9 Total No. of members

2.10 No. of IQAC meetings held

2.11 No. of meetings with various stakeholders: Faculty

Non-Teaching Staff Students Alumni Others

2.12 Has IQAC received any funding from UGC during the year? ☒ No

If yes, mention the amount

2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos. International National State Institution Level

(ii) Themes

The Health Cell of IQAC in collaboration with YWCA,Goa organized 4 activities on the theme "My body My Rights"
A workshop on, " Bench Marking Enhancing Educational practices on Institutional Excellence".

2.14 Significant Activities and contributions made by IQAC

- Assistance to administration & management to prepare IDP-Vision 2021
- Encourage departments to interact with higher secondary's in the vicinity to give them knowledge of the courses offered and activities conducted.
- Department audits through internal and external audit.
- Documentation maintained by each Criterion Committee
- Several meetings with Management regarding upgrade of IT infrastructure
- Fund raising activity
- Encourage and enhance the research profile of faculty
- A two day Institutional level workshop on bench marking.
- Beautification of campus.
- Faculty invited as guest lecturers in the Carmel Higher Secondary School to bridge the gap between College and Higher Secondary school.
- Upgradation of Library.

2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

Plan of Action	Achievements			
Increase the strength of students for the academic year 2017-18	<ul style="list-style-type: none">Visited 4 higher secondary schools in South Goa as a public relations exerciseOutcome: increase in number of students across streams with a second division in commerce			
Encourage staff for Paper presentation /research paper publication	2017-18			
	Seminars/ workshops	International level	National level	State level
	Attended	04	28	53
	Presented	13	14	4
	Resourceperson	2	3	3
	Paper published	3	1	8
Educational tours/study trips	5 educational tours, 33 study trips organised and 1 College annual tour.			
Formal registration of alumni.	In process			
college web site	Website upgraded and updated regularly, records of updation maintained			
Documentation of NAAC	All documents related to NAAC report submitted by various departments / criterion committees by as per schedule.(Oct 1 st week and April 1 st week)			
Consultancy, Professional development, Collaborations	Consultancy, Professional development, Collaborations carried out through 19 linkages with Institutes and Industry			

IQAC Health cell to promote well being of students	IQAC collaborated with YWCA, Goa through its health cell organised activities related to physical and mental wellbeing of students. <ul style="list-style-type: none"> • Talk on Domestic Violence Act. • Importance of Breast feeding. • Rally on My Body My Rights • Sustainable Menstruation
Faculty development programme	A two day workshop on Bench Marking- Enhancing Educational practices on Institutional Excellence”.
Development of library	Meetings were held by the committee. Improvements brought about in the facilities and infrastructure. Online Library services.

** Attach the Academic Calendar of the year as Annexure - I*

☒
☐

2.15 Whether the AQAR was placed in statutory body Yes No

Management ☒ Syndicate ☐ Any other body ☐

Provide the details of the action taken

All initiatives approved and supported by Management – Carmel Society.
Financial support for infrastructure.
Provided better facilities for staff and students.
Approval to start new courses at Post Graduate and Graduate Level.

CRITERION – I

1. Curricular Aspects

1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD	0	0	0	0
PG	2	1	3	0
UG	3	0	0	0
PG Diploma	0	0	0	0
Advanced Diploma	0	0	0	0
Diploma	0	0	0	0
Certificate	2	7	0	
Others	0	0	0	4
Total	7	8	3	4

Interdisciplinary	0	0	0	0
Innovative	0	0	0	0

1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options : **Elective Option**

(ii) Pattern of programmes:

Pattern	Number of programmes
Semester	6
Trimester	0
Annual	0

1.3 Feedback from stakeholders* Alumni ☐ Parents ☐ Employers ☐ Students ☒

(On all aspects)

Mode of feedback : Online ☐ Manual ☒ Co-operating schools (for PEI) ☐

****Please provide an analysis of the feedback in the Annexure – Annexure II***

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

- Through Regular BOS meetings our faculty has contributed in revision of syllabus and introduction of new papers to be taught under the Choice Based Credit System for the second year

1.5 Any new Department/Centre introduced during the year. If yes, give details.

NIL

CRITERION – II

2. Teaching, Learning and Evaluation

2.1 Total No. of permanent faculty

Total	Asst. Professors	Associate Professors	Professors	Others
39	17	22	Nil	Nil

2.2 No. of permanent faculty with Ph.D.

13

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V
21	Nil	Nil	Nil	Nil	Nil	Nil	Nil	21	Nil

2.4 No. of Guest and Visiting faculty and Temporary faculty

39

10

09

2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended Seminars/	4	28	53
Presented papers	13	14	4
Resource Persons	2	3	3

2.6 Innovative processes adopted by the institution in Teaching and Learning:

Besides the use of ITC, students are encouraged into Making of posters, Submitting Photographs of exotic specimens, Organizing in-house research group ,Collaborative learning through linkages, Internship, Heritage trail, Experiential teaching methodology using Gestalt exercises, movies /documentary screening with discussion, flip learning methods, Moodle, Cultural studies and Immersion, Peer teaching, Use of bulletin boards. Photo documentation, Field based assignments,

2.7 Total No. of actual teaching days during this academic year

180

2.8 Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)

Nil

2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop

9

16

16

2.10 Average percentage of attendance of students

90

2.11 Course/Programme wise distribution of pass percentage:

Title of the Programme	Total no. of students appeared	Division				
		Distinction %	I %	II %	III %	Pass %
BA	77	28	17	15	6	85.71
BCom	44	04	15	18	2	88.63
BSc	45	31	12	-	-	95.55
MA	28	8	9	9	1	96.42
MCom	43	-	7	27	4	88.37

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes: -

- Faculty development workshop organized
- Each department to conduct at least one certificate course.
- Mandatory for faculty to present/publish at least one paper each academic year
- Criterion committees are initiated to facilitate monitoring and evaluation of the teaching learning process.
- Faculty/Department are required to submit their Performa schedule plans for the year
- Half yearly reports of the activities conducted as per the plans are to be submitted to Criterion committees
- Students evaluation of teaching learning process is monitored by the IQAC.
- Meetings with management to upgrade infrastructure/ITC/library facilities
- Faculty encouraged to upgrade their knowledge by attending workshops/seminars/Conferences.
- Departments are encouraged to organize conferences, seminars in their respective subjects to enhance the teaching, learning process
- IQAC works in collaboration with ISO and sees that the processes and documentation are in place.

2.13 Initiatives undertaken towards faculty development

<i>Faculty / Staff Development Programmes</i>	<i>Number of faculty benefitted</i>
Refresher courses	6
UGC – Faculty Improvement Programme	0
HRD programmes	0
Orientation programmes	0
Faculty exchange programme	0
Staff training conducted by the university	0
Staff training conducted by other institutions	0
Summer / Winter schools, Workshops, etc.	0
Others	16

2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	30	Nil	1	9
Technical Staff	1	Nil	Nil	1

Criterion – III

3. Research, Consultancy and Extension

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- Each faculty member is encouraged to present /publish research papers every year
- Departments are encouraged to take up minor/major research projects
- Through intervention with the management faculty are encouraged to complete their PhD.
- Continuous support to research committee for publication of the peer reviewed research journal- Kruti
- Annual staff colloquium

3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number	0	2	0	0
Outlay in Rs. Lakhs	0	41,59,400	0	0

3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number	2	0	0	0
Outlay in Rs. Lakhs	1,95,000	0	0	0

3.4 Details on research publications

	International	National	Others
Peer Review Journals	2	2	0
Non-Peer Review Journals	1	0	0
e-Journals	0	0	0
Conference proceedings	0	0	0

3.5 Details on Impact factor of publications:

Range Average h-index Nos. in SCOPUS

3.6. Research funds sanctioned and received from various funding agencies, industry and other organisations

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects	2015-2018	SERB/UGC	41,59,000	16,57,400
	2017-2022	Ministry of Earth Science, Govt of India		Logistic expenses funded by Govt. of India
Minor Projects	-	-	-	-
Interdisciplinary Projects	-	-	-	-
Industry sponsored	-	-	-	-
Projects sponsored by the University/ College	--	-	-	-
Students research projects (other than compulsory by the University)	-	-	-	-
Any other (Specify)	-	-	-	-
Total	-	-	41,59,000	16,57,400

3.7 No. of books published i) With ISBN No. Chapters in Edited Books

ii) Without ISBN No.

3.8 No. of University Departments receiving funds from

UGC-SAP CAS DST-FIST
DPE DBT Scheme/funds

3.9 For colleges Autonom CPE DBT Star Scheme
INSPIRE CE Any Other (specify)

3.10 Revenue generated through consultancy

3.11 No. of conferences organized by the institution

Level	International	National	State	University	College
Number	2	1	0	0	0
Sponsoring agencies	IMRF	Goa Konkani Academy	-	-	-

3.12 No. of faculty served as experts, chairpersons or resource persons: Chairpersons - 0
Resource persons - 10

3.13 No. of collaborations: International National Any other

3.14 No. of linkages created during this year

3.15 Total budget for research for current year in lakhs :

From Funding agency From Management of University/College
Total

3.16 No. of patents received this

Type of Patent		Number
National	Applied	0
	Granted	0
International	Applied	0
	Granted	0
Commercialised	Applied	0
	Granted	0

year

3.17 No. of research awards/ recognitions received by faculty and research fellows of the institute in the year

Total	International	National	State	University	Dist	College
0	0	0	1	0	0	0

3.18 No. of faculty from the Institution
who are Ph. D. Guides
and students registered under them

3.19 No. of Ph.D. awarded by faculty from the Institution

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF SRF Project Fellows Any other

3.21 No. of students Participated in NSS events:

University level State level
National level International level

3.22 No. of students participated in NCC events:

University level State level
National level International level

3.23 No. of Awards won in NSS:

University level State level
National level International level

3.24 No. of Awards won in NCC:

University level State level
National level International level

3.25 No. of Extension activities organized

University forum College forum
NCC NSS Any other

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- NSS

- Cleanliness drive against Vector borne diseases in Nuvem village-creating awareness
- Visit to orphanage and home for the aged
- Assistance in applying for election cards
- Rangoli competition on the theme my Vision of India
- Organised a Canteen where Traditional and Nutrition based food was sold
- A week long National Leprosy Eradication programme in Nuvem village
- A two day workshop on fabric painting
- Plastic collection drive at the Margao city bus stand.
- Vermi-compost unit constructed on campus.
- Swacch Bharat Campaign-collection drive of various plastic items,

-CONSUMER WELFARE CELL

- A talk on Consumer Protection Act,1986
- Talk on Issues faced by Young women
- A talk on Nutrition and Demonstration on Nutritious snacks
- Co-ordinated Road Safety Patrol Training Programme
- Student members volunteered for the Road Safety Awareness Week
- A talk on Ill effects of Mining in Goa
- A session on coping with stress during exams
- Demonstration on flower making

-NCC

- Planting of fruit bearing trees on Independence day.
- Visit to the Mother Theresa Old Age Home

-EPC

- Planting of fruit bearing trees on Independence day
- Non degradable waste collection drive
- Field trip to Satpul Arboretum
- Field trip to Hindustan Solid Waste Management Plant and Lectera Agritech Pvt Ltd (Thivim)

WOMEN's CELL

- Exhibition cum Sale of articles designed by ex- students
- Interactive session on personal Beauty and Personal Hygiene.
- Celebrated international women's day in collaboration with YWCA by conducting various interclass competitions.
- Rise Nation Army- an interactive session to encourage women to be empowered.

CRITERION – IV****4. Infrastructure and Learning Resources****4.1 Details of increase in infrastructure facilities:**

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	34 acres	-	-	34 acres
Class rooms	30	-	-	--
Laboratories	8	-	-	-
Seminar Halls	1	-		-
No. of important equipments purchased (≥ 1-0 lakh) during the current year.	–	4	Non Salary Grant	4
Value of the equipment purchased during the year (Rs. in Lakhs)	44,56,930	.057,200	NSG	45,14,130
Others	223nos	1367nos	NSG, UGC XI, students council	15,00,213 1590 nos

4.2 Computerization of administration and library

- Library computerization initiated through LIBSYS installation
- IFLIBNET

4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	30769	8082594	800	154629	31569	8237223
Reference Books	4285		73	-	4358	
e-Books	-	-	-	-	-	-
Journals	30	29653	5	70403	25	100056
e-Journals	-	-	-	-	-	-
Digital Database	-	-	Inflibnet	-	-	-
CD & Video	400	-		-	400	-
Others (specify) Magazines	80	12365	3	18754	83	31119

4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
Existing	146	32	0	0	0	8	26	80
Added	11	8	0	0	0	0	0	3
Total	157	40	0	0	0	8	26	83

4.5 Computer, Internet access, training to teachers and students and any other programme for technology up gradation (Networking, e-Governance etc.)

Nil

4.6 Amount spent on maintenance in lakhs :

i) ICT	9,53,968
ii) Campus Infrastructure and facilities	14,43,965
iii) Equipments	28,48,024
iv) Others	5,02,972
Total :	57,48,929

CRITERION – V

5. Student Support and Progression

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- Orientation programme for first year students and parents
- Self renewal for second year students, retreat for third year students.
- Department & General Notice Boards
- College website
- Announcements via the college Intercom
- Mentorship for every student on campus
- College Facebook page – peer maintained
- Admission assistance, subject counselling by faculty at first year admissions
- Information regarding financial assistance and scholarships via multiple modes – through mentors, college office, announcements, notice boards
- Assistance for paperwork provided by mentors, faculty
- Motivating departments to conduct career oriented talks
- Encouraging the Placement Cell to conduct campus Interviews.

5.2 Efforts made by the institution for tracking the progression

- ISO bench mark of 90% average results across streams maintained.
- Mentors report to be submitted half yearly to the mentoring committee
- Data of scholarships availed/ maintained
- Alumni progression maintained department wise.
- Internal audit conducted
- Reports of all academic, curricular and co-curricular activities to be uploaded on website and a copy to be submitted to IQAC.
- Check with the HOD's if the planned activities for the year are achieved.

5.3 (a) Total Number of students

UG	PG	Ph. D.	Others
756	70	0	0

(b) No. of students outside the state

20

(c) No. of international students

9

Men	No	%	Women	No	%
	3	.36		823	99.6

Last Year						This Year					
General	SC	ST	OB C	Physically Challenged	Total	General	SC	ST	OB C	Physically Challenged	Total
581	04	121	69	0	775	585	6	159	75	1	826

Demand ratio 1:2

Dropout % NIL

5.4 Details of student support mechanism for coaching for competitive examinations (If any)

-A two day orientation programme for UPSC aspirants by Mr Kaushal Sharma from ONGC, Goa .2 students have enrolled for coaching.

-One month Coaching for banking exams by Mr Abhinav Pai.

No. of students beneficiaries

110

5.5 No. of students qualified in these examinations

NET	0	SET/SLET	2	GATE	0	CAT	0
IAS/IPS etc	0	State PSC	0	UPSC	0	Others	34

5.6 Details of student counselling and career guidance

- Counselor appointed – 66 students availed of the facility
- Mentor for every student
- Students career guidance and placement cell
- 14 Career guidance talks held- 1 Economics department, 2 IT department, 7 Commerce department, 2 Botany department,1 Chemistry Department,1 M.A, 5 Placement cell

No. of students benefitted

634

5.7 Details of campus placement

<i>On campus</i>			<i>Off Campus</i>
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed
4	125	3	

5.8 Details of gender sensitization programmes

-Talk on Reproductive health and hygiene for women

5.9 Students Activities

5.9.1 No. of students participated in Sports, Games and other events

State/ University level National level International level

No. of students participated in cultural events

State/ University level National level International level

5.9.2 No. of medals /awards won by students in Sports, Games and other events

Sports : State/ University level National level International level

Cultural: State/ University level National level International level

5.10 Scholarships and Financial Support

	Number of students	Amount
Financial support from institution	28	84000
Financial support from government	91	9,23,566
Financial support from other sources	22	37640
Number of students who received International/ National recognitions	0	0

5.11 Student organised / initiatives

Fairs : State/ University level National level International level

Exhibition: State/ University level National level International level

5.12 No. of social initiatives undertaken by the students

5.13 Major grievances of students (if any) redressed: ___Nil_____

CRITERION – VI

6. Governance, Leadership and Management

6.1 State the Vision and Mission of the institution

VISION - Holistic Development of Youth through Education amidst A Changing, Challenging and Developing Society.

MISSION –To Educate Youth for Altruistic Leadership by Integrating Academic Excellence and Human Ethics

6.2 Does the Institution has a management Information System – YES

- Online Admission across Streams for All Classes
- Computerized Attendance of Students and Workload of Faculty
- Computerized (Automated / Bar Coded) Library
- Computerized Administrative System

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

- Faculty encouraged to play a dynamic role in Boards of Studies and their sub committees.
- Management support for holding syllabus and curriculum discussion meetings on campus.
- Departments encouraged to start certificate courses in collaboration with reputed institutes
- Skill development courses introduced as part of the CBCS
- Faculty involved in Drafting of M.Sc. Food Technology Syllabus, new course in the College

6.3.2 Teaching and Learning

- Integrating ISO requirement with NAAC.
- Academic calendar initiated
- Bench Marking process implemented
- ISO Quality Team constituted to monitor continuous improvement in the Academic System
- Upgrading Teaching Aids and Technology provided –**Intelligent Interactive Panel (IIP)**
- Proforma of Syllabus for each Semester prepared and submitted by each lecturer
- Bridge Course for those taking B.Com
- Department meetings formalised
- Annual self appraisals

6.3.3 Examination and Evaluation

- Documentary film production as an ISA Assignment
- Wall Painting on Conservation of Natural resources and Controlling of Pollution as an ISA Assignment
- Survey of Campus Flora and Fauna as an ISA Assignment
- Multiple choice objective questions, Written report of field trip, VIVA ,journal writing, documentary films by using Microsoft movie maker, open book tests
- Blogging, Experiential learning, peer group assessment
- Process oriented evaluation.Eg. RTI, Digital story telling
- Young entrepreneurs fair, Internship training, poster/collage making
- Field and practical assignments for ISA

6.3.4 Research and Development

- Encouraging teachers to undertake research by conducting annual training on research methodology, access to funding agencies and department wise targets for teachers to publish/ present papers at seminars/ conferences.
- Encouraging minor and major research projects
- Initiating Research Centre in departments
- Opportunities to present papers at seminars & publish in journals
- Kruti – Research Journal obtained ISSN No
- Staff Colloquium during student study leave. An Inter disciplinary activity for sharing of knowledge
- Participation in Seminars and Workshops on Research and Paper Writing for Publication
- Enroll for PhD

6.3.5 Library, ICT and physical infrastructure / instrumentation

- New generation library software installed
- Books, magazine, journals added
- Wi-Fi facilities for students and teachers throughout the campus
- Photocopying facilities provided to faculty and students
- Upgrading of classrooms with ICT facilities
- Process for Laboratory equipments upgradation initiated
- Process for Furniture in classrooms upgradation initiated
- Construction plans for auditorium and classrooms initiated
- Free Wi-Fi facility throughout Campus
- Canteen Facilities Upgraded
- LCDs in all Classrooms
- Air Condition in the Auditorium
- Renovation of Washrooms in all departments
- Painting, Repairs and Renovation of Windows and Other infrastructure
- Bar-Coding of all the Library Books
- Tables and Computer Systems for Students in the Library
- Display board for Library Statistics
- Centrally UPS control Room

6.3.6 Human Resource Management

- Administrative Staff sent for Seminars, Workshops and Important Meetings to Up Grade them for better Functioning
- Administrative Staff provided opportunities for on Tally to lessen Manual Work
- Staff encouraged to Participate in Training for better Functioning (NSS, NCC)
- Faculty encouraged to attend Coaching Classes for NET / SET
- Management parties and fellowship on the occasion of Christmas and Carmel Feast
- Morning prayer
- College tours and excursions
- All faculty, staff and student bereavements provided prayerful and emotional support
- Counselling services for staff and students
- Intercom for quick and direct announcements
- Regular minutes faculty meetings
- Open door policy for faculty, staff and students to Principal and Management
- Faculty and staff service books and records meticulously maintained and updated annually
- Paperwork in respect to retiring faculty and staff done promptly
- Income tax filing assistance provided through department of Commerce
- ISO consultancy service for teachers to manage their administrative duties.
- Movement register maintained
- Celebration of days of national importance, teacher and student related significance.
- Assistance in getting scholarships and free ship and fee assistance provided to needy students.
- SAP course and Personality development courses conducted for all the students

6.3.7 Faculty and Staff recruitment

- As per University Guidelines
- Demo Lessons in Some Departments
- Feedback from the Students of the Demo Lessons
- Subject Experts from Outside is called in

6.3.8 Industry Interaction / Collaboration

- Guest lectures taken by industry experts
- Field trips.
- Opportunity to interact with experienced academicians, researchers and industrialist during the international conferences organised in the college
- Linkages and collaboration training
- Internship in Industries
- Food Club initiated

6.3.9 Admission of Students

- As per University guidelines
- Green channel for students securing 50% results
- Visited higher secondary schools in the vicinity to create awareness about the various courses and respective career options
- Online Admission simplified for all (Administrative Staff)
- Second Section in Science Stream requested
- Number to increase in the M.Sc. Food Technology Course
- Faculty available for students during admission to guide in the choice of subjects
- Courses up loaded on the Website

6.4 Welfare schemes -NIL

Teaching	-
Non teaching	
Students	

6.5 Total corpus fund generated

2060000

6.6 Whether annual financial audit has been done

☒

Yes

☐

No

6.7 Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes	Bureau Veritas	Yes	Management
Administrative	Yes	Bureau Veritas	Yes	Management

6.8 Does the University/ Autonomous College declares results within 30 days?

For UG Programmes Yes ☐ No ☒

For PG Programmes Yes ☐ No ☒

6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

NA

6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?

- Choice Based Credit System is being introduced from 2017-18
- Freedom to Choose Generic and Skilled base Subjects

6.11 Activities and support from the Alumni Association

- Scholarship to deserving students
- Carmelex singing competition on 14th February 2017
- Carmelex sponsored snacks for all students on Carmel Feast Day - 16th July
- Carmelex generation of funds through various activities

6.12 Activities and support from the Parent – Teacher Association

- Felicitation of retiring /in service faculty
- Aid and support during fund raising activities

6.13 Development programmes for support staff

- Participation in workshops/seminars organised outside the College
- Support at moments of personal crisis and bereavements – home visits
- Financial support given when needed
- Loan without interest / sometimes waived off
- Fees paid of the children / children given admission even with very low percentage.

6.14 Initiatives taken by the institution to make the campus eco-friendly

- Sanitary Pads Dispenser / Incinerator in the washrooms of all Departments
- Composting Unit by NSS and Support Staff
- NSS students doing the weeding and collection of paper / plastic etc regularly
 - Plans for plastic free campus
 - Environment Protection Club
 - Regular campus trash collection drives
 - Segregation of garbage
 - Biodiversity Research Cell.
 - E-waste collection drive
 - Know Your Campus programmes
 - Annual tree planting during Vanmahotsava
 - Eco-friendly signages displayed in strategic campus areas
 - Harithabumi organized for local farmers where they are encouraged to sell their local produce.
 - Students programs are organized to recycle their milk packets, tetra packets, bottles, old news paper etc.
 - Replace of bulbs by LED

Criterion – VII

7. Innovations and Best Practices

7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.

I) History

A workshop on 'Museology' was held on 27th February 2018 to make students aware of job and career options available in this field. 19 students attended the same.

II) English

Students blogs were written and are being maintained

7.2 Provide the Action Taken (ATR) based on the plan of action decided upon at the beginning of the year.

Economics

Sr. No.	Activity Planned	Achieved/ Not Achieved	Date
1	Talk on GST	Achieved	14 th July, 2017
2	Field Trip: 1) Hindustan waste treatment plant 2) Letcetra Agritech	Achieved	28 th July, 2017
3	Talk on careers in Business Journalism, TOI group	Achieved	31 st July, 2017
4	Demonstration cum lecture on grafting techniques	Achieved	1 st August, 2017
5	Lecture on "Monetary policy-role working and its implications on the Indian Economy"	Achieved	18 th August, 2017
6	Exhibition cum sale (Ex-Student, Carmel college)	Achieved	7 th September 2017
7	Environmental Field Trip to Palolem	Achieved	16 th January, 2018

English

Sr. No.	Activity Planned	Achieved/Not Achieved	Date
1.	Folk Music Festival – Muzganchem Fest	Achieved	9 th December 2018
2.	Student Participation in Literary Festivals	Achieved 2 – Goa Arts and Literary Festival(GALF); Kalaghoda - Mumbai	8 th to 10 th December 2017 7 th to 10 th February 2018

History

Sr. No.	Activity Planned	Achieved/Not Achieved	Date
1.	Planned to invite guest lecturers - Dr. Aditi Rane was invited to deliver a lecture on 'Statehood for Goa'	Achieved	16 th September 2017
2.	Planned to organize a study tour outside Goa – students were taken to Pune and Mahabaleshwar	Achieved	11 th to 16 th December 2017

KONKANI

Sr. No.	Activity Planned	Achieved / Not Achieved	Date
1	Visit to Konkani Bhasha Mandal	Achieved	5 th July 2017
2	Sao Joao Kopel making Competition.	Achieved	24 th June 2017
3	Visit to Cotigao Wildlife Sanctuary	Achieved	13 th July 2017
4	Self Defence Training	Achieved	3 rd and 4 th August 2017
5	Inter Collegiate Poetry Recitation Competition	Achieved	8 th August 2017
6	Meet the author Kavindra Phaldesai and Guest lecture and Street Play Workshop conducted by him	Achieved	21 st August 2017
7	Field trip to Goa Chitra Benaulim – museum of Goa's agricultural heritage and ethnography	Achieved	10 th January 2018
8	Guest Lecture by Author Devidas Kadam	Achieved	17 th January 2018
9	Yuva Mahotsav	Achieved	20 th and 21 st January 2018
10	Social Visit to St. Joseph's Convent Verna	Achieved	23 rd January 2018

11	One week Tiatr Workshop	Achieved	2 nd to 8 th February 2018
12	National Seminar	Achieved	28 th February 2018

Political Science

Sr No	Activity Planned	Achieved/Not Achieved	Date
1.	Guest Lecture	Dr. Mariano Pinheiro on “ An overview of Human Rights ”	9 th August 2017
2.	Guest Lecture	Dr. Aditi Rane on “ Attainment of Statehood in Goa ”	16 th September 2017
3	Guest Lecture	Ms. Rajashree Nagashekar on “ Women Empowerment ”	14 th February 2018
4	Guest Lecture	Ms. Antonetta Teles on “ Adolescence Stress ”	21 st & 28 th March 2018

Chemistry

Activity planned	Month scheduled	Achieved	Description	Purpose
Educational Visit	Oct/ Nov 2017	25 th Nov 2017	A Industrial Visit was planned for BSc students to Watson Pharma, Verna, Goa	Students and staff would get experience of various processes, reaction, instrumentation and other chemistry concepts involved in R& D lab, QC lab, etc. - applicative chemistry could be better understood.

Guest Lectures	Aug 2017	Yes On Aug 16, 17 & 22, 2017	Prof S P Kamat would be invited to give lectures to the FYBSc & TYBSc students on Stereochemistry of Organic Compounds.	Prof S P Kamat is well-known all over India for his lectures on Stereochemistry. He kindly obliged to share his expertise with our students.
Invited Lectures	Jan 2018	Yet to plan	Mr. Andrew D'Souza	To make the students and the staff know about the scope & opportunities in Pharma industry
1. Add-on course on Cosmetology	Aug 2017	Yes On Aug 1-22, 2017	Iona Fernandes	The students got an opportunity to learn about basic grooming skills & personal hygiene
2. Add-on course on Self-Defense for women	Nov 2017	Yet to plan	Leslee Meitei	To learn self-defence skills.
3. Add-on course on Dance Class	Dec 2017	Scheduled from Dec 5-22, 2017	M. Kalaiselvan	To learn various dance forms like Hip-hop, Jazz, etc.. - All of the above as life skills!
Annual inter-collegiate TYBSc Chemistry Symposium	March 2018	Yet to plan	one oral and two poster presentation to be given	To give the students a platform to speak in public.
Quiz 1. Inter-class 2. Intercollegiate (ACT-quiz)	Feb-Mar 2017	Yes Yet to plan	Dr. Savia Torres coordinates interclass chemistry quiz	To inculcate interest in Chemistry.

Economics

1	Intercollegiate Event ECON -2018	Achieved	8 th February, 2018
2	Careers in Banking Sector	Achieved	21 st March 2018

Women's Cell

Sr. No.	Activity Planned	Achieved/Not Achieved	Date
1	Exhibition cum sale of craft and costume jewellery by ex students/students	Achieved	7 th September 2017
2	"Personal Beauty and Personal Hygiene"	Achieved	7 th September 2017
3	"Mukhar Chal Chedva" campaign	Achieved	6 th March 2018
4	International Women's Day activity	Achieved	8 th March 2018

NCC

Sr. No.	Activity Planned	Achieved/Not Achieved	Date
1	Completion of 20 parades – Achieved	Achieved	
2	Participation at National Level -	Achieved. Students attended pre RD pre TSC and NIC camps B certificate answered by 12 cadets. C Certificate answered by 5 cadets	Pre RD – 22 nd Sept to 1st October 2017 Pre TSC- 6 th to 15 th July 2017 ; 21 st to 30 th July 2017 and 3 rd to 12 th August 2017. NIC - 12 th to 22 nd December 2017.

7.3 Two best Practices followed by the college during the year.

Practice I

English

1. Title of the Practice: Integration of literary pedagogy with music.
2. Goals: Integration of allied skills and talents.

3. The Context: Literary Criticism, Creative Writing, American Studies
4. The Practice: Students listened to Jazz, Jazz blues, Western Classical, Rock n Roll, Rap.
5. Evidence of Success: Students were able to connect largely theoretical aesthetic principles such as romanticism, classicism instantly. Whereas in the past getting students to understand concepts such as these by expecting them to read novels/ poems was not always successful at the first and second year level.
6. Problems Encountered and Resources Required:
 1. Technology and equipment required - which was overcome by faculty using their personal resources. However this will not always be feasible.
 2. Peer criticism and dismissal of these strategies as frivolous and a 'waste of time'.

Practice II

Commerce

1. Title of the Practice : Auditing Internship

2. Goals:

- To build Self Confidence in the field of Auditing
- To expose the student to the environment and expectations of performance in the field of Audit in professional auditing practice, private/public companies or government entities.
- To Enhance and expand the student's practical knowledge in the field of Auditing.
- To help them to discover their potentialities and skills.
- To help them to learn to work in a team.
- To encourage the students to be self-reliant.

3. The Context:

- The SYBCom at the end of their fourth semester are given a brief orientation of Audit and its relevance in Industry.
- After which those opting for Accounts in their Fifth Semester are encouraged to undergo one month Internship with an Auditor to get an exposure about audit and the different tasks performed by the Auditor.

1. The Practice

- Students make use of their summer vacation to complete their Internship before they commence their third year - Semester 5.
- Student get practical exposure to the different arrears of Audit, such of routine Checking of Books of Accounts along with Vouchers, bills, receipts of different Companies ,Trust and Educational Institutions.
- Preparation of VAT Returns Annexure
- Filing of Online Returns, Service Tax, Accountancy
- Maintaining of Purchase, Sales records in Tally

- Students are encouraged to write a report of their experience working in the different areas of Audit.

2. Evidence of Success

- Initially it is difficult to motivate the students to go for the internship as they are frightened and have no knowledge of the work environment.
- Feedback of the students is very encouraging.
- Support and motivation from the teachers help them to enjoy the task and gain a lot of knowledge.

3. Problems Encountered and Resources Required:

- The Auditors are reluctant to employ fresher's.
- The months of May/June are a crucial period when the auditors are actually doing audits and filing of filing returns so they are not very welcome to the idea of student internships.

4. Note

- Audit Internship is a learning experience and it is highly appreciated by the students as they gain confidence. The Internship Certificate is one of the means to gain employment on graduation.

7.4 Contribution to environmental awareness/protection

Economics

- Field trip to explore and study the beach ecology of Goa and to analyse the impact of beach tourism on economy and environment
- Assignments on Environmental issues.

Konkani

- Students sensitized on the issue of conserving Goan heritage and taking care of it by taking them on a field trip to 'Goa Chitra' an ethnographic museum in Benaulim, Goa. – 10th January 2018.
- Street Play by students for environment sensitization – 20th January 2018

Political Science

- A field trip to Vedanta Mine, Sanquelim was organized for the students of Semester VI to make them aware how an abandoned mine was converted into a jungle with a variety of gardens and trees and Pisciculture was also practiced.

Botany

- Painting of the college compound walls on the theme 'Environmental awareness and protection'. The issues highlighted mainly include air pollution, water pollution, noise pollution, climate change, global warming, sustainable development and conservation of natural resources.

NCC

- Tree Plantation Drive – 15th August 2017

7.5 Whether environmental audit was conducted? Yes ☐ No ☒

7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

ECONOMICS

- An active economics club and Economics Alumni Association.
- Remedial classes and personalized attention for weaker students
- Students subscribing to the ECONOMIC TIMES at concessional rates
- Interdependence between economic activity and the environment emphasized through environmental sensitization programs.
- TY projects aim to give field experience and industry exposure to students.
- Effective linkage with the Postgraduate Department of Economics at Goa University.
- Concessional subscription to the Economic Times arranged for students and faculty
- Introducing students to relationship between environment and economic activity and vice-versa.

ENGLISH

Active learning through workshops by:

I) Collaborating with Resource persons from international Universities who have offered their consultation and services gratis

1. Creative writing workshop (1st -4th August 2017- 10 hours) by Dr. Rajneesh Dhawan, Assoc. Prof. University of Frazer Valley, Abbotsford, Canada.
2. Documentary film as a mnemonic device by Prof. Ana Mendes and Prof. Margarida Martins, University of Lisbon, Portugal, 19th March 2018.

II) Interdisciplinary, Interdepartmental activities – public speaking, negotiation skills and persuasive speaking.

HISTORY

To Make History and Heritage meaningful to students and to sensitize the students about the importance of days like Goa Kranti Divas, Tilak Jayanti, Goa Martyr's day etc and to make students aware of the rich heritage of Goa, the department organised a variety.

The department also worked proactively towards the application of History from the classroom to the community; tourism jobs. Poster competitions, talks , field trips were organised. Students have learned to speak with confidence about heritage of Goa and are aspiring for jobs as tourist guides. A few are looking at acquiring a postgraduate degree in Heritage Tourism Management.

BOTANY

Observing of the 'World Wetlands Day' on 2nd February 2018 and creating awareness through social media.

CHEMISTRY

To build up better interaction of final year students with first year students and enhance subject specific communication skills, the department organised demonstration of purification technique on microscale level by TY students for FY students under the supervision of teachers

Accordingly, the TYBSc students gave a demonstration to the FYBSc students on the Sept 23, 2017. Two demonstrations were shown. Techniques of Recrystallization & microscale distillation.





COMMERCE

- I)** The students of Advertising of S.Y. B. Com were asked to plan, develop and execute audio-visual ads in product categories as practical application of theory for copywriting.
- II)** The students of services marketing of T. Y. B. Com were made to survey and taught to analyse customer feedback for telecom services.
- III)** The students of Introduction to marketing of F. Y. B. Com were made to survey and do a comparative study of satisfaction of any two products/services.

STRENGTH

1. Our College is the only women's institution in the state of Goa empowering women to serve and lead.
2. Has a Management that belongs to a congregation that has been in the field of education for over 150 years.
3. Centrally located on the NH-17.
4. The College has a campus area of 23 acres that could be utilized to build and extend the facilities.
5. Attracts Foreign Women students.
6. Hostel facilities are available.
7. Has ISO 9001-2008 Certification
8. Has a Faculty that is trained and dedicated.
9. Has direct exposure to industry and entrepreneurs through assignments and projects for practical learning.
10. Good healthy studying environment due to spacious and well ventilated classroom, eco-friendly building.
11. Records of the College are well documented and maintained.
12. Teaching learning process in the College is student centered.
13. Effective linkage with post-graduate department at Goa University.

WEAKNESS

1. Lack of information technology facilities
2. Infrastructure need to be modernized.
3. Inability to utilize land due to lack of funds.
4. Most students come from socio economically backward classes with low comprehension ability.

OPPORTUNITIES

1. Encouraging young women for higher education
2. To retain young women within the state by empowering them through higher education.
3. Giving world class amenities to students to motivate them in doing their best and hence changing the overall profile of the young women student of this state.
4. To encourage world class research and development to create strides in the overall development of the nation.
5. To attract students to local university and autonomous managing institutes.
6. To motivate socio economically backward students to pursue education and equip them with soft skills, presentation skills, confidence and values to be more employable.
7. Offer more subject specialization and certificate courses including courses for skill development to increase employability and independence.

THREATS

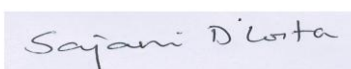
1. Lack of funds for overall development.
2. Low Placement.
3. New Courses and subject combinations offered may attract students to competitors, students strength may get affected.
4. New colleges and institutions opening up in the vicinity or closer to the city may reduce student strength.

8. Plans of institution for next year

- Major repairs and maintenance of infrastructure
- Up gradation of ITC in all class rooms
- Laboratory equipment upgrade
- Up gradation of Library
- New furniture and equipment
- Upgrading of football ground and construction of new stadium under the FRANCIS URBAN CONNECT.
- Generator for the entire college
- Course Completion Ceremony for TY Students
- Beautification of campus
- Incinerators to be installed in all Washrooms
- Compulsory self -defence course for the first year students
- Compulsory internship of at least 15days for first and second year students.
- Install AC's in the common staff room, office and Library
- Construction of new classrooms/administrative block
- New sound system for the auditorium

Name : Ms. Sajani D'Costa

Name : Dr. Sr. M. Aradhana A.C.



Signature of the Coordinator, IQAC

Signature of the Chairperson, IQAC

COLLEGE DIARY 2017-2018

June

7th – Interviews for Parents of new admissions for FYB.Com. This year we have been sanctioned two divisions and the number of students has reached 96.

8th – Interviews for Parents of new admissions for FYB Sc. As we have already exceeded the number we can admit for FYBSc., some students have been admitted with an undertaking that if no one leaves, they will have to discontinue.

9th – Interviews for Parents of new admissions for FYBA

Mr. Kaushik Das of H.R. Crest addressed all the groups with a PowerPoint presentation, and explained to the audience the importance of his self-development course.

Interviews for faculty of M.Com (Business Management) were conducted. Associate Professor, Mrs. Gladys D'Souza of the Commerce Department was the resource person.

11th – Interviews for staff of PG section. Results will be declared after the 14th as there is code of conduct for Panchayat elections

15th – College reopened. At a short staff meeting, Sr. Aradhana gave out the duties for the academic year 2017-18. The opening day prayer in the auditorium was conducted by Sr. Janet and student sisters of Carmel Convent on the theme of Light. For the first time there were so many students that there was absolutely no room in the auditorium for all students, not even standing space? Sr. Aradhana addressed the staff and students and announced the good results of all the streams and the award winners who were felicitated at the Convocation held at Goa University in the month of May. Students then went to their respective classrooms and the attendance was taken by the mentors. At 10.30, teachers attended a workshop on "Professional Presence" by Ms. Priyanka Row, an image consultant who has started her own company which is in existence for the past two years and is Goa's first Centre for image consultancy. Teachers found her session very useful as she spoke of how a person needs to be dressed for the event, his manner and demeanour to suit the occasion. Many points of etiquette were shared by her that would benefit even our students whom she will be addressing on the 19th of June.

19th –Session by Ms. Priyanka Row for the TY students in the college auditorium. Students were impressed with her talk and listened in silence. After that many came and signed up for the course. When this will be held will be decided later.



24th - CARMEL COLLEGE CELEBRATES SAO JOAO

Sao João was traditionally celebrated by the department of Konkani, Carmel College , Nuvem for the third consecutive year by organising a Copel making competition with traditional music , food and fruits. There was an overwhelming response with students from Science, Commerce and Arts participating in the event. There were 13 participants who used wild flowers and fruits for making the copels. The department organises the event to commemorate Sao Joao feast as well as to get the students to appreciate the flowers and fruits which we get during the monsoons.

The first three prizes were bagged by Reena Topno [Semester I of B.A] , Merlin Pinto [Semester III of B.A] and Celvia Fernandes, Nefilia D'Mello [Semester I of B.A]. The contest was judged by faculty members – Lynette Fortes and Rivya Dias .





July

4th America day by English Department

4th July 2017 was a warm birthday celebration of the United States of America in Carmel College. It was also the sixth anniversary of America day celebrations in Carmel College under the English department. We shared this tradition of celebrating America in our Goa with enthusiastic students and teachers. We made this event open for everyone to celebrate this great day in our land. The beautifully decorated hall, with the colours of red, blue and white, was filled with students and teachers of various departments. The posters-filled wall of the hall spoke about the great history, traditions, and culture of America, and of course the whole of America was pictured. It was a journey through the American States.

The delicious American snacks like chow chow, lemonade, and hotdogs, which were served pleased the Carmel students by spreading the aroma of America.. The initiator of this event, Sir Brian spoke about the tradition of celebrating America day in our college.

FYBcom students presented American music with its full rhythm of knowledge. The political science students, Zenaïda and Mohira made a presentation on 'The Making of America.' It was coordinated by faculty member, Ms. Nazrana Shaikh . The fancy dress competition was a treat to our ears and eyes. The Statue of liberty and Alice Cullen (character from the series twilight saga) took the audience to America. Ex-allied students of American studies spoke about their journey from North to South and East to West of America with fun and music. It was followed by an open mike event. It was a stunning opportunity for the audience to speak about America in 60 seconds. Anisree, Scarlett and Melissa, students of American studies this year, dramatized 'The Fall of the House of Usher' — a gothic story by Edgar Allan Poe. Ms Glenis presented an enlightening PPT about jazz and music in America. The event wound up with a rocking musical show of Ms Glenis and Sir Brian singing American hits like 'Hotel California' and 'Country Roads.'

The day of America, the day of freedom, the day of opportunities, the day of rejoicing ended with a group photo, the testimony of a great event.



6th

Our Provincial Superior **Sr. Nirmalini A.C.** visited the College and interacted with the staff. A number of matters regarding college administration were discussed.



Talk on Domestic Violence

The Health Cell of IQAC, Carmel College in collaboration with YWCA inaugurated its activities for the academic year 2017-18 on 6th July 2017. Ms Sajani DCosta welcomed the students and Dr Aldina Gomes spoke on YWCA and its activities. Dr Rachel introduced the speaker, Ms Ashwini Colaco (B.A, LLB, LLM.) an ex-student of Carmel College and a lawyer by profession.

Ms Ashwini spoke on the Domestic Violence Act which covers atrocities and cruelty against women all over India that result in physical, psychological and sexual suffering or harm to women including threats, coercion or arbitrary deprivation of liberty occurring in private and public life.

She also discussed the social, economic causes and the mental /fatal outcomes of domestic violence in our society. The function was concluded by the principle Sr.Aradhana A.C. who thanked the speaker and the YWCA for collaborating with Carmel College.



8th – First meeting with IQAC

11th Sr. Doris from Patna visited the College and the plans made during her first visit with Sr. Lydia were reviewed. She had a word of encouragement for the efforts made to increase the number of students and commended the Commerce department for the new division opened.

14th Talk on “Goods and Services Tax”

The department of Economics organised a talk on the much debated concept of “Goods and Service Tax” on July 14th 2017. The lecture was delivered by a well- known chartered Accountant and tax consultant Mr. Shivanand Pandit, from South Goa. He highlighted the major objectives and aims of GST, its implications on the economy -consumers, manufacturers and other entities. He also emphasised the major shortfalls this new tax system regime. The students and the faculty members had a very interactive session.



28th - Guest Lecture on “FITNESS AND WELL BEING”

The Department of Psychology organized a guest lecture, inviting Mr. Manoj Patel, coach and trainer of endurance sports to speak on “**FITNESS AND WELL BEING: The Benefits of Endurance Sports on Mental Health**” on the 28th of July, 2017. Although Mr. Patel is a Mechanical Engineer by profession, he has taken to marathon running during the last 5 years. Today his main focus is to motivate people to take to sports as a way to cope with life stressors. Mr. Patel enlightened the faculty and students with his personal testimony on how running has changed the pace of his life to new and healthy directions, and also that of others. He highlighted the benefits of running, emphasizing on how it improves psychological well-being. With additional physical benefits of increased stamina and endurance, it facilitates a profound increase in general health, decreasing the early onset of diseases especially chronic diseases. He concluded with instilling a sense of determination to encourage the students to start their day early with a run, and aspire to adhere to the routine as much as possible.



August

1st - Demonstration cum lecture on Grafting Techniques

The Department of Economics on 1st August 2017 organised a Demonstration cum lecture on Grafting techniques by the team from the Krishi Vigyan Kendra, South Goa headed by the programme co-ordinator Mr. Dhaimodkar. A number of grafting and planting techniques. Various other methods such as soil layering, air layering, soil selection, composting ,pit size and other specifications were highlighted. This interactive session was attended by students and faculty of the college



1st - 3rd PSYCHOFEST

The Department of Psychology organized the Psychofest, 2017 on the 01st of August, 2017 to the 03rd of August, 2017. The festival was filled with games, competitions and tests of knowledge. With an overwhelming participation across streams, the students showcased their creativity and talent through competitions such as 'Shout Out!' (a poster designing competition), 'Wear your Gratitude' (a t-shirt painting competition) and Charades. Students also participated in 'Defend your Theory' which was to reveal their convincing skills by playing the role of an eminent psychologist. 'Fastest Foot Forward', a race to the finish line combined with puzzles and aptitude testing was engulfed with competitive spirit and energy. The highlight of the entire festival was the debate competition on #imagecrafting. Students debated on the importance of our virtual identity in today's social world. Mr. Derrick Almeida, a senior journalist and Mr. Mahesh Pai, Principal of Goa College of Home Science were invited to judge the event. Dr. Michelle Fernandes, Assistant Professor in Psychology moderated the debate. After a heated session of exchanging viewpoints, the judges declared the team that spoke for #imagecrafting the winners. The 'Best Speaker' award was bagged by Shivani Karki of the TYBA (Psychology). After a nail biting announcement of the winners of every competition, the winners of Psychofest, 2017 were the TYBA (Psychology) students who stood true to their team name, of indeed being 'Masterminds'. The festival was a success and aspires to continue the legacy.



1st to 4th **Creative writing workshop**

This was organized by the English Department of Carmel College. The resource person was Mr Rajnish Dhawan, Associate Professor from the University of the Fraser Valley, Abbotsford- Canada. The workshop was attended by the students of Carmel College, members and staff of the English Department from St. Xavier's College, the members of the Mustard Seed Company and participants from other well-known Institutions in Goa.

The workshop focused on Intensive Creative Writing: Fiction writing and elements of Drama. The 28 participants enjoyed the workshop and actively interacted with each other as well as the resource person and displayed a keen interest in the activities conducted during the Workshop. The first two days of the workshop focused on writing fiction i.e. the distinction between plot and story and parts of a story while the last two days focused on elements of Drama. The workshop on the whole was well received and served as a powerful resource that enlightened the minds of the participants.

3rd – 4th **Self-Defence course organized by Police Dept**

The Department of Konkani and Women's Cell organised two sessions of one and a half hour each on Self Defence Techniques for the students on 3rd and 4th August. The sessions were conducted by the staff of Goa Police Sports department and coordinated by Ms. Ranjeeta Singh. The team comprised of five members – Ms.Ranjeeta Singh [Judo Expert] , Police Constable Mr . Paresh Naik [event in charge], demonstrators Ms. Sonam Gaad, Ms.Nirupa Chari and Ms. Puja Priolkar.

Sixty three students got trained in various self-defence techniques and they learnt how to ward off an attacker. The students were happy to have the training free of cost and expressed their desire to have more of such sessions.



5th - Guest Lecture on “Free and Open source software”

The Department of Computer Applications of Carmel College, organised a session on Free and Open source software on 5th August 2017. Ms. Solley Thomas introduced the speaker, Mr Gaurang Bane, Programmer, DCST, Goa University. The idea behind organizing this workshop was that the government organizations are planning to replace the paid software with the free ones, and with this workshop the students get an idea of the various open source software.

The resource person, addressed First year B.com (10.30 a.m.), BA (11.30 a.m.) as well as BSc. (12.30 p.m.) students. He explained the concept of Free and Open source software and also emphasized the need of using open source platform instead of the proprietary software. He demonstrated some of the open source operating systems which include various flavours of Linux, Endless O.S etc., and also the open office suite.

He introduced to the students, a project called “Spoken Tutorial Project” which is an initiative of IIT Bombay, and encouraged them to select a suitable course of their choice and register for the same. The spoken tutorial content can be downloaded free of cost from the website and one can learn on his own. Funded by Ministry of Human Resource Development (MHRD), Government of India, the Spoken Tutorial Project aims to teach programming languages, office tools, graphic and circuit design tools through audio video tutorials.

He ended his session with the demonstration of Raspberry Pi, small [single-board computers](#) developed in the [United Kingdom](#) by the [Raspberry Pi Foundation](#) to promote the teaching of basic computer science.



8th - Pausotsav

The annual Inter – collegiate Poetry Competition of the Konkani Department ‘Pausotsav’ or ‘Monsoon Poetry’ was organised on 8th August 2017. This competition is held from the year 2011 in the campus. The event draws a good response from various colleges in Goa. This year too as many as eight colleges participated in the event.

Fifteen participants vied for the first three prizes which were bagged by Ms. Damini Mane from MES College Zuarinagar, Mr.Govind Mopkar from St. Xaviers Mapusa and Ms.Suveda Palkar from Fr. Agnel College, Pilar. The competition was judged by noted poetess and Associate Professor of Konkani, Ms. Rajashri Sail and Mr. Audhoot Satardekar , Associate Professor and Theatre Artist .



9th

The Department of Computer Applications of Carmel College, organised a session on Free and Open source software on 5th August 2017. Ms. Solley Thomas introduced the speaker, Mr Gaurang Bane, Programmer, DCST, Goa University. The idea behind organizing this workshop was that the government organizations are planning to replace the paid software with the free ones, and with this workshop the students get an idea of the various open source softwares.

The resource person, addressed First year B.com (10.30 a.m.), BA (11.30 a.m.) as well as BSc. (12.30 p.m.) students. He explained the concept of Free and Open source software and also emphasized the need of using open source platform instead of the proprietary software. He demonstrated some of the open source operating systems which include various flavours of Linux, Endless O.S etc., and also the open office suite.

9th Our College premises, particularly the auditorium, were used for an outreach programme involving the schools of South Goa.

A Life Skills Coaching Workshop was organised by the John Paul II Foundation for Sports (Goa) for Physical Education teachers of South Goa schools on 9th August, 2017. Mr. Kennedy D'Silva was the resource person who urged the members to be more like parents to their students. The traumatic situations that children go through nowadays are little known to adults who teach or coach them. He encouraged a compassionate outlook which would help the students to blossom into the human beings God intended them to be.

In the daily training sessions ON & OFF the field they were given a curriculum which was to be used extensively so as to leave behind a legacy for the future of Goa as a part of the FIFA U-17 World Cup 2017.



10th

Field Trip to Letcetra Agritech – Hydroponics Farm, Tivim and The Hindustan Waste Treatment Pvt. Ltd. , Saligao.

Department of Economics organized an environmental awareness field trip for the students. A group of 30 students, from TY and FY BA accompanied by the faculty members visited the State of the Art Solid Waste treatment plant set up at Saligao –Goa. This plant recycles around 120 tonnes of garbage daily. It generates electricity which is used to power the plant besides producing manure on a large scale. A lecture was organized by the authorities highlighting the importance of garbage management and also the various processes involved in garbage treatment

The group also visited The Goa's first vertical hydroponics farm "Letcetra Agritech" situated at Thivim Industrial estate. This air conditioned farm specializes in growing exotic vegetables like Lettuce, basil, strawberries etc in Water.

The students also visited the Mapusa Friday market which is a traditional market. This market provides a platform for Goan entrepreneurs to showcase the wide range of produce or products for eg. Locally grown fresh fruits and vegetables, spices, jewellery, pottery, carpets etc. are available



10th Health Cell activities

On 10th August 2017 the health Cell of IQAC in association with YWCA Goa, organized a talk on Nutrition. The programme started with a video on Nutrition and its benefits. The talk was given by Ms Melzika Furtado. She spoke on the importance and necessity of breastfeeding. She also made the audience aware of the hazards and ill- effects of using bottles to feed the babies.

The second part of her presentation was the importance of a healthy diet. Diet does not mean fasting, skipping meals but a balance of proteins, carbohydrates, fats etc. During the interactive session with the audience, students and staff sought clarification on a number of points.

12th - English Dept. - Haibun workshop on Haiku poetry

A 4 hour Haibun workshop, organized by the Department of English of Carmel College, Nuvem was conducted by Indian fiction writer and poet Rochelle Potkar at Carmel College in the college auditorium on Saturday 12th August 2017. The workshop which was open to all was well-attended by several school children in the vicinity, poets, academicians, staff and college students.

Roxana Singh, Associate Professor and Head of the Department of English welcomed the gathering. It was observed that Carmel College has widened its mandate as a learning centre to a cultural hub. Rochelle Potkar introduced the participants to the Japanese form of haiku, and helped them blend prose with poetry in haibun. She also gave tips on how to critique one's work. She discussed the haibun samples of many participants. Certificates were given to all participants. The workshop was an enriching learning experience for all.



13th - DMT programme for students:

Ms. Clizma Da Costa a certified Dance Movement therapy (DMT) Practitioner and Dr. Sujata Samant, a hypnotherapist from Mumbai, conducted two sessions in Dance/Movement therapy for the students of MA (Psychology) and for those interested of the Undergraduate classes on 13th August, 2015, at the college hall.

About 50 students participated in each group session where dance and movement was used in different stages. Movement first began with an opening ritual followed by a warm-up session. The students were then led into the 'Process', where each one lets go of any stress or tension that they feel in their physical body. The one hour session ended with a relaxation skill and a closing ritual. The students participated enthusiastically and looked relaxed at the end of the session.

The students were explained the importance of having a connection between the body, mind and spirit. With the flow of movement of the different parts of the body there is a release of inner potential and one improves body-mind awareness to achieve emotional, cognitive, physical, and social integration.

14th Programme for Independence day was conducted and we also had the installation of the Students Council



18th - Guest Lecture on “Monetary Policy -Role, Working and its Implications”

The Dept. of Economics on 18th August, 2017 organised an interactive lecture for the students of SYBCom as well as FY, SY and TYBA Economics on the above topic.. This session was delivered by Mr.Ajit Kunte, Asst General Manager, SBI Margao who shared his expertise on the RBI’s Monetary policy stance and treasury management and its impact on foreign exchange, derivatives market, money market and on improving India’s global monetary position. Mr. Kunte also addressed several queries of the students on the topic.

21st

The **Department of Konkani** of Carmel College organised a **guest lecture** for its students on Street Play by Kavindra Phaldesai on 21st August in the college .Mr Phaldesai is a well renowned name in the field of Street Play He spoke to the students on the various aspects of the Street Play – the choice of a chorus, slogans, costume, pyramids, dialogues, audience ,use of musical instruments like the ghumat, dhol and others. He regaled the audience with a lot of examples and guided them on how to spread a powerful message through a street play without the use of a mike or a stage or props.

Later he had a workshop for the students in which three groups of students were given a topic each and the students worked on their own ideas, dialogues and put up street plays starting with the chorus, acting, shouting out slogans, using various instruments. The students were enriched with knowledge and practical experience.

The Department of English organized the **Carmel Orator Contest** for students of the College on 22nd August 2017, this being an annual event of the institution. The students were encouraged to select and speak speeches of women who made a difference to society and human kind due to their powerful speeches. Around sixteen finalists delivered their speeches which ranged from personalities like Indira Gandhi, Michelle Obama, Sushma Swaraj and other significant women who inspired their listeners during their own times.



Chemistry dept. - Certificate course in Cosmetology

The Department of Chemistry in association with “U and Iona” organized a Certificate Course in Cosmetology from Aug 1-22, 2017. A total of 35 students signed up for the course

Ms Iona Lopes Hair Stylist and Makeup Artist trained at Schnell Hans International School, Mumbai was the course Instructor. Over a period of 20 days the students learnt everything from basic haircuts to temporary perming, hair colour and hair styles make up, waxing and threading, manicure and pedicure, personal hygiene and customer care and lots more. Students also had an opportunity to give haircuts of varied styles for the orphans at “Peace Haven” orphanage in Caranzalem.



Zumba classes for students were organized by Mr. Lenson Pereira from the month of August on two days a week. 8 students benefitted from these as they came for regular sessions in the College auditorium

September

6th Fish Fest -2017

The Department of Zoology organised the much awaited 'Fish fest' on the 4th and 6th of September 2017, an academic and culinary event to celebrate Goa's rich fish diversity. Under the aegis of this programme, the department invited Dr. Shamila Monteiro, Director, Department of Fisheries, Government of Goa, to deliver a talk on 'Fisheries Scenario in Goa' on the 19th of August 2017. As a part of Fish fest, a competition on home-made fish recipes 'MatsyaRuchi' was held on 4th of September 2017.

The concluding event on the 6th of September 2016 was held in the conference room of the college and was well attended by the B.Sc. Semester III and Semester V Students as well as the post graduate students of Food technology along with their faculty. The programme began with a short prayer by Sr. Mary Jomy, a Zoology student of Semester V, after which Dr, Subhadra Devi Gadi, H.O.D. of Zoology Department formally welcomed the gathering. This was followed by a short presentation on 'fish as an integral part of our life' by Ms Flacita Coutinho, a Zoology student of Semester V. Our Semester I students presented a lively Goan folk song on this occasion. Principal Dr.Sr. Aradhana also spoke a few words of appreciation on this occasion and gave away the prizes and certificates to the winners of 'MatsyaRuchi'.

The Guest speaker for the day was Ms. Sheryl Afonso e D'Sousa, presently Asst. Professor at the post graduate dept. of Food technology at Carmel College. She delivered a talk titled 'Sea food – Soul food'. Ms. Sheryl shared with us her vast knowledge on Healthy diets and stressed on health benefits of eating fish. A food of excellent nutritional value, fish provides high quality protein and a wide variety of vitamins and minerals including vitamin A and D, calcium, phosphorus, magnesium, selenium and iodine. Low in total and saturated fat, a large proportion of the fat in sea food is the healthier polyunsaturated fat. She also spoke about the advantages of fish over meats. Fish is also a good source of omega -3 EPA and DHA fatty acids. Besides this she spoke on other health benefits such as protecting against cancer, preventing premature births, protecting eyesight, protecting the heart, saving of brain cells, reducing cholesterol, protecting against depression and keeping skin and hair healthy. Ms. Sheryl also shared with us some tips for cooking fish using minimum oil and non-stick pans. Ms. Enida, a student of semester III proposed the vote of thanks. The concluding session was compered by Mrs. Vinita D'sa.



7th - Carmelex in collaboration with the Women's Cell organised an interactive session on "Personal Beauty and Personal Hygiene" on 7th September 2017. The resource person for the same was Dr. Ana Sharlen Teles, Cosmetic Dermatologist and Director, Derma clinic Margao. She dealt with major skin and health issues concerning teenagers like Acne, Dandruff, Hair loss, Hirsutism, hyperpigmentation, polycystic ovarian syndrome etc. and care to be taken for various skin types. She also highlighted the possible causes and impact on health and the treatment for the same. Various queries put forward by the students were addressed. The session was appreciated by the students.



15th Report of lecture-cum- demonstration program: "Learning by Doing- Experiments in Physics" on 15-09-2017 from 10.30 am to 1.30 pm.

Department of Physics Carmel College for Women, Nuvem organized a lecture-cum-demonstration on basic concepts of physics on 15-09-2017 from 10.30 am to 1.30 pm.at the college auditorium for the students of Carmel college and Higher Secondary School, Students from neighbouring higher secondary schools were also invited. The resource person for the program was a well-known experimental demonstrator Prof. Manmohan Singh Marwaha, Ex-Principal, Sant Guru Gobind Singh College, Chandigarh and President, IAPT, Chandigarh RC. Prof. Marwaha explained the basic phenomena in physics with the help pf slinky springs, rods, chains of dumbbells laser pointers etc. With great ease and artistic manner he put across the different Physics concepts, longitudinal and transverse wave propagation, weightlessness due to free fall centrifugal and centripetal force, laws of conservation of energy and momentum, property of sound waves, reflection and refraction of light, interference, diffraction and polarization of light etc.

150 students from Carmel College Nuvem and Carmel HSS Nuvem attended this 3 hour long program along with the teachers.



21st A **march** was held on 21st September 2017 on the theme '**My Body My Rights**'. Around 400 students participated in the March. The students marched along the highway till the church football ground and back to college. They carried banners/ posters made by them and shouted slogans all along the way.



YWCA gave away prizes for the best three posters. Other Participants in the poster competition were given consolation prizes.



27th - A movie named “Sophiya” was screened in Ravindra Bhavan as a source of funding. It was an initiative of the teaching staff. After all expenses, an amount of Rs.1,40,000/- has been collected which will go towards payment for infrastructure in the new building planned.

- Dr. Brian Mendonca, Assistant Professor, Department of English was a Resource Person in English, for Kavya Lekhan Karyashala – a multilingual poetry workshop, organized by Institute Menezes Braganza, Panaji on 7 July 2017.

The students wrote some fine poetry in English covering themes like fond memories of a father, relationships, and women’s issues.

In the session Brian presented to them the wide range of Indian poetry in English in the work of Sarojini Naidu, Tagore, Ramanujan, Mehrotra, and the pungent verse of Sridala Swami. The attention of students was also drawn to the work of saint-poets of India like Jayadeva, Kabir, Nanak, Mirabai and Chandidas. Finally he pointed out the verse from the North East with poets like Nilimani Phukan, Robin Ngangon and Temsula Ao. He ended with a plea to use Goa as a canvas for their poetry and illustrated it with a poem of his called ‘May Queen.’



Heritage Course - “History Through Heritage” (8th Aug to 7th Oct)

Goa has a rich culture and heritage which is a unique blend of the eastern and western influences. In spite of this, there are many Goans who are not yet fully aware of their own culture and heritage. The Department of History, Carmel College, flagged off its annual heritage course – ‘History through Heritage’ in collaboration with ‘Hands-On-Historians’, with the aim of enlightening and broadening the knowledge of students on Goan culture, heritage and people. Mr Sanjeev Sardesai, C.E.O Hands-On- Historians was the resource person for this course. 54 students registered for this course. The course began on 8th August 2017.

Over the period of two months, the students attended several sessions. Mr Sanjeev spoke on various aspects of Goan heritage and culture. The topics covered by him ranged from Goan handicrafts, occupations, cuisine to feasts, festivals, legends and myths, oral traditions, sayings and architecture.

As a part of this heritage course, the students were taken on the Netravali Heritage Trail on 29th September. The students who were accompanied by Mr. Sanjeev Sardesai, Mr. Sarvesh Borkar and faculty members of the Department of History Ms. Leila Ribeiro and Mr. Sanford Pereira, embarked on a journey way back in time . The students visited the ancient capital of Goa Chandor and were shown several sites of historical importance such as the Church of Belem, the Chapel St. Tiago, ruins of an ancient temple and the Nandi Bull. The students were then taken to Pansalimal and were shown rock art which is believed to be more than 3000 years old. The next halt was in Rivona where students visited the ancient rock cut Buddhist caves. Students also visited the famous temple of Lord Damodar at Zambaulim. The final halt was in Quepem where students were shown the magnificent Palacio De Diao which was built in the 18th century.

The course concluded with a Valedictory function held on 7th October 2017. Principal Rev. Dr. Aradhana AC, who was present at the function, distributed the certificates to the students. Mr. Sanjeev wrapped up this course by emphasising on the need to preserve our unique culture and heritage.

Commerce Dept. - TALLY Certificate Course in association with MSME (21st Aug to 13th Oct)

The Commerce department organized a certificate course in Tally in association with Micro, Small and Medium Enterprises-Development Institute, Margao, Goa was conducted for students, staff of Carmel College and members of the community of Nuvem. The course was run in two batches: Batch I – 21/8/2017 to 29/9/2017 and Batch II – 4/9/2017 to 13/10/2017. 25 students per batch attended the course and got certification.

Ms. Sanika Shirwant, an experienced faculty from the Fr. Agnel Polytechnic, Verna was the resource person for the course. The course covered wide array of topics right from Computer Fundamentals, starting Tally, explanation of ledgers and groups, inventory information, voucher entries, VAT computation, payroll and reports.

An exam was conducted at the end of each program. The certificates issued by the Ministry of Micro, Small and Medium Enterprises (Govt. of India) were distributed to the participants at the valedictory function on the successful completion of the course.



Maxxcell Training programme for around 50 students of different colleges

The College premises were used on 4 Sundays in September to conduct a training programme for students to develop in them self-confidence and make them industry-ready.



October

9th - Psychology dept. - Report on Psychoexpressors 2017 for Carmel H. Sec

The Department of Psychology organized "Psychoexpressors, 2017", under the headship of Dr. Aldina Gomes, Head of Department of Psychology, for the Psychology students of Carmel Higher Secondary School, a festival showcasing all things connected with Psychology. The two day festival highlighted the talent of the aspiring XII standard Psychology students. On day one, the 09th of October, 2017, two competitions were held to reveal the creative talents of the young minds. A poster competition and a t-shirt painting contest was held, themed on, "Gratitude: A virtue mostly ignored". Two teams representing their division, namely XII A and XII B worked and put in hours of hard work to display their artwork.

The 10th of October was the highlight of the event. The two divisions gathered at the auditorium to cheer their teams representing them, who called themselves "The Meraki" and "The Deviants". Both teams were competing for a win in two onstage events called Charades and Psychostars. Charades tested their acting skills, whereas

Psychostars unveiled the innovative 'fashionista' in the budding stars displaying their knowledge in the theories of Psychology. The event was hosted by Assistant Professor, Ms. Faye Pinto. The judges for the competitions were Assistant Professors, Ms. Lynette D'Silva, Ms. Elsa Da Costa and Ms. Joslyn Henriques.

After an intense and neck-to-neck competition, the Deviants stole the crown for Psychoexpressors 2017. The festival ended with a vote of thanks from the Principal Sr. Marie Christi and the Psychology lecturer. Ms. Diana Coutinho. The festival was a success with a brilliant performance from the students and the department is excited and looking forward to Psychoexpressors, 2018.



23rd

It was a day of gladness and rejoicing as our students won the **Goa University Women's Football championship** this year.



Our football champs are Swizel Fernandes, Stiffa Pereira, Michelle Gonsalves, Agiema Borges, Daphina Costa, Avia Vas, Jenice Gomes, Jenisia D'Silva, Velanie Fernandes, Zinha D'Costa, Karen Costa, Felcy Vaz, Wilma Vaz, Amanda Gonsalves, Alisha Tavares, Sr. Rosehera Furtado A.C., Valanka D'Souza, Linda Calado, and Simone Fernandes

NOVEMBER

Educational visits organized by Chemistry department

1) Visit to Goa Chitra Museum

Department of Chemistry organised a visit for TYBSc students to Goa Chitra Museum, Benaulim, Goa on Nov 25, 2017. The students were impressed with the collection & history of artifacts representing the culture of ancient Goa depicting the life style of people their indigenous methods, their craftsmanship, art & folklore.



2) Visit to Watson Pharma Ltd

Department of Chemistry organised an industrial visit for TYBSc students to Watson Pharma Ltd, Verna, Goa on Nov 25, 2017. The students were divided into two groups. All the different procedures concerning tablet production were explained with demonstrations. In the production area, students were also shown the various stages of manufacturing tablets such as tooling, wherein the tablets are given a particular shape, filling up of the tablets in capsules, adding flavoring agents, etc.



December

Dec 5th - CERTIFICATE COURSE ON WESTERN DANCES

The Department of Chemistry in association with “3KT-Academy of Dances, Fitness and performing arts” organized a Certificate Course on western dances which commenced on Dec 5. A total of 14 students participated in the course. Mr. M. Kalaiselvan, Founder and President of 3KT Academy of Dance, Fitness and Performing Arts, was the course Instructor. Over a period of 15 days the students learnt various dancing styles Lyrical Hip-Hop, Old School Hip-Hop, Contemporary, Quick Hop, Bolly Swag, etc.



6th Poet Annie Zaidi speaks at Carmel College, Nuvem

Students of Carmel College had an opportunity to interact with Ms. Annie Zaidi, poet, fiction writer, editor and script writer, on 8th December 2017 in the college auditorium. The poet delivered a talk titled, 'Two thousand years of Indian women's writing.' The event was conceptualized by the Department of English of Carmel College. Principal, Dr. Sr. Aradhana A.C. encouraged students to be articulate and affirm their identity as women. Introducing Annie Zaidi, Dr. Brian Mendonca, faculty, Department of English introduced Annie Zaidi and expressed his thanks to the Goa Arts and Literature Festival 2017 for enabling Ms. Zaidi to be present at the college as part of the GALF outreach programme. Melissa Barca, a student who attended the talk wrote, 'Annie Zaidi was very inspiring. She is a firm advocate of women's rights urging us to voice our thoughts. We need to embrace our culture, yet draw the line between the right and wrong. It was a very enlightening experience.' A memento was presented to Annie Zaidi.



8th - Carmel students attend GALF 2017

The students of Carmel College were well represented at the **Goa Arts and Literature Festival 2017** at the International Centre, Goa, DonaPaula on 8th and 10th December 2017. **Sixty-two** students attended the festival on the first day and twenty-two students on the third day. Principal Sr. Aradhana A.C. motivated the students and provided a bus for them. It was an enriching experience for the students who actively participated in the sessions and feasted on the variety of books on display at the venue. The students were accompanied by faculty members Ashwini Kumar and Dr. Brian Mendonca of the Department of English, Carmel College. Dr. Glenis Mendonca, faculty, Department of English, Carmel College was the lead compere at the inauguration of the North East Pavilion at GALF 2017 on the 8th December.





9th Muzganchem Fest

A mélange of Goan culture was presented in **‘Muzganchem Fest’** an event organized in College that highlighted Goan music and traditional arts where over 700 girls participated in various dances, workshops and learnt from the many artistes who voluntarily shared their talents in clay sculpting, syringe painting, cartooning, singing, playing traditional games, and weaving palm fronds. 69 students played the ‘ghumot’ a traditional instrument that was banned earlier but now has gained new popularity, setting up a world record of sorts. Apart from this, there was a traditional mando performance, a tiatr, kotti dance, a Kunbi dance while a brass band also entertained the crowds.



The first Women’s Ghumot club in Goa

12th - Social awareness about coal



Mr. Rupesh Shinkre, a young Engineer addressing the students on the Coal problem. We invited him for the ACA members first and found in him a dedicated social worker who wanted to spread awareness about the coal choking Goa which would destroy the very face of our beautiful land.

He spoke to the TY, the SY and the FY students as well the Staff of the College and motivated them to speak at the Gram Sabhas and enlighten others. The Government would only listen if the people at the grass root level reject the 'coal corridor' which the Government is planning to turn Goa into.

17th - Football match Vedanta Mapusa

The Womens' League organized by Vedanta-Ceza company in collaboration with Goa Football Association was held at Duler grounds and saw four of our students – Linda Calado, Alisha Tavares Jenisha Disilva and Karen Costa in the winning team, the "Panjim Dolphins". The other students of our College who reached the finals were – Felcy Vaz, Wilma Vaz, Daphina Costa, Avia Vaz, Vailanka D'Souza, Janice Gomes and Amanda Gonsalves.



18th Students' Day

Staff and students had a delightful time outdoors as the staff organized "Students' Day" on the basketball grounds. The day began with 'Controlled Cricket' in which the staff were the champions winning by 4 runs, but the prize was given to the students applauding their efforts at an exciting game. The theme of the day "Hawain" went beautifully with our Goan culture and it was wonderful to see the students decked in bright colours with flowers in their hair. At the pet show, the students lined up their pets dressed for the occasion. More games followed, with spot prizes and the ice-cream cone was the cherry on the cake. (Pics)

21st Marian programme

'To Jesus Through Mary' was organized by the Faith Cell of the College. This cell was set up to strengthen the faith of the members who are students as well as staff, and through their interactions to help other students to build a close relationship with God. There was an inter-class Hymn singing competition and a T-shirt painting as well as star competition in which students participated enthusiastically. The students picked up hymns like 'Mary did you know', 'Ave Maria Gratia plena' and others highlighting Mary's role in the life of Jesus and ours. The stars of the students will be displayed along the road during the Christmas season.



22nd Christmas party for staff organized by Non-teaching staff

This time the Management party for the staff was organized by the non-teaching staff who did a very good job with their creative decorations, the interesting games and prayer. The Higher Secondary students had a unique way of wishing for Christmas through dance. All the staff members enjoyed the tasty meal provided by the Management.

January

4th

A short-term course on preparation of exotic dishes entitled “Food Court” was conducted by Dimple and Sagar Utagi of Orchid Learning Centre, Margao. Staff and students who attended gave a very satisfactory feedback on what they learnt here.



5th Students’ Day was planned and executed by the staff



6th A guest lecture on **Career Guidance** was organized for students of various streams highlighting the mode of competitive exams & their preparations, for 2018 & was attended by 65 students. Mr. Kaushal Sharma – an ONGC official was the resource person.

8th – 10th Inter-class Volleyball Tournament was organized in the first lecture. The matches ended in a nail-biting finish, where the TYBA emerged winners.

11th - The **Health cell of IQAC Carmel College** and YWCA organized a talk cum presentation on Sustainable Menstruation in the college auditorium. Ms Althea spoke on the ill-effects of disposed sanitary pads on the environment. She made the audience aware of the alternatives that could be used instead of the non- biodegradable sanitary pads that were commonly used by all. Samples of biodegradable cotton pads manufactured by a self- help group Shrishti were distributed to students and they were requested to give a feed back after use. The presentation was followed by a video. Students were requested to answer a questionnaire. Around 400 students attended the programme.



13th - The Department of Information technology of Carmel College for Women organised a **workshop on 'Geo-spatial Data Collection using EpiCollect'** for the students of FY BA. Mr. Shankar B. Naik, Asst. Prof. of Computer Science, S.S.Ambiye Govt. College of Arts and Commerce, Pernem-Goa was the resource person. The Objective of the workshop was to teach students about geo-spatial data collection using EpiCollect Software. The students were told to carry their smart phones with internet connectivity as a pre requisite of the workshop. EpiCollect is a generic data collection tool that allows you to collect and submit geotagged data forms (along with photos) to a central project website (hosted using Googles AppEngine) from suitable mobile phones (Android or iPhone). All data synchronised (ie a copy sent from the phone) from multiple phones can then be viewed / charted / filtered at the project website using Google Maps / Earth or downloaded.

During the workshop the students were taught to install Epicollect on their smart phones, use EpiCollect to collect geo-spatial data using GPS and send the collected data to Epicollect Server etc. The resource person created a demo survey project for the students. Students installed the EpiCollect App on their phones, geotagged (using the phone GPS) the photo which was clicked

for the survey, and submitted data to the demo project. He demonstrated the students how to view the collected data at the project website using Google Maps

24 – 25th A group of 16 students of BSc Zoology Semester VI participated in a **2 day short term training programme on Aquaculture** conducted by Directorate of Fisheries, Government of Goa at Fisheries training Center, Ela Dhauji, and Old Goa. The students were accompanied by Dr. Subhadra Devi Gadi and Ms. Swizzle Furtado. On the first day, the session started with a lecture on “Pearl Culture in Freshwater Mussels- Lamellidens sp.”

During post lunch session, documentary films on Oyster and Mussel culture were shown. This was followed by visit to brackish water ponds at Dhauji. Ms. Roshni Naik, the technician, explained to the students about crab culture. A talk on “Seahorse Culture” was given, explaining the technique of culturing seahorse in brackish water.

25th - A lecture series consisting of 3 guest lectures for the students of all science colleges (Sem.IV Botany) was organized in collaboration with CSIR- National Institute of Oceanography, Dona Paula, Goa at CSIR-NIO, Goa by 3 senior scientists from CSIR-NIO, Dona Paula.

- Remote sensing techniques & its applications in Plant Ecology by Dr. Ramesh Kumar,
- Plate Tectonics & Continental Drift in relation to Phytogeography by Dr. Yatheesh Vadakkeyakath
- Phytoplankton Ecology by Dr. Manguesh Gauns

25th – On the eve of Republic Day, the founded prizes and the prizes for various achievements were given out. We congratulated and celebrated 11 of our staff members who completed 25 years in our Institution and thanked them for their dedication and loyalty. These are the names of the Silver Jubilarians – Ms. Ciena Godinho, Ms. Sunita Pereira, Ms. Lourdes Fernandes, Ms. Ms. Gracy Martins, Mr. Wilson Ribeiro, Mr. Pedro Costa, Ms. Milagrina Noronha, Ms. Inacia Fernandes, Ms. Quiteria Fernandes, Ms. Maria Santana Faleiro and Ms. Audrey Lopes. The functioning of the College has gone on smoothly all these years because of their hard work behind the scenes and their unstinting loyalty. We prayed God’s blessings on them and wished them well for the future.



27th - Alvina Almeida, a first year B.Sc student of our college won the “I Create Business Plan competition” held in Jaipur recently. She won the 12th national business plan competition (NBPC) of I Create for her plan of providing ‘organic – pot plant gifting to customers.’ Almeida’s plan was well appreciated by a panel of international judges and the audience. The award includes a cash prize of Rs 50,000. Almeida won the competition after competing with rivals from I Create’s twelve centres across India. The competition aims at promoting a culture of entrepreneurship among the Indian youth while considering entrepreneurship as a viable career option instead of looking for a job in the industry or the Government.



30th - On the occasion of Peace Day, the Department of History organized a programme to honour the Father of the Nation Mahatma Gandhi who lost his life working selflessly for the nation. Ms. Elaine Furtado, Cultural Secretary, shared a few thoughts on Gandhiji, mentioning the Mahatma's faith in truth and his vision of a peaceful Indian society. The event ended with the singing of the National Anthem.

February

1st - TAG [Tiatr Academy of Goa] in collaboration with the Konkani Department of Carmel College Inaugurated a week long Tiatr workshop The course included sessions on the history of Tiatr , how to compose songs , nuances of acting, including comedy in the tiatr, enacting scenes on a particular situation .The Resource persons for the sessions were William Fernandes , Anthony San , Michael Gracias . The students were encouraged to write and stage a tiatr and to take up acting as a career. The workshop concluded with the award of certificates to the students.

Dr Borkar was invited by the National Institute of Technology Goa for 3 teacher training workshops in the discipline of Science under the Rashtriya Avishkar Abhiyan (RAA). Dr Borkar conducted 12 sessions on various aspects of pedagogy and Contents in Biology Education. Over 250 teachers were beneficiaries of this workshop.

3rd - Ihudha Iqbal, Pearl Gonsalves & Katieenne Miranda of First Year BA presented a paper on "Teen Response to Popular Literature" at Dnyanaprassarak Mandal's College and Research Centre Assagao.

8th -10th - Students from the Department of English accompanied by staff members Roxana Singh, Dr. Brian Mendonca and Dr. Glenis Mendonca went for a field trip to Mumbai from for the **Kala Ghoda Arts Festival**. They visited the Chhatrapati Shivaji Maharaj Vastu Sangrahalaya (Prince of Wales Museum) , Fort, witnessed plays and films, art installations, attended workshops, and went on heritage walks to places of historic importance accompanied by the teachers.

8th - The Department of Economics, Carmel College, organized **ECON 2018** which was held with participation of 12 different colleges across Goa. The theme of ECON this year was, '**Empower Youth to Empower India**'. The creative backdrop at the college auditorium brilliantly highlighted the theme and set the stage for the confluence of talents and skills of the participating youth. Students of Economics presented a dance and musical performance depicting the multi-cultural influences on modern youth before the start of two unique on-stage events. Eco-Humour saw students analyzing the impact of recent economic policy measures using witty dialogues tinged with humour, sending the audience into peals of laughter. In Eco-Fusion, participants ably showed the changes in the Indian economy over time, through creative group dance.

ECON 18 also saw students competing in 6 off-stage activities which included pictonomy, step-up, ad-valorem, eco-treasure, eco-rhymes and comiconomics which tested the different skills of students. The Championship trophy of ECON 18 along with cash prize and certificates was awarded to St. Xavier's College, Mapusa, and Government College, Quepem took the second spot.

14th: An **Interclass Chemistry Quiz competition** was organized and co-ordinated by Mr. Daniel Coutinho. Four students from each class were shortlisted to comprise two teams of two students each. **Ms Asma Kidiyoor and Ms Mabel Alves, S.Y.B.Sc.**, were declared the **winners**

24th : TYBSc (Chemistry) students, Ms. Sangeeta Badigar and Ms. Soumya Dhage, participated & **won the 1st place** in the poster competition organized by the Association of Chemistry Teachers (ACT, Goa) at the 16th Annual Convention of ACT-Goa, hosted by Govt. College of Arts, Science & Commerce HSS, Sanquelim-Goa,

26th - Carmel College is a beneficiary of **the Fair Recreational Activity and non-Competitive Involvement in Sports (FRANCIS) Urban Connect scheme for Development of Safe Play area** under which a modern sports complex with state of the art facilities for indoor and outdoor sports has been envisioned. The students, management and staff witnessed the foundation stone laying ceremony at the hands of Advocate Francis D'Souza, Minister for Urban Development and Chairman of GSUDA

Minister Francis D'Souza stressed on the need to have modern sporting facilities in rural areas to ensure physical fitness and well-being of Goans. He hoped that the envisioned sports complex –

which is to be completed in 9 months — would encourage the students of the college as well as the youth of Nuvem to avail of its facilities. Mr. Elvis Gomes lauded the college for its excellence in sports and hoped that the sporting graph would rise higher with the upcoming modern sports infrastructure. Dr Breezy Barretto, Sarpanch of Nuvem and ex-student of the college said that the college has always had an illustrious track record of academics balanced with sports. Shri Olavo Menezes Gama, Director of Physical Education and Sports of Carmel College coordinated the function. Ms. Roxana Singh, Head, Department of English compered the event with aplomb.



27th - The Department of History Carmel College, organised a one day workshop on Museology in collaboration with *Goa Chitra* on 27th February 2018. 19 students along with faculty of the Department Ms. Leila Ribeiro and Mr. Sanford Pereira attended the workshop. The Curator of the museum Mr. Victor Gomes welcomed the students and gave them a brief introduction on the role museums play in preserving our past heritage and culture. Then followed a guided tour of the *Goa Chakra*. This museum is a tribute to the wheel which played an important role in the evolution of human history. The *Goa Chakra* contained several carts and other animal-drawn vehicles belonging to the yester years. This museum also contained spinning and weaving wheels from different parts of the country.

The students then visited *Goa Chitra* museum, a beautiful collection of implements and tools from Goa's agrarian past. The items on display were a result of 30 years of hard work and dedication of Mr. Victor Gomes. Students got an opportunity to see rare items such as various kinds of measuring units used in the olden days, fishing nets , barber's cobbler's and goldsmith's tools , distillation units etc

After an enriching tour of both the museums Mr. Gomes interacted with the students making them aware of the tremendous scope Museology has to offer as a future career.

28th - the Department of Chemistry, organised an exhibition named “Fascinating World of Chemistry” to commemorate the National Science Day. Around 250 high school and higher secondary students from the neighbouring vicinity attended the event. With the key objective of showcasing the magnificent world of Chemistry, the Carmelites demonstrated different magical chemistry experiments and explained the underlying principles. They highlighted the different everyday compounds used in homes & kitchens. The applications of Nanotechnology in different fields were displayed and the whole campus was abuzz with energy and activity. Posters, models, fun quizzes and games lit up the entire campus.

With an endeavour to promote a scientific attitude and acumen among the student body, the exhibition turned out to be a huge success.

28th - The **Departments of Konkani and Hindi** of Carmel College **jointly organised a National Seminar in collaboration with Goa Konkani Akademy** in the college auditorium . The topic of the Seminar was ‘A Comparative study of Konkani Poet R. V, Pandit and Hindi Poet Trilochan Shastry’ in commemoration of their birth centenaries i.e. 1917-2017. the Chief guest for the seminar, Professor Mr. R. N. Mishra of the Hindi Department, Goa University gave in-depth information about the poet Trilochan Shastry. In his keynote address Dr. Somnath Komarpant , retired Head of the Marathi Department of Goa University gave a comparative study of both the poets. Senior lecturer of the Konkani Department Professor Akalpita Raut Desai introduced the topic and the sessions of the seminar.

Kruti 3.1 – the peer-reviewed multidisciplinary research journal of the college was released during the inaugural programme at the hands of Dr. Somnath Komarpant



28th : 30 students participated in the Fesakranchen Fest held at Succoro Church as a tribute to the Master of festivals, Mr. Marius Fernandes.. They performed the Muzgachem Fest theme song, the pound fitness under the tutelage of ex-Carmelite Clizma da Costa and played the ghumott. They were accompanied by Dr. Glenis Mendonca, Dept of English.

March

6th -8th: To commemorate **International Women's Day**, the Women's Cell organised a variety of activities. The team of **Rise Nation Army**, Varun Carvalho and Irena with their theme "Mukhar Chal Chedva" conducted an empowering session for the students through dance and music, besides, Ms. Tallulah D'Silva spoke on the occasion and highlighted her experiences on how an empowered woman could lead and achieve her dreams. On March 8th in collaboration with the YWCA various off -stage competitions such as Thread your creativity, T-Shirt painting, Group photo contest, Art and craft exhibitions were held. The various On-stage events held were Saree Draping contest and a fancy-dress competition on 'Women in the 21st Century'. The prizes for the competitions were sponsored by the YWCA.

15th – 16th The **70th International Multidisciplinary Research Foundation Seminar** was organized in collaboration with the M.Com and the M.Sc (Food Tech) department from The two days seminar included varied topics like women empowerment, gender studies, business science, economics and CSR. The seminar also witnessed informative talks and paper presentations by the special invitees and research scholars across the globe. The Conference was designed with Special Invited Research Lectures, Paper Presentations and Poster Presentations. International Conference on Women Empowerment, Education & Social Sciences 2018 was honoured by bringing UGC Approved - Arts & Education International Research Journal Vol-5 Issue 1 with 2349– 1353, Peer reviewed Social Sciences International Research Journal Vol-4 Special Issue with ISSN 2395 – 0544, with all papers accepted for publication. The main intention was to reflect the pioneering state of research in Women Empowerment, Education & Social Sciences

April

3rd – 4th : A **workshop on "Benchmarking for Enhancing Education Practices for Institutional Excellence"** was conducted by Dr. Senthil Kumaran of The Learners' Confluence, Bangalore The first day was exclusively for the Management, IQAC and select staff members. It was mandatory for all staff members to attend the programme on the second day. This programme, organized by the IQAC, enthused the staff to work collaboratively and get ready for the NAAC visit due in two years' time. The new Superior, Sr. Maria Anisha was called from Bombay and was present on both days.



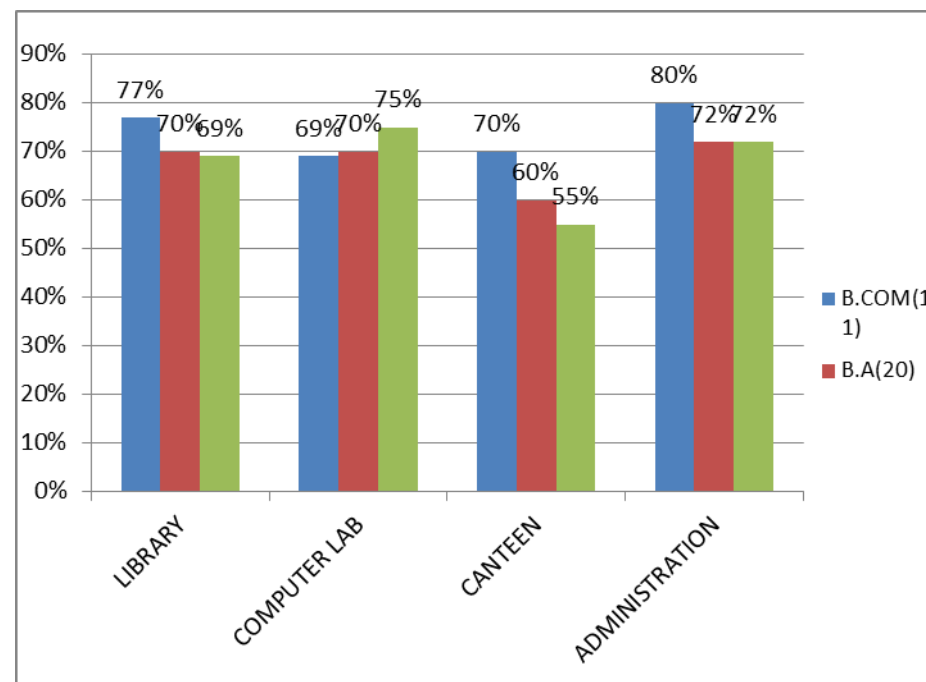
15th – Protest Meet at the College Gate: Students of Carmel College of Arts, Science and Commerce for Women, Nuvem, Goa registered their protest against the rape and murder of 8-year-old Asifa by gathering at the college gate between 5p.m. - 6 p.m. The Principal, Dr. Sr. Aradhana A.C. spared no effort to ensure that the protest was widely publicized. The parish priest of Nuvem church announced the protest at all Masses on that Sunday. Though this was exam time, students were determined to stand up and be counted. They were led by Katia Gomes, General Secretary of the college. Cries of 'We want justice' and 'Justice for Asifa' rent the air. Posters proclaimed social messages like, 'We condemn rape,' 'Break the silence on men's violence,' 'Punish rapists, not victims,' 'Only men can stop rape,' 'Enough is enough... Stop rape NOW,' and 'Protect our children.' The Sisters of Carmel College and the Sisters of Holy Rosary Convent were present along with hostellers, present students and a large number of ex-students from previous batches. A large group of neighbours turned up as well. Past PG students came all the way from Cuncolim to join the protesters. Captain Viriato Fernandes, Ex-defence personnel, addressed the gathering alerting the people to all kinds of atrocities being perpetrated. He spoke on how the Government was silent about many pertinent issues and described the destruction of Goa due to coal and mining as the raping of Goa.



ANNEXURE –II

STUDENT FEEDBACK BACK FOR ACEDAMIC YEAR 2017-18

Sr. No.	STREAM	LIBRARY	COMPUTER LAB	CANTEEN	ADMINISTRATION	TOTAL
1	B.COM(11)	77%	69%	70%	80%	77%
2	B.A(20)	70%	70%	60%	72%	68%
3	B.SC(20)	69%	75%	55%	72%	69%
4	P.G(20)	65%	60%	50%	60%	68%
	TOTAL	70%	69%	59%	71%	71%



STUDENT FEEDBACK FOR ACEDAMIC YEAR 2017-18

LIBRARY

70%

COMPUTER

LAB

69%

CANTEEN

59%

ADMINISTRATION

71%

TOTAL

71%

