

CARMEL COLLEGE OF ARTS, SCIENCE & COMMERCE FOR WOMEN  
SEMESTER END EXAMINATION, APRIL 2023  
SEMESTER: IV OF B.A PAPER CODE: PSS 102  
SUBJECT: SEC-PSYCHOLOGY OF ADJUSTMENT

Total marks: 80

Date: 25/04/2023 Duration: 2 hours Page 1 of 01

**Instructions:**

- i) All questions are **compulsory**, however **internal choice** is available
- ii) Figures to the right indicate full marks.

**Qt. I. A.** Write short notes on any two out of the three given. (5 X 2 = 10 marks)

- i. The importance of having an optimistic view of life.
- ii. Response to failure
- iii. Leading a meaningful life

**B.** Essay type: answer any one out of the two given. (10 X 1 = 10 marks)

- i. Discuss how having friendships and mutual respect and love from one's partner can increase quality of life.
- ii. Discuss any three qualities of a well-adjusted personality

**Qt. II. A.** Write short notes on any two out of three given. (5 X 2 = 10 marks)

- i. Increase rates of divorce
- ii. Media and sexuality
- iii. Blended families

**B.** Essay type: answer any one out of the two given. (10 X 1 = 10 marks)

- i. Explain factors that place a marriage in jeopardy
- ii. Discuss the sexual response cycle

**Qt. III. A.** Write short notes on any two out of three given. (5 X 2 = 10 marks)

- i. Dealing with jealousy
- ii. Mediation as a tool to deal with negative emotions
- iii. Near death experience

**B.** Essay type: answer any one out of the two given. (10 X 1 = 10 marks)

- i. Presented journal entries
- ii. Discuss coming to terms with one's own mortality as put forth by Elizabeth Kubler Ross

**Qt. IV. A.** Short notes on any two out of three given. (5 X 2 = 10 marks)

- i. Family influence on career decision
- ii. The process of decision making
- iii. Hindsight bias in decision making

**B.** Essay type: answer any one out of the two given. (10 X 1 = 10 marks)

- i. Explain the changing world of work
- ii. Discuss the process of decision making

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