

CARMEL COLLEGE OF ARTS, SCIENCE & COMMERCE

M.A. (PSYCHOLOGY) EXAMINATION, FEBRUARY 2022

PLO 306: COUNSELLING PROCESS, ETHICS AND INTERVENTIONS

Date: / /2022

Total marks: 60

Instructions: 1) All questions are compulsory.

2) Figures to the right indicate mark

Q.I A. Short notes on any two out of three given. (5 Marks)

- i.** Define Counselling
- ii.** How does Counselling Facilitate ‘Modification of Beliefs’.
- iii.** Explain Client Readiness.

B. Essay type: answer any one out of the two given (10 Marks)

- i.** Elaborate on the significance of Assessment in Counselling
- ii.** Explain the Fundamental Principles of Helping Behaviour

Q.II A. Short notes on any two out of three given. (5 marks)

- i.** Confrontation in Counselling
- ii.** Unconditional Positive Regard
- iii.** Differentiate between Primary Empathy and Advanced Empathy

B. Essay type: answer any one out of the two given (10 Marks)

- i.** Explain the basic skills necessary to strengthen the relationship between Counsellor and Client.
- ii.** Elaborate on the process of Termination. Highlight the importance of Termination in the counselling process.

Q.III A. Short notes on any two out of three given. (5 Mark)

- i. Why is Culture important in Counselling?
- ii. List out some creative techniques used while working with Children in counselling.
- iii. List out some general issues faced by Men that are commonly addressed in counselling.

B. Essay type: answer any one out of the two given (10 Mark)

- i. Elaborate with example some issues that older Adults bring to counselling
- ii. Explain some of the Reasons that a client may be reluctant to enter counselling. Which of these do you think are most challenging to the counsellor to address and why?

Q.IV A. Short notes on any two out of three given. (5 Mark)

- i. Differentiate Between Law & Ethics
- ii. Define any two Ethical Theories
- iii. Give an Example of an Ethical Dilemma.

B. Essay type: answer any one out of the two given (10 Marks)

- i. Elaborate on each of the Five Ethical Principles of Counselling.
 - ii. Do you agree that avoiding harm is the most Fundamental Ethical Principle? Explain
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