

CARMEL COLLEGE OF ARTS, SCIENCE AND COMMERCE, NUVEM – GOA

M.A. PSYCHOLOGY EXAMINATION(SEMESTER III) FEBRUARY 2022

PLC 308: COUNSELLING ACROSS THE LIFESPAN

Instructions:

Total Marks: 60

- 1. Read each question carefully.**
 - 2. Write the correct question number.**
 - 3. Figures to the right indicate marks.**
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Q.NO. I

A. Short answers (any two):

05

- i) Out-of-school time
- ii) Interventions for adherence in children with chronic illnesses
- iii) Developmental contextualism

B. Essay (any one):

10

- i. Describe the strategies you would employ to foster resilience in children experiencing developmental disruptions?
- ii. Explain how Bronfenbrenner's ecological systems theory relates to lifespan development.

Q.NO. II

A. Short answers (any two):

05

- i) Gender intensification hypothesis
- ii) Marcia's taxonomy of adolescent identity
- iii) Career development goals for adolescents

B. Essay (any one):

10

- i. Discuss the importance of physical activity and healthy diet in adolescence.
- ii. Examine the barriers to identifying and addressing the health needs of girls.

P.T.O

Q.NO. III

A. Short answers (any two):

05

- i) Divorce as a type of relationship transition
- ii) Suicide assessment in young adults
- iii) Authoritative and authoritarian parenting styles

B. Essay (any one):

10

- i) How would you approach midlife individuals in career transitions?
- ii) Examine the early influences on emerging adult relationships.

Q.NO. IV

A. Short answers (any two):

05

- i) Normal and usual aging
- ii) Gender issues in retirement
- iii) Treatment for insomnia

B. Essay (any one):

10

- i. Examine the specific features of a positive ager and meaning-centered interventions for positive aging.
- ii. Describe the assessment and treatment of dementia and delirium in older adults.
