

**CARMEL COLLEGE OF ARTS, SCIENCE & COMMERCE FOR WOMEN,
NUVEM-GOA**

SEMESTER END EXAMINATION, JUNE 2022

Semester: VI OF BA

Course Title: Treatment of psychological disorders Course Code: PSD 106

Total marks: 80 Date: Duration: 2 hours Total No of pages: 02

Instructions: 1. All questions are compulsory
2. Figures to the right indicate marks

Q.1 A. Write short notes on ANY TWO (2X 5=10 marks)

- 1) Necessary and sufficient causes to psychopathology.
- 2) Electroencephalogram (EEG).
- 3) Genetics and psychopathology

Q.1 B. Answer ANY ONE (1X 10=10 marks)

- 1) Evaluate the psychological causal factors of psychopathology.
- 2) Discuss the biological approach to psychopathology.

Q.2 A. Write short notes on ANY TWO (2X 5=10 marks)

- 1) Transcranial magnetic stimulation (TMS).
- 2) Electroconvulsive treatment (ECT).
- 3) Cognitive theory of panic.

Q.2 B. Answer ANY ONE (1X 10=10 marks)

- 1) Compare and contrast the biological therapies to psychotherapies which are used to treat mood disorders.
- 2) Lucy has intrusive, unpleasant thoughts and repetitive behaviors. She spends hours having showers and constantly checks if she has left the gas stove burner on, which upsets her normal functioning. As a psychologist what is the treatment plan you will have for Lucy.

Q.3 A. Write short notes on ANY TWO (2X 5=10 marks)

- 1) Maudsley approach.
- 2) Any one treatment for dissociative identity disorder (DID).
- 3) CBT for sex offenders.

Q.3 B. Answer ANY ONE

(1X 10=10 marks)

- 1) Livia is a 30-year-old Indian model. For years she has been struggling with anorexia nervosa. As a psychologist how would you plan treatment for this case?
- 2) John was alcohol-free for almost six months. Then he started hanging out with his addict friends, and he has now started abusing alcohol again. As John's therapist what would you design a treatment plan.

Q.4 A. Write short notes on ANY TWO

(2X 5=10 marks)

- 1) Functional Magnetic Resonance Imaging (fMRI)
- 2) Importance of interpersonal therapy
- 3) Any one psychotherapy for factitious disorder.

Q.4 B. Answer ANY ONE

(1X 10=10 marks)

- 1) Summarize the treatment modalities used in treating schizophrenia.
- 2) DBT is known to be the most effective psychotherapy for borderline personality disorder (O'Connell, B., & Dowling, M. 2014). Critically evaluate this finding.