

CARMEL COLLEGE OF ARTS, SCIENCE AND COMMERCE, NUVEM-GOA

M.A. (PSYCHOLOGY) EXAMINATION

SEMESTER END ASSESSMENT, JULY 2021

PLO 407: MARITAL COUNSELING AND

FAMILY THERAPY

Duration: 2 Hours

Total Marks: 30

Instructions:

- 1. Read each question carefully.**
- 2. Write the correct question number.**
- 3. Each question carries 10 marks.**

Answer any three of the following questions.

1. What are the changing trends in marriage and family structure with respect to the modern context? Explain in detail.
2. How do counselors act as leaders and stage directives, as therapeutic responses to special issues in marital counselling? Discuss.
3. Couples may often have difficulties in comprehending patterns of interaction that maintain marital problems. What interventions can a therapist use to address issues related to meaning?
4. What is Bowen's intergenerational approach to family therapy? Discuss in detail.
5. The Covid-19 pandemic has resulted in altered and challenging relationship dynamics for married couples. How should a counselor assist couples with enhancing marital friendship, and resolving conflict, in order to achieve marital harmony during this critical phase?