

**M.A. (PSYCHOLOGY) EXAMINATION, JANUARY 2021**  
**PLO 306: COUNSELLING PROCESS, ETHICS AND INTERVENTIONS**

**Duration: 2 Hours**

**Total Marks: 40**

**Instructions:**

- 1) Read each question carefully.**
- 2) Write the correct question number.**
- 3) Each question carries 10 marks.**

**Q.NO. I**

A. What are the fundamental principles of effective helping? Elucidate.

**OR**

B. Define counselling. Explain the core conditions of counselling in detail, with relevant examples.

**Q.NO. II**

A. What are the advanced empathy skills a counsellor can use during the in-depth exploration stage? Discuss in detail.

**OR**

B. Discuss the process of action planning in counselling with suitable examples.

**Q.NO. III**

A. Discuss specific concerns with respect to working with children and parents. What strategies can a counsellor employ to address these concerns?

**OR**

B. Highlight the issues faced by any two groups in the context of human diversity. What strategies you would use as a counsellor to work with these issues?

**Q.NO. IV**

A. Discuss the ethical issues that may arise with respect to suicide, and the refusal to accept life-saving treatment. Explain in detail how a counsellor can responsibly navigate these issues.

**OR**

B. Highlight the ethical responsibilities of the counsellor to oneself, colleagues and the community, with relevant examples.