

M.A PSYCHOLOGY, SEMESTER IV, AUGUST 2020
PLO 410: INTERVENTIONS IN POSITIVE PSYCHOLOGY

Instructions:

Total Marks: 30

1. Read each question carefully.
2. Write the correct question number.

Answer any three of the following:

(3x10=30)

1. Is there a relationship between positive psychology and counselling psychology? Elaborate.
2. Certain interventions work better in increasing gratitude in children and adolescents. Do you agree? Elucidate.
3. Justify the integration of positive psychology into family therapy.
4. Examine the application of positive psychological interventions in classroom and community settings.
5. Critically examine the general considerations in implementing positive psychological concepts and exercises into clinical work.