

M.A PSYCHOLOGY, SEMESTER IV, AUGUST 2020

PLO 409: CRISIS AND TRAUMA COUNSELLING

Date: 10/08/2020

Total Marks: 30

Instructions:

1. Read each question carefully.
2. Write the correct question number.

Q1.A) Answer any three of the following:

(3x10=30)

1. Define trauma. Discuss the risk factors that determine an individual's response to trauma.
2. Every human being will, at one time or another, suffer personal loss. Although the bereaved can never forget the loss and return to a state of complete precrisis equilibrium he can be helped to reformulate the loss within a context of growth and hope. Elucidate.
3. Discuss the role of the crisis worker during a marriage or partnership in crisis.
4. The ABC model of crisis intervention is a structured short-term approach to help people work through a variety of situational and developmental crisis. Elucidate.
5. Crisis intervention from a practitioner's standpoint incorporates a number of fundamental counseling skills that are specifically tailored to crisis intervention. Delineate.