

M.A PSYCHOLOGY, SEMESTER IV, AUGUST 2020
PLO 406: COUNSELLING SPECIFIC POPULATIONS

Instructions:

Total Marks: 30

1. Read each question carefully.
2. Write the correct question number.

Answer any three of the following:

(3x10=30)

1. Discuss any three good strategies for interrupting substance use behaviours.
2. CBT is the leading evidence-based treatment for eating disorders. Are you in agreement with this statement? Elucidate.
3. Cognitive distortions as a core symptom of eating disorders. Explain.
4. As a school counsellor, what counselling approaches would you use to best suit the need of gifted students?
5. It is said that suicide is often preventable. Do you agree or not? Justify your answer.