

M.A. PSYCHOLOGY, SEMESTER IV, AUGUST 2020
PLO 407: MARITAL COUNSELING AND FAMILY THERAPY

Instructions:

Total marks- 30

1. Read each question carefully
2. Write the correct question number

Answer any three of the following:

(3x10=30)

1. Explain in detail the changing trends in marriage & family structure.
 2. Discuss in detail the various stages of marital adjustment across the family life cycle.
 3. System variables are targeted for change in marital counselling. Elaborate.
 4. As a marital counsellor, how would you use solution focused interventions to enhance marital friendship & resolve conflict? Explain in detail.
 5. Critically examine Bowen's intergenerational approach to family therapy.
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