



GTA – 47

B.A. (Semester – V) Examination, October/November 2018

PSYCHOLOGY (Paper – VI)

Health Psychology

Duration : 2 Hours

Max. Marks : 80

Instructions : 1) **All questions are compulsory.**

2) **Question 1 and 2 to be answered in around 100 words.**

3) **Question 3 to 6 are to be answered in around 400 words.**

4) **Figures to the right indicate marks.**

1. Answer **any four** of the following :

16

- a) Differentiate between illnesses affecting people in the past and present.
- b) Examine the role of behavioral medicine and health psychology.
- c) Differentiate between symptom based and sick role behaviours.
- d) Explain the theory of planned behavior.
- e) Discuss the psychosocial interventions for AIDS.
- f) Briefly explain the treatment procedures for heart disease.

2. Answer **any four** of the following :

16

- a) Examine the lifestyle and biological risk factors for stroke.
- b) Discuss two types of diabetes.
- c) How does nicotine lead to smoking addiction ?
- d) Comment on health implications of smoking.
- e) Elaborate on desirable and undesirable weights.
- f) Explain the components of food.

3. a) Explain any three goals of health psychology.

12

OR

b) Elaborate on the inter-disciplinary perspective of illness prevention.

12

P.T.O.



4. a) Discuss the medical treatment for diabetes and the difficulties they face in following the treatment. 12
- OR
- b) Examine the types of medical treatment for cancer. 12
5. a) Discuss in detail the reasons for abusing alcohol. 12
- OR
- b) Explain the measures to be adopted to reduce substance abuse. 12
6. a) Elaborate on the effect of nutrition on health. 12
- OR
- b) Explain the health benefits of exercise and methods to promote it. 12